

## Connections: Dating and Emotions Posttest Survey

ID # \_\_\_\_\_

First and Last Name \_\_\_\_\_

Address \_\_\_\_\_

City, State, Zip Code \_\_\_\_\_

**Survey**

**ID #** \_\_\_\_\_

**Date:** \_\_\_/\_\_\_/\_\_\_

**What is your current grade average?**

- (A) F                      (D) B
- (B) D                      (E) A
- (C) C

**Please circle the one that best describes your current relationship situation:**

- (A) Not dating and single                      (C) Dating Exclusively (Only one person)
- (B) Dating various people                      (D) Recently broke up

**Do you have any children of your own?** (A) yes      (B) no

**If yes, how many?** \_\_\_\_\_

**What are your current living arrangements?**

- (A) Living with both your biological/adoptive parents
- (B) Living with one of your biological/adoptive parents
- (C) Living with other family members
- (D) Living with other friends/roommates

**Write your answer to each question in the blanks provided. Your answer should be what YOU think about each item.**

1. About how many times have you gotten into trouble **at school** in the past 2 months? \_\_\_\_\_
2. About how many times have you gotten into trouble **at home with your parents/guardian** in the past 2 months?
3. About how many times have you gotten into trouble **with other family members** in the past 2 months? \_\_\_\_\_
4. At what age will you likely get married? \_\_\_\_\_
5. How many years should a couple wait after marriage before having a baby? \_\_\_\_\_
6. What percent of marriages end in divorce? \_\_\_\_\_
7. When you get married, what percent chance is there that your marriage or future marriage will end in divorce? \_\_\_\_\_
8. How long should two people date each other before getting married? \_\_\_\_\_
9. In today's society, slapping a spouse or dating partner is understandable under some circumstances...YES! yes no NO!
10. In today's society, pushing a spouse or dating partner is understandable under some circumstances...YES! yes no NO!

**Directions: Using the following scale as a guide, describe your family the way it is right now. Circle one number for each statement.**

1	2	3	4	5			
Almost never (AN)	Once in a while (OW)	Sometimes (S)	Frequently (F)	Almost always (AA)			
			<u>AN</u>	<u>OW</u>	<u>S</u>	<u>F</u>	<u>AA</u>
1. Family members ask each other for help.....			1	2	3	4	5
2. In solving problems, the children's suggestions are followed.....			1	2	3	4	5
3. We approve of each other's friends.....			1	2	3	4	5
4. Children have a say in their discipline.....			1	2	3	4	5
5. We like to do things with just our immediate family.....			1	2	3	4	5
6. Different persons act as leaders in our family.....			1	2	3	4	5
7. Family members feel closer to other family members than to people outside the family.....			1	2	3	4	5
8. Our family changes its way of handling tasks.....			1	2	3	4	5
9. Family members like to spend free time with each other.....			1	2	3	4	5
10. Parent(s) and children discuss punishment together.....			1	2	3	4	5
11. Family members feel very close to each other.....			1	2	3	4	5
12. The children make the decisions in our family.....			1	2	3	4	5
13. When our family gets together for activities, everybody is present.....			1	2	3	4	5
14. Rules change in our family.....			1	2	3	4	5
15. We can easily think of things to do together as a family.....			1	2	3	4	5
16. We shift household responsibilities from person to person.....			1	2	3	4	5
17. Family members consult other family members on their decisions.....			1	2	3	4	5
18. It is hard to identify the leader(s) in our family.....			1	2	3	4	5
19. Family togetherness is very important.....			1	2	3	4	5
20. It is hard to tell who does which household chores.....			1	2	3	4	5
21. I feel that I'm a person of worth, at least on an equal basis with others.....			1	2	3	4	5
22. I feel that I have a number of good qualities.....			1	2	3	4	5
23. All in all, I am inclined to feel that I am a failure.....			1	2	3	4	5
24. I am able to do things as well as most other people.....			1	2	3	4	5
25. I feel I do not have much to be proud of.....			1	2	3	4	5
26. I take a positive attitude toward myself.....			1	2	3	4	5
27. On the whole, I am satisfied with myself.....			1	2	3	4	5
28. I wish I could have more respect for myself.....			1	2	3	4	5
29. I certainly feel useless at times. At times I think I am no good at all.....			1	2	3	4	5

No matter how well two people get along, there are times when they disagree, get annoyed with the other person, or just have spats or fights because they're in a bad mood or tired or for some other reason. They also use many different ways of trying to settle their differences. The following are a list of some things you might do when you have an argument with your (boyfriend/girlfriend (or best friend) if you aren't currently dating). Indicate how many times (once, twice, 3-5 times, 6-10 times, 11-20 times, more than 20 times, or never) in the past 2 months you have done each of the following.

Please complete both columns when necessary (when you answer '0')

**Use the following scale:**

- 1 = once**
- 2 = twice**
- 3 = 3-5 times**
- 4 = 6-10 times**
- 5 = 11-20 times**
- 6 = more than 20 times**
- 0 = never**

**If you circled '0' for any items, have you ever done it in your life with this person?**  
**1 = Yes**  
**0 = No**

A. Discussed an issue calmly.....	1	2	3	4	5	6	0	1	0
B. Got information to back up my side of things.....	1	2	3	4	5	6	0	1	0
C. Brought in, or tried to bring in, someone to help settle things	1	2	3	4	5	6	0	1	0
D. Insulted or swore at him or her.....	1	2	3	4	5	6	0	1	0
E. Argued heatedly but did not yell.....	1	2	3	4	5	6	0	1	0
F. Yelled at him or her.....	1	2	3	4	5	6	0	1	0
G. Sulked or refused to talk about an issue.....	1	2	3	4	5	6	0	1	0
H. Stomped out of the room or house or yard.....	1	2	3	4	5	6	0	1	0
I. Cried.....	1	2	3	4	5	6	0	1	0
J. Did or said something to spite him or her.....	1	2	3	4	5	6	0	1	0
K. Threatened to hit or throw something at him or her.....	1	2	3	4	5	6	0	1	0
L. Threw or smashed or hit or kicked <u>something</u> (not the person)	1	2	3	4	5	6	0	1	0
M. Threw something at him or her.....	1	2	3	4	5	6	0	1	0
N. Pushed, grabbed, or shoved him or her.....	1	2	3	4	5	6	0	1	0
O. Slapped him or her.....	1	2	3	4	5	6	0	1	0
P. Kicked, bit, or hit him or her with a fist.....	1	2	3	4	5	6	0	1	0
Q. Hit or tried to hit him or her with something.....	1	2	3	4	5	6	0	1	0
R. Beat him or her up.....	1	2	3	4	5	6	0	1	0

Using the following scale as a guide, indicate how much you agree or disagree with each statement. Circle only one response for each statement. Answer as honestly as you can.

	<b>YES!</b> Strongly Agree (SA)	<b>yes</b> Somewhat Agree (sa)	<b>no</b> Somewhat Disagree(sd)	<b>NO!</b> Strongly Disagree (SD)
	<u>SA</u>	<u>sa</u>	<u>sd</u>	<u>SD</u>
1. Marriage is a good and desirable thing.....	YES!	yes	no	NO!
2. I will likely get married some day.....	YES!	yes	no	NO!
3. My parent(s)/guardian think(s) marriage is a good and desirable thing.....	YES!	yes	no	NO!
4. My parents have a good marriage.....	YES!	yes	no	NO!
5. Divorce is an important option for married people to have.....	YES!	yes	no	NO!
6. I will probably get divorced at least once if I ever marry.....	YES!	yes	no	NO!
7. It's O.K. for a couple WITH NO children to divorce if one spouse cheats on the other.....	YES!	yes	no	NO!
8. It's O.K. for a couple WITH children to divorce if one spouse cheats on the other.....	YES!	yes	no	NO!
9. It's O.K. for a couple WITH NO children who fight all the time to divorce.....	YES!	yes	no	NO!
10. It's O.K. for a couple WITH children who fight all the time to divorce .....	YES!	yes	no	NO!
11. It's O.K. to divorce if a couple WITH NO children just has unsolvable differences.....	YES!	yes	no	NO!
12. It's O.K. to divorce if a couple WITH children just has unsolvable differences.....	YES!	yes	no	NO!
13. I will take a compatibility test with my fiancé before I get married.....	YES!	yes	no	NO!
14. I will take a marriage preparation course with my fiancé before I get married.....	YES!	yes	no	NO!
15. I will go to premarital counseling with my fiancé before I get married.....	YES!	yes	no	NO!
16. After I'm married, I will attend a marriage enrichment class with my spouse.....	YES!	yes	no	NO!
17. After I'm married, if we are having trouble in our marriage, we will go to counseling.....	YES!	yes	no	NO!
18. My parents understand me.....	YES!	yes	no	NO!
19. I can go to my parents for help with personal situations.....	YES!	yes	no	NO!
20. If a marriage is having problems, having a baby will improve the marriage relationship.....	YES!	yes	no	NO!
21. It's O.K. to live with a dating partner and not be married.....	YES!	yes	no	NO!
22. Do you personally talk to your parent or guardian when something is bothering you?.....	YES!	yes	no	NO!
23. Does your parent or guardian listen to you when you want to tell them something?.....	YES!	yes	no	NO!
24. Do you talk to your parent or guardian about having a girlfriend/boyfriend? .....	YES!	yes	no	NO!
25. If my boyfriend/girlfriend wanted to have sex, but I didn't, I would find it pretty hard to say no .....	YES!	yes	no	NO!
26. It is too risky for teens to have sex .....	YES!	yes	no	NO!
27. Not having sex until marriage is the best choice a teen can make .....	YES!	yes	no	NO!
28. I think many of my friends are having sex .....	YES!	yes	no	NO!
30. I feel good enough about myself that I can say "no" to sex even if my friends are pressuring me to say "yes" .....	YES!	yes	no	NO!
31. I feel I can ask my parents about sex .....	YES!	yes	no	NO!
32. I intend to talk to my parents or guardian about sex .....	YES!	yes	no	NO!
33. I intend to say "no" if I am being pressured to have sex .....	YES!	yes	no	NO!

	<b>SA</b>	<b>sa</b>	<b>sd</b>	<b>SD</b>
34. I intend to NOT have sex until I am married .....	YES!	yes	no	NO!
35. People should not pressure others into having sex with them .....	YES!	yes	no	NO!
36. It's okay for a boy to tell a girl that he loves her so he can have sex with her.....	YES!	yes	no	NO!
37. My friends think a person should not have sex until marriage .....	YES!	yes	no	NO!
38. My parents think a person should not have sex until marriage .....	YES!	yes	no	NO!
39. I am currently sexually active .....	YES!	yes	no	NO!

**Circle the best answer**

If you are concerned about what to say or do in a certain dating situation...

- A. just say what you are thinking and it will be ok
- B. you can practice what you are going to say/do beforehand
- C. don't worry about it until it actually happens
- D. avoid it and then you won't have to worry

When you begin a new relationship ...

- A. It is important to speed up how well you know each other in a dating relationship so you can build a foundation quickly
- B. It is not helpful to take time to learn about each other since you will get to know each other over time
- C. It is helpful to take time to learn about each other and take things slowly
- D. It is not important to get to know a lot about the other person because relationships are for fun

If you begin to see problems in a dating relationship

- A. It is likely that what is wrong will get worse
- B. It just means you will need to work harder
- C. It is likely that things will get better
- D. Problems can go away if they are ignored long enough

If you are in an abusive relationship

- A. You need to break it off
- B. You need to give the other person time to change
- C. You need to change which will help the other person stop being abusive
- D. If you really love each other, things will likely work out

If there is a misunderstanding between you and boyfriend/girlfriend/best friend...

- A. it is not important to apologize, this shows weakness
- B. it is not important to compromise if you are right
- C. it is important to consider the other person's feelings
- D. it is important to make sure you get your way

How do you know if you are mature enough to go on a date?

- A. you begin to be interested in dating and having relationships
- B. you are old enough to drive yourself on a date
- C. you are 14 years old
- D. you have the ability to consider someone else's needs not just your own

Which of the following is a good reason to date?

- A. to feel loved and needed
- B. to fill a gap in our lives
- C. to have friendship and offer strength

Not attempting to connect with others may lead to what emotions?

- A. loneliness, isolation, rejection, depression
- B. contentment, solitude, acceptance, happiness

What is stonewalling?

- A. building a “wall” around yourself through friends and support networks
- B. pretending that nothing the other person says will hurt you in any way
- C. withdrawing emotionally from a conversation

What is a main sign of trouble in a relationship?

- A. Spending less time with each other, because you have an after school job
- B. Changes in communication
- C. Spending time with friends instead of together
- D. Doing more things with his/her family

Sally and Joe have been dating for a year, but Sally is interested in dating Sam instead. Soon she finds out that Sam is interested in dating her. What would be Sally’s best move?

- A. Break up with Joe and start dating Sam while she has the opportunity
- B. Break up with Joe and wait several months before dating anyone else
- C. Talk things over with Joe before making any decision
- D. Talk things over with Sam and tell him that she’s still in a committed relationship right now

What is active listening?

- A. Talking and listening to each other at the same time just as long as you are not both talking at the same time
- B. actively participating in the conversation by first listening and sometimes talking about your own ideas
- C. being willing to set aside the things you want to discuss until later and concentrate on what the other person is saying

Being sensitive to and understanding another’s feeling, situations, and motives is

- A. sympathy
- B. empathy
- C. pathology
- D. dystrophy

One way to show respect to your boyfriend/girlfriend/best friend is by

- A. making sure you are popular so they can be proud of hanging out with you
- B. considering their safety
- C. always talking about what is important to you
- D. controlling the conversation so they don’t have to

True or False. In order to be nice to your partner, it is best to avoid talking about significant problems in your relationship that will upset your partner.

True or False. One important element for a good dating relationship is to spend all your free time with each other.

True or False. Jealousy is a normal and healthy emotion.

True or False. A relationship in trouble always needs to end.

True or False. If you decide to break up with someone and then after the breakup you feel anger, sadness, confusion, emptiness, guilt, disappointment, sadness regret, rejection and failure; then you probably made the wrong decision.

True or False. If breaking up will make your partner really sad or mad, it is easiest to just avoid them and let them figure it out rather than telling them face to face.

**You are done! Thank you for your time!**

## Connections: Dating and Emotions Student Evaluation

Name First and Last \_\_\_\_\_

**Directions:** For Items 1-7 use the following scale to choose your answer. Circle only one number for each item:

1	2	3	4	5	6
Strongly disagree(sd)	Disagree(d)	Tend to disagree(td)	Tend to agree (ta)	Agree (a)	Strongly agree(sa)

	<u>sd</u>	<u>d</u>	<u>td</u>	<u>ta</u>	<u>a</u>	<u>sa</u>
1. The content of the Connections curriculum has been useful to me in my daily life....	1	2	3	4	5	6
2. When working on the Connections curriculum, I felt enthusiastic and eager about it.....	1	2	3	4	5	6
3. In general, the materials covered and exercises we did in Connections were easy for me.....	1	2	3	4	5	6
4. I have learned new skills in Connections that I plan to use in my relationships.....	1	2	3	4	5	6
5. I have learned new information in Connections that will help me to be more effective in my relationships.....	1	2	3	4	5	6
6. I am confident of my abilities to use the skills and knowledge presented in Connections.....	1	2	3	4	5	6
7. Overall, my impression of the Connections curriculum is that it's a worthwhile experience.....	1	2	3	4	5	6

**Answer the following questions honestly and with as much detail as possible. Use the back of this sheet if you need more room.**

8. The thing(s) I found the most useful in the Connections curriculum was/were:

9. The thing(s) I found the least useful was/were:

10. What information did you learn from Connections that you didn't know before?

11. What new things did you learn about yourself from this curriculum that you weren't aware of before?

12. What information from the curriculum do you plan to use in the future?

13. Do you expect to change anything about your current relationships (romantic or otherwise) with other people as a result of completing the Connections curriculum? If so what?

14. What would you change about the curriculum?