

Connections: Relationships and Marriage Posttest

(PLEASE PRINT)

Name (first & last): _____

Address (street) _____ (city) _____ (zip) _____

Telephone: _____ - _____ - _____

Date: ____ / ____ / ____

Do you plan to attend college, vocational, or trade school when you graduate? (Circle one): (A) yes (B)no

How many brothers and sisters do you have, including any step or half brothers and sisters, not including yourself?

- (A) 0 (D) 3
- (B) 1 (E) 4
- (C) 2 (F) 5 or more

Do you have any children of your own? (A) yes (B) no

Do you live with:

- (A) Both of your biological/adoptive parents/guardians
- (B) Biological/adoptive/parent guardian and a step parent
- (C) Single parent/guardian
- (D) Other

Has one or both of your biological parents/guardians ever been divorced? (A) yes (B) no

*If yes, how many times has your mother been divorced? _____

*If yes, how many times has your father been divorced? _____

* Were you living with either of the divorcing parents at the time of any of these divorces? (A) yes (B) no

*How old were you at the time of this/these divorces? (Give your age at each divorce if more than one):
age(s): _____

Do you follow a specific religion or spiritual belief system? (Circle one): (A) yes (B) no

If yes, what religion do you practice (Lutheran, Catholic, Jewish, Baptist, 7th Day Adventist, etc.)?

(religion): _____

How many times each month do you attend a church or religious activity or meeting? _____ (# of times each month)

Directions: Using the following scale as a guide, describe your family the way it is right now. Circle one number for each statement.

- | | | | | |
|-------------------|----------------------|---------------|----------------|--------------------|
| 1 | 2 | 3 | 4 | 5 |
| Almost never (AN) | Once in a while (OW) | Sometimes (S) | Frequently (F) | Almost always (AA) |

	<u>AN</u>	<u>OW</u>	<u>S</u>	<u>F</u>	<u>AA</u>
1. I feel that I'm a person of worth, at least on an equal basis with others.....	1	2	3	4	5
2. I feel that I have a number of good qualities.....	1	2	3	4	5
3. All in all, I am inclined to feel that I am a failure.....	1	2	3	4	5

4. I am able to do things as well as most other people.....	1	2	3	4	5
5. I feel I do not have much to be proud of.....	1	2	3	4	5
6. I take a positive attitude toward myself.....	1	2	3	4	5
7. On the whole, I am satisfied with myself.....	1	2	3	4	5
8. I wish I could have more respect for myself.....	1	2	3	4	5
9. I certainly feel useless at times. At times I think I am no good at all.....	1	2	3	4	5

No matter how well two people get along, there are times when they disagree, get annoyed with the other person, or just have spats or fights because they're in a bad mood or tired or for some other reason. They also use many different ways of trying to settle their differences. The following are a list of some things you might do when you have an argument with your boyfriend/girlfriend or best friend. Indicate how many times (once, twice, 3-5 times, 6-10 times, 11-20 times, more than 20 times, or never) in the past two months you have done each of the following.

Circle one number for each item.

Use the following scale:

1 = once

2 = twice

3 = 3-5 times

4 = 6-10 times

5 = 11-20 times

6 = more than 20 times

0 = never

If you circled >0' for any items, have you ever done it in your life with this person?

1 = Yes

0 = No

A. Discussed an issue calmly.....	1	2	3	4	5	6	0	1	0
B. Got information to back up my side of things.....	1	2	3	4	5	6	0	1	0
C. Brought in, or tried to bring in, someone to help settle things	1	2	3	4	5	6	0	1	0
D. Insulted or swore at him or her.....	1	2	3	4	5	6	0	1	0
E. Argued heatedly but did not yell.....	1	2	3	4	5	6	0	1	0
F. Yelled at him or her.....	1	2	3	4	5	6	0	1	0
G. Sulked or refused to talk about an issue.....	1	2	3	4	5	6	0	1	0
H. Stomped out of the room or house or yard.....	1	2	3	4	5	6	0	1	0
I. Cried.....	1	2	3	4	5	6	0	1	0
J. Did or said something to spite him or her.....	1	2	3	4	5	6	0	1	0
K. Threatened to hit or throw something at him or her.....	1	2	3	4	5	6	0	1	0
L. Threw or smashed or hit or kicked <u>something</u> (not the person)	1	2	3	4	5	6	0	1	0
M. Threw something at him or her.....	1	2	3	4	5	6	0	1	0
N. Pushed, grabbed, or shoved him or her.....	1	2	3	4	5	6	0	1	0
O. Slapped him or her.....	1	2	3	4	5	6	0	1	0

P. Kicked, bit, or hit him or her with a fist.....	1	2	3	4	5	6	0	1	0
Q. Hit or tried to hit him or her with something.....	1	2	3	4	5	6	0	1	0
R. Beat him or her up.....	1	2	3	4	5	6	0	1	0

Using the following scale as a guide, indicate how much you agree or disagree with each statement. Circle only one response for each statement. Answer as honestly as you can.

	YES! Strongly Agree (SA)	yes Somewhat Agree (sa)	no Somewhat Disagree(sd)	NO! Strongly Disagree (SD)
				<u>SA</u> <u>sa</u> <u>sd</u> <u>SD</u>
1. Marriage is a good and desirable thing.....	YES!	yes	no	NO!
2. I will likely get married some day.....	YES!	yes	no	NO!
3. My parent(s)/guardian think(s) marriage is a good and desirable thing.....	YES!	yes	no	NO!
4. My parents have a good marriage.....	YES!	yes	no	NO!
5. Divorce is an important option for married people to have.....	YES!	yes	no	NO!
6. I will probably get divorced at least once if I ever marry.....	YES!	yes	no	NO!
7. I am worried about getting married.....	YES!	yes	no	NO!
8. A dating couple should get married if they get pregnant.....	YES!	yes	no	NO!
9. A dating couple should get married if they are physically attracted to each other.....	YES!	yes	no	NO!
10. A dating couple should get married if they love each other.....	YES!	yes	no	NO!
11. A dating couple who love each other but are very different from each other should marry.....	YES!	yes	no	NO!
12. It's O.K. for a couple WITH NO children to divorce if one spouse cheats on the other.....	YES!	yes	no	NO!
13. It's O.K. for a couple WITH children to divorce if one spouse cheats on the other.....	YES!	yes	no	NO!
14. It's O.K. for a couple who fight all the time to divorce if they have NO children.....	YES!	yes	no	NO!
15. It's O.K. for a couple who fight all the time to divorce if they have children.....	YES!	yes	no	NO!
16. It's O.K. to divorce if a couple WITH NO children just has unsolvable differences.....	YES!	yes	no	NO!
17. It's O.K. to divorce if a couple WITH children just has unsolvable differences.....	YES!	yes	no	NO!
18. I will take a compatibility test with my fiancé before I get married.....	YES!	yes	no	NO!
19. I will take a marriage preparation course with my fiancé before I get married.....	YES!	yes	no	NO!
20. I will go to premarital counseling with my fiancé before I get married.....	YES!	yes	no	NO!
21. After I'm married, I will attend a marriage enrichment class with my spouse.....	YES!	yes	no	NO!
22. After I'm married, if we are having trouble in our marriage, we will go to counseling.....	YES!	yes	no	NO!
23. My parents understand me.....	YES!	yes	no	NO!
24. I can go to my parents for help with personal situations.....	YES!	yes	no	NO!
25. If a marriage is having problems, having a baby will improve the marriage relationship.....	YES!	yes	no	NO!
26. It's O.K. to live with a dating partner and not be married.....	YES!	yes	no	NO!

27. All people are mostly alike.....	YES!	yes	no	NO!
28. Making a faulty mate selection CANNOT be avoided.....	YES!	yes	no	NO!
29. Getting married will help an emotionally unhealthy person get healthy.....	YES!	yes	no	NO!
30. The way our inner needs are met or not met will influence our self-concept.....	YES!	yes	no	NO!
31. Change in life can be avoided.....	YES!	yes	no	NO!
32. Even as we mature, our relationships stay the same.....	YES!	yes	no	NO!
33. The dynamics of family relationships change over time.....	YES!	yes	no	NO!
34. Being in love is enough to sustain a positive relationship.....	YES!	yes	no	NO!
35. Opposite personality types tend to have more satisfying and longer lasting relationships	YES!	yes	no	NO!
36. Similarities between individuals adds stability to the relationship.....	YES!	yes	no	NO!
37. Communication styles must be similar in a relationship.....	YES!	yes	no	NO!
38. Most conflicts in a relationship center around misunderstanding and miscommunication.....	YES!	yes	no	NO!
39. Meaning should be taken strictly from the words a person speaks when communicating.....	YES!	yes	no	NO!
40. Do you personally talk to your parent or guardian when something is bothering you?.....	YES!	yes	no	NO!
41. Does your parent or guardian listen to you when you want to tell them something?.....	YES!	yes	no	NO!
42. Do you talk to your parent or guardian about having a boyfriend or girlfriend?.....	YES!	yes	no	NO!
43. I feel that I am emotionally prepared for marriage	YES!	yes	no	NO!
44. I feel that I am mature enough to face the challenges of a committed relationship.....	YES!	yes	no	NO!
32SD. People who are inflexible and cannot accept change have difficulty adjusting	YES!	yes	no	NO!
34SD A child's parents are responsible for the nurturing and care of their children until the children are able to live independently	YES!	yes	no	NO!
35SD. Temporary or casual relationships have the depth of more significant relationships	YES!	yes	no	NO!
37SD. Positive relationships possess specific qualities that make them successful	YES!	yes	no	NO!
38SD. People are attracted to their same personality types.....	YES!	yes	no	NO!
40SD. Having a clear concept of your ideal person helps guide dating choices	YES!	yes	no	NO!
43SD. Verbal and nonverbal communication work together to create meaning.....	YES!	yes	no	NO!

Write your answer to each question in the blanks provided. Your answer should be what YOU think about each item.

1. During the previous two months of school about how many times did you get into trouble at school?_
- 1SD. While in school last Fall (Jan.-May/June 1998), about how many times did you get into trouble at school? _____
2. During the previous two months of school, about how many times did you get into trouble at home with your parents/guardian? _____
- 2SD. While in school last Fall (Jan.-May/June 1998), about how many times did you get into trouble at home with your parents/guardian? _____
3. During the previous two months of school, how many times did you get into trouble with other family members? _____
- 3SD. While in school last Fall (Jan.-May/June 1998), how many times did you get into trouble with other family members? _____

4. At what age will you likely get married? _____
5. How many years should a couple wait after marriage before having a baby? _____
6. What percent of marriages end in divorce? _____
7. If you get married, what percent chance is there that your marriage will end in divorce? _____
8. How long should two people date each other before getting married? _____

Directions: Using the following scale as a guide, indicate how much you agree or disagree with each statement. Circle one response for each statement. Answer as honestly as you can. Remember your answers will be kept strictly confidential.

Strongly Disagree (SD) Disagree(D) Not sure (NS) Agree (a) Strongly Agree (SA)

	<u>SD</u>	<u>D</u>	<u>NS</u>	<u>A</u>	<u>SA</u>
1. It is too risky for teens to have sex	1	2	3	4	5
2. If my girlfriend/boyfriend wanted to have sex, but I didn't, I would find it pretty hard to say no.	1	2	3	4	5
3. Not having sex until marriage is the best choice a teen can make.....	1	2	3	4	5
4. I think many of my friends are having sex.....	1	2	3	4	5
5. I have talked to my parents about sex	1	2	3	4	5
6. I feel good enough about myself that I can say "no" to sex even if my friends are pressuring me to say "yes".....	1	2	3	4	5
7. I feel I can ask my parents for advice about sex	1	2	3	4	5
8. I intend to talk to my parents or guardian about sex.....	1	2	3	4	5
9. I intend to say "no" if I am being pressured to have sex	1	2	3	4	5
10. I intend to set sexual limits for myself	1	2	3	4	5
11. I intend to NOT have sex until I am married	1	2	3	4	5
12. I intend to have sex while I am a teen	1	2	3	4	5
13. I intend to wait to have sex until I can handle the things that may result from having sex	1	2	3	4	5
14. Most people who are important to me think that a person should finish high school before having sex	1	2	3	4	5
15. I intend to finish high school before having sex	1	2	3	4	5
16. People should not pressure others into having sex with them.....	1	2	3	4	5
17. It's okay for a boy to tell a girl that he loves her so he can have sex with her.....	1	2	3	4	5
18. If a teenage girl has an unplanned pregnancy, it's not a big problem since she can raise her baby alone.....	1	2	3	4	5
19. If a boy and a girl have sex and the girl gets pregnant, it's her fault, not the boy's.....	1	2	3	4	5
20. Becoming a teenage parent can make it very hard to do all you'd like to do later in life.....	1	2	3	4	5
21. My friends think a person should not have sex until marriage.....	1	2	3	4	5
22. My parents think a person should not have sex until marriage.....	1	2	3	4	5
23. In general I want to do what my friends think I should do.....	1	2	3	4	5

24. In general I want to do what my parents think I should do..... 1 2 3 4 5
25. In today's society, slapping a spouse or dating partner is understandable under some circumstances..... 1 2 3 4 5
26. In today's society, pushing a spouse or dating partner is understandable under some circumstances..... 1 2 3 4 5

Directions: After reading each of the statements about personality and relationships, circle either Yes or No.

- True False 1. The four basic needs that direct behavior are: the need for control, the need for food, the need for comfort and pleasure, and the need for approval.
- True False 3SD. The four basic needs that direct behavior are: the need for control, the need to be a leader, the need for comfort and pleasure, and the need for approval.
- True False 2. Studies show that people who achieve the greatest amount of success do not plan their lives or follow a plan.
- True False 3. Partners in a relationship DO NOT need to share common goals and dreams to have a successful relationship.
- True False 4. A decrease in the amount of time two people spend together is a sign that the relationship is in trouble.
- True False 5. Romantic love occurs when all three relationship components are present: intimacy, passion and commitment.
- True False 6. Being married by a religious official instead of a Justice of the Peace is one of the ten principles for a great marriage.
- True False 7. One of the seven causes of faulty mate selection is when the decision to get married is made too quickly.
- True False 8. Most long-term marriages have never had a crisis.
- True False 9. Understanding how to make and live within a budget does NOT help eliminate potential problems.
- True False 10. Financial difficulties are one of the top reasons why marriage partners experience problems in the marriage.
- True False 11. During a person's life time most developmental transitions are viewed as minor crisis.
- True False 12. Families are often under outside pressures which makes it hard to spend quality time together.
- True False 13. One of the benefits of a family vacation is to focus on oneself.
- True False 14. Men and women fall in love basically the same way and marry for the same reasons.
- True False 15. Your communication style is affected by your family members= styles of communication, your self-concept, and your birth order.
- True False 16. The goal of vertical communication is to create intimacy between couples.

- True False 17. Nonverbal messages do not have much impact upon how we interpret the behavior of other family members or friends.
- YES NO 1SD. Personality is defined as characteristic patterns of behavior including feeling, thought, and actions that tend to endure over time.
- YES NO 2SD. The hierarchy of needs for self-actualization includes physiological needs, psychological needs, cognitive needs, and social needs.
- YES NO 5SD. As we mature, there are changes in the ways we think, feel, and act, and these changes affect all of our relationships.
- YES NO 6SD. One sign of maturity is the ability to keep on going when faced with difficulties in life.
- YES NO 15SD. Good coping skills are NOT necessary for a couple to work together to resolve problems.
- YES NO 16SD. The four phases of crisis are: 1) crisis, 2) confusion, 3) working through, 4) new beginnings.
- YES NO 18SD. Vacations should be enjoyable and taken when needed.
- YES NO 21SD. The goal of vertical communication is to understand, negotiate, encourage, and reveal feelings.

Directions: For items 1-7, use the following scale to choose your answer. Circle only one number for each item:

1 2 3 4 5 6
 strongly disagree (sd) disagree (d) tend to disagree (td) tend to agree (ta) agree (a) strongly agree (sa)

- | | sd | d | td | ta | a | sa |
|---|----|---|----|----|---|----|
| 1. The content of the Connections curriculum has been useful to me in my daily life. | 1 | 2 | 3 | 4 | 5 | 6 |
| 2. When working on the Connections curriculum, I felt enthusiastic and eager about it. | 1 | 2 | 3 | 4 | 5 | 6 |
| 3. In general, the materials covered and exercises we did in Connections were easy for me. | 1 | 2 | 3 | 4 | 5 | 6 |
| 4. I have learned new skills in Connections that I plan to use in my relationships. | 1 | 2 | 3 | 4 | 5 | 6 |
| 5. I have learned new information in Connections that will help me to be more effective in my relationships | 1 | 2 | 3 | 4 | 5 | 6 |
| 6. I am confident of my abilities to use the skills and knowledge presented in Connections. | 1 | 2 | 3 | 4 | 5 | 6 |
| 7. Overall, my impression of the Connections curriculum is that it's a worthwhile experience. | 1 | 2 | 3 | 4 | 5 | 6 |

YOU ARE DONE!!! Thank you for your time!