

Dibble Institute Curricula Alignment to Healthy Marriage And Relationship Education Grant Topics

	Connections: Dating and Emotions	Connections: Relationships and Marriage	Healthy Choices and Healthy Relationships	Love Notes v2.0	Relationship Smarts Plus 3.0
Target Age/Grades	Grades 6-11	Grades 11 - 14	Grades 8-12	15-24 year olds	Grades 8-12
Number of Lessons	15	20	11	13	12
Has a Pre/Post Test	YES	YES	YES	YES	YES
Developer expectations for hours taught	8 - 15	8 - 20	8 - 11	8 - 13	8 - 12
Language	English	English	English	English/Spanish	English
Communication skills	#3 - Ask, Accept, Decline #6 - What Should I Say? #11 - It's Not Working	#6 -Expectations #9-Family Patterns #10-Let's Talk	#5- I Messages #8- Care, Consideration, and Respect #10- Pulling Things Together	#1- What's Communication Got to Do with It? #12- Communication Challenges and More Skills	#8- Communications and Healthy Relationships #9- Communication Challenges and More Skills #12- Teens Technology and Social Media
Conflict resolution, management, and problem-solving skills	#4- What's the Rush? #7- Feeling Alone; kinds of Connections #8- Problem Patterns #9- Making Choices #10-What Abuse Looks Like #11- It's Not Working #12- When It's Over #13- Dealing With the Past #14- Feeling Another's Feelings	#2-Understanding Myself Better #8-Breaking Up #10-Let's Talk #11-Handling Conflict #13 - Roadblocks #18 - Crises	#4- Abuses & Excuses #5- I Messages #8- Care, Consideration, and Respect #9- Thinking It Through	#6- Is It a Healthy Relationship? #7 Dangerous Love #8- Decide, Don't Slide #11- What's Communication Got to Do with It? #12 - Communication Challenges and More Skills	#1- Who Am I, Where Am I Going? #5- Is It a Healthy Relationship? #6- Decide, Don't Slide #7- Dating Violence & Breaking Up#8- Communications and Healthy Relationships #9- Communication Challenges #10- Sexual Decision Making #11- Unplanned Pregnancy through the

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Knowledge of the benefits of marriage	#5- How Relationships Grow #15- Love That Lasts	All lessons address the skills necessary for developing a Healthy Marriage, and in particular: #5-Status Check and Marriage Section: #12 Components of Relationships #13 – Roadblocks #14- Priorities #15 – Decisions #16- Parenting 101] #17- The Family Budget #18- Our Crisis #19- Family Vacation #20 - What I Learned	#3- Peer and Family Influence #5– I-Messages #11-Setting A Course	#1- Relationships Today #2- Knowing Myself #3- My Expectations, My Future #4- Attractions and Starting Relationships #5- Principles of Smart Relationships 8-Decide, Don't Slide #13- Through the Eyes of a Child	#3- Attractions and Infatuation #- Dating Violence & Breaking UP #11- Unplanned Pregnancy through the Eyes of a Child
Stress and anger management	#7- Feeling Alone; Kinds of Connections #9- Making Choices #11- It's Not Working #13- Dealing With the Past	#2-Understanding Myself Better #5-Status Check #9- Family Patterns #11-Handling Conflict #18 - Crises	#1- The Teen Brain #9- Thinking It Through #10- Pulling Things Together	#3- My Expectations, My Future #7- Dangerous Love #11- What's Communication Got to Do with It?	#8 - Communications and Healthy Relationships #9- Communication Challenges and More Skills

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Affection and intimacy	#1- What's It About? #4- What's the Rush? #5- How Relationships Grow #7- Feeling Alone; Kinds of Connections #14- Feeling Another's Feelings	#3- Peer and Family Influence #4-Abuses & Excuses #7 - Attractions #8 - Breaking Up #12 - Components of Relationships #18 – Crises	#1- The Teen Brain #2 - Media Messages #4-Abuses & Excuses #6-Smart & Safe #8-Care, Consideration, and Respect	#4- Attractions and Starting Relationships #5- Principles of Smart Relationships #6 - Is It a Healthy Relationship? #9- Let's Talk About Sex	#10-Sexual Decision Making
Expression and discussion of negotiation skills	#6- What Should I Say? #9- Making Choices #11- It's Not Working	#1- What It's Like to be Me #2- Understanding Myself Better #3-Your Plan for Life #6 -Expectations #9- Family Patterns #10- Let's Talk #16- Parenting #18 - Crises #19- Vacation	#8-Care, Consideration, and Respect #9- Pulling Things Together	#3- My Expectations, My future #9- Let's Talk About Sex #12 - Communication Challenges and More Skills	#6- Decide, Don't Slide #7- Dating Violence & Breaking UP #8- Communications and Healthy Relationships #9- Communication Challenges and More Skills

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Financial literacy, such as budgeting, financial planning, and management	N/A	#17-Finances Appendix- Supplemental Child Support Lesson	N/A	N/A	N/A
Parenting skills	N/A	#16-Parenting #19- Vacation	#3- Peer and Family Influence #9- Pulling Things Together	#7- Dangerous Love #13-Through the Eyes of a Child	#7- Dating Violence and Breaking Up #11- Unplanned Pregnancy through the Eyes of a Child
Trauma and its effects on forming healthy relationships	#1- What's It About? #8- Problem Patterns #9- Making Choices #10- What Abuse Looks Like #13- Dealing With the Past	#1- What It's Like to be Me #2-Understanding Myself Better #3-Your Plan for Life #4-Behind the Scenes #6 - Expectations #9- Family Patterns #13- Roadblocks	#1 The Teen Brain #2 Media Messages #3 Peer and Family Influence #4 Abuses and Excuses #5 I Messages #6 Smart and Safe #7 Bullying and the Bystander #8 Care, Consideration, and Respect #9 Thinking It Through #10 Pulling Things Together #11 Setting a Course	#1- Relationships Today #2- Knowing Yourself #3- My Expectations - My Future #4- Attractions and Starting Relationships #5- Principles of Smart Relationships #6 - Is It a Healthy Relationship? #7- Dangerous Love #8 - Decide, Don't Slide #9- Let's Talk About Sex #13- Through the eyes of a child	#1- Who Am I & Where Am I Going? #2- Maturity Issues and What I Value #3- Attractions and Infatuation #5- Is It a Healthy Relationship #6- Decide, Don't Slide #11- Unplanned Pregnancy through the Eyes of a Child

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Identifying domestic violence or dating violence	#7- Feeling Alone- Kinds of Relationships #8- Problem Patterns #9- Making Choices #10- What Abuse Looks Like	#4- Behind the Scenes #6- Expectations #8- Breaking Up #12 - Components of Relationships	#4 Abuses and Excuses #6 Smart and Safe #7 Bullying and the Bystander #11- Setting a Course	#5– Principles of Smart Relationships #6– Is it a Healthy Relationship #7– Dangerous Love #8– Decide, Don’t Slide! #11– What’s Communication Got to Do With it? #12 – Communication Challenges and More skills #13 – Through the Eye of a Child	#3- Attractions and Infatuation #4-Principles of a Smart Relationship #5- Is It a Healthy Relationship? #6- Decode. Don’t Slide #7- Dating Violence and Breaking Up #8: Communication and Healthy Relationships #9- Communication Challenges and More Skills #11- Unplanned Pregnancy through the Eyes of a Child #12- Teens, Technology, and Social Media