



What's Real The Myths and Facts about Marriage

U.S. National Standards Health and PE
Grades: 9, 10, 11, 12

Lesson 01: How the Media Influences Relationships and Marriages

Grades: 9, 10, 11, 12 – Adopted 2007

STRAND / ORGANIZATION	N.NHES.	National Health Education Standards (NHES)
STANDARD / BENCHMARK	NHES.2:	Students will analyze the influence of family, peers, culture, media, technology, and other factors on health behaviors.
BENCHMARK / GRADE LEVEL EXPECTATION	2.12.5	Evaluate the effect of media on personal and family health.
BENCHMARK / GRADE LEVEL EXPECTATION	2.12.7	Analyze how the perceptions of norms influence healthy and unhealthy behaviors.
BENCHMARK / GRADE LEVEL EXPECTATION	2.12.8	Analyze the influence of personal values and beliefs on individual health practices and behaviors.

Lesson 02: The Myths and Facts of Marriage

No Correlations Found

Lesson 03: It Pays to Get Married!

No Correlations Found

Lesson 04: If the Marriage Ain't Happy...

No Correlations Found

Lesson 05: Shackin' Up Will Tear You Down

Grades: 9, 10, 11, 12 – Adopted 2007

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STANDARD / BENCHMARK	NHES.2:	Students will analyze the influence of family, peers, culture, media, technology, and other factors on health behaviors.
BENCHMARK / GRADE LEVEL EXPECTATION	2.12.7	Analyze how the perceptions of norms influence healthy and unhealthy behaviors.

BENCHMARK / GRADE LEVEL EXPECTATION	2.12.8	Analyze the influence of personal values and beliefs on individual health practices and behaviors.
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Lesson 06: Before You Take the Leap!

No Correlations Found

Lesson 07: Ten Things Teens Need to Know About Marriage

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BENCHMARK / GRADE LEVEL EXPECTATION	2.12.8	Analyze the influence of personal values and beliefs on individual health practices and behaviors.

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For more information on What’s Real: The Myths and Facts about Marriage please contact:
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