

What's Real The Myths and Facts about Marriage

National Sexuality Education Standards

Grades: 6, 7, 8

Lesson 01: How the Media Influences Relationships and Marriages

Grade: 8 - Adopted 2012

TOPIC / STANDARD	FoSE.CC.	Core Concepts: Students will comprehend concepts related to health promotion and disease prevention to enhance health.
STRAND	PD.8.CC.	Puberty and Adolescent Development: By the end of the 8th grade, students should be able to:
ITEM INDICATORS	PD.8.CC.1.	Describe the physical, social, cognitive and emotional changes of adolescence
TOPIC / STANDARD	FoSE.CC.	Core Concepts: Students will comprehend concepts related to health promotion and disease prevention to enhance health.
STRAND	HR.8.CC.	Healthy Relationships: By the end of the 8th grade, students should be able to:
ITEM INDICATORS	HR.8.CC.5.	Describe the advantages and disadvantages of communicating using technology and social media
TOPIC / STANDARD	FoSE.INF.	Analyzing Influences: Students will analyze the influence of family, peers, culture, media, technology and other factors on health behaviors.
STRAND	HR.8.INF.	Healthy Relationships: By the end of the 8th grade, students should be able to:
ITEM INDICATORS	HR.8.INF.1.	Analyze the ways in which friends, family, media, society and culture can influence relationships
ITEM INDICATORS	HR.8.INF.2.	Analyze the impact of technology and social media on friendships and relationships
TOPIC / STANDARD	FoSE.IC.	Interpersonal Communication: Students will demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.
STRAND	HR.8.IC.	Healthy Relationships: By the end of the 8th grade, students should be able to:
ITEM INDICATORS	HR.8.IC.3.	Demonstrate effective skills to negotiate agreements about the use of technology in relationships

Lesson 02: The Myths and Facts of Marriage

Grade: 8 - Adopted 2012

TOPIC /	FoSE.CC.	Core Concepts: Students will comprehend concepts related to health
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STANDARD		promotion and disease prevention to enhance health.
STRAND	PD.8.CC.	Puberty and Adolescent Development: By the end of the 8th grade, students should be able to:
ITEM INDICATORS	PD.8.CC.1.	Describe the physical, social, cognitive and emotional changes of adolescence

Lesson 03: It Pays to Get Married!

Grade: **8** - Adopted **2012**

TOPIC / STANDARD	FoSE.CC.	Core Concepts: Students will comprehend concepts related to health promotion and disease prevention to enhance health.
STRAND	PD.8.CC.	Puberty and Adolescent Development: By the end of the 8th grade, students should be able to:
ITEM INDICATORS	PD.8.CC.1.	Describe the physical, social, cognitive and emotional changes of adolescence
TOPIC / STANDARD	FoSE.CC.	Core Concepts: Students will comprehend concepts related to health promotion and disease prevention to enhance health.
STRAND	HR.8.CC.	Healthy Relationships: By the end of the 8th grade, students should be able to:
ITEM INDICATORS	HR.8.CC.1.	Compare and contrast the characteristics of healthy and unhealthy relationships
ITEM INDICATORS	HR.8.CC.2.	Describe the potential impacts of power differences such as age, status or position within relationships
ITEM INDICATORS	HR.8.CC.4.	Describe a range of ways people express affection within various types of relationships
TOPIC / STANDARD	FoSE.SM.	Self Management: Students will demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks.
STRAND	HR.8.SM.	Healthy Relationships: By the end of the 8th grade, students should be able to:
ITEM INDICATORS	HR.8.SM.1.	Explain the criteria for evaluating the health of a relationship

Lesson 04: If the Marriage Ain't Happy...

Grade: **8** - Adopted **2012**

TOPIC / STANDARD	FoSE.CC.	Core Concepts: Students will comprehend concepts related to health promotion and disease prevention to enhance health.
STRAND	PD.8.CC.	Puberty and Adolescent Development: By the end of the 8th grade, students should be able to:
ITEM INDICATORS	PD.8.CC.1.	Describe the physical, social, cognitive and emotional changes of adolescence
TOPIC / STANDARD	FoSE.CC.	Core Concepts: Students will comprehend concepts related to health promotion and disease prevention to enhance health.
STRAND	HR.8.CC.	Healthy Relationships: By the end of the 8th grade, students should be able to:
ITEM	HR.8.CC.1.	Compare and contrast the characteristics of healthy and unhealthy

INDICATORS		relationships
ITEM INDICATORS	HR.8.CC.2.	Describe the potential impacts of power differences such as age, status or position within relationships
ITEM INDICATORS	HR.8.CC.4.	Describe a range of ways people express affection within various types of relationships
TOPIC / STANDARD	FoSE.SM.	Self Management: Students will demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks.
STRAND	HR.8.SM.	Healthy Relationships: By the end of the 8th grade, students should be able to:
ITEM INDICATORS	HR.8.SM.1.	Explain the criteria for evaluating the health of a relationship
TOPIC / STANDARD	FoSE.SM.	Self Management: Students will demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks.
STRAND	PS.8.SM.	Personal Safety: By the end of the 8th grade, students should be able to:
ITEM INDICATORS	PS.8.SM.1.	Describe ways to treat others with dignity and respect

Lesson 05: Shackin' Up Will Tear You Down

Grade: 8 - Adopted 2012

TOPIC / STANDARD	FoSE.CC.	Core Concepts: Students will comprehend concepts related to health promotion and disease prevention to enhance health.
STRAND	PD.8.CC.	Puberty and Adolescent Development: By the end of the 8th grade, students should be able to:
ITEM INDICATORS	PD.8.CC.1.	Describe the physical, social, cognitive and emotional changes of adolescence
TOPIC / STANDARD	FoSE.CC.	Core Concepts: Students will comprehend concepts related to health promotion and disease prevention to enhance health.
STRAND	HR.8.CC.	Healthy Relationships: By the end of the 8th grade, students should be able to:
ITEM INDICATORS	HR.8.CC.1.	Compare and contrast the characteristics of healthy and unhealthy relationships
ITEM INDICATORS	HR.8.CC.2.	Describe the potential impacts of power differences such as age, status or position within relationships
ITEM INDICATORS	HR.8.CC.3.	Analyze the similarities and differences between friendships and romantic relationships
ITEM INDICATORS	HR.8.CC.4.	Describe a range of ways people express affection within various types of relationships
TOPIC / STANDARD	FoSE.CC.	Core Concepts: Students will comprehend concepts related to health promotion and disease prevention to enhance health.
STRAND	PS.8.CC.	Personal Safety: By the end of the 8th grade, students should be able to:
ITEM INDICATORS	PS.8.CC.1.	Describe situations and behaviors that constitute bullying, sexual harassment, sexual abuse, sexual assault, incest, rape and dating violence

ITEM INDICATORS	PS.8.CC.2.	Discuss the impacts of bullying, sexual harassment, sexual abuse, sexual assault, incest, rape and dating violence and why they are wrong
ITEM INDICATORS	PS.8.CC.3.	Explain that no one has the right to touch anyone else in a sexual manner if they do not want to be touched
ITEM INDICATORS	PS.8.CC.4.	Explain why a person who has been raped or sexually assaulted is not at fault
TOPIC / STANDARD	FoSE.INF.	Analyzing Influences: Students will analyze the influence of family, peers, culture, media, technology and other factors on health behaviors.
STRAND	PR.8.INF.	Pregnancy and Reproduction: By the end of the 8th grade, students should be able to:
ITEM INDICATORS	PR.8.INF.1.	Examine how alcohol and other substances, friends, family, media, society and culture influence decisions about engaging in sexual behaviors
TOPIC / STANDARD	FoSE.DM.	Decision-Making: Students will demonstrate the ability to use decision-making skills to enhance health.
STRAND	PR.8.DM.	Pregnancy and Reproduction: By the end of the 8th grade, students should be able to:
ITEM INDICATORS	PR.8.DM.1.	Apply a decision-making model to various sexual health decisions
TOPIC / STANDARD	FoSE.SM.	Self Management: Students will demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks.
STRAND	HR.8.SM.	Healthy Relationships: By the end of the 8th grade, students should be able to:
ITEM INDICATORS	HR.8.SM.1.	Explain the criteria for evaluating the health of a relationship

Lesson 06: Before You Take the Leap!

Grade: **8** - Adopted **2012**

TOPIC / STANDARD	FoSE.CC.	Core Concepts: Students will comprehend concepts related to health promotion and disease prevention to enhance health.
STRAND	PD.8.CC.	Puberty and Adolescent Development: By the end of the 8th grade, students should be able to:
ITEM INDICATORS	PD.8.CC.1.	Describe the physical, social, cognitive and emotional changes of adolescence
TOPIC / STANDARD	FoSE.CC.	Core Concepts: Students will comprehend concepts related to health promotion and disease prevention to enhance health.
STRAND	HR.8.CC.	Healthy Relationships: By the end of the 8th grade, students should be able to:
ITEM INDICATORS	HR.8.CC.1.	Compare and contrast the characteristics of healthy and unhealthy relationships
ITEM INDICATORS	HR.8.CC.2.	Describe the potential impacts of power differences such as age, status or position within relationships
ITEM	HR.8.CC.4.	Describe a range of ways people express affection within various types

INDICATORS		of relationships
TOPIC / STANDARD	FoSE.SM.	Self Management: Students will demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks.
STRAND	HR.8.SM.	Healthy Relationships: By the end of the 8th grade, students should be able to:
ITEM INDICATORS	HR.8.SM.1.	Explain the criteria for evaluating the health of a relationship

Lesson 07: Ten Things Teens Need to Know About Marriage

Grade: **8** - Adopted **2012**

TOPIC / STANDARD	FoSE.CC.	Core Concepts: Students will comprehend concepts related to health promotion and disease prevention to enhance health.
STRAND	PD.8.CC.	Puberty and Adolescent Development: By the end of the 8th grade, students should be able to:
ITEM INDICATORS	PD.8.CC.1.	Describe the physical, social, cognitive and emotional changes of adolescence
TOPIC / STANDARD	FoSE.CC.	Core Concepts: Students will comprehend concepts related to health promotion and disease prevention to enhance health.
STRAND	PR.8.CC.	Pregnancy and Reproduction: By the end of the 8th grade, students should be able to:
ITEM INDICATORS	PR.8.CC.2.	Define sexual abstinence as it relates to pregnancy prevention
ITEM INDICATORS	PR.8.CC.3.	Explain the health benefits, risks and effectiveness rates of various methods of contraception, including abstinence and condoms
TOPIC / STANDARD	FoSE.CC.	Core Concepts: Students will comprehend concepts related to health promotion and disease prevention to enhance health.
STRAND	SH.8.CC.	Sexually Transmitted Diseases and HIV: By the end of the 8th grade, students should be able to:
ITEM INDICATORS	SH.8.CC.2.	Compare and contrast behaviors, including abstinence, to determine the potential risk of STD/HIV transmission from each
TOPIC / STANDARD	FoSE.INF.	Analyzing Influences: Students will analyze the influence of family, peers, culture, media, technology and other factors on health behaviors.
STRAND	PR.8.INF.	Pregnancy and Reproduction: By the end of the 8th grade, students should be able to:
ITEM INDICATORS	PR.8.INF.1.	Examine how alcohol and other substances, friends, family, media, society and culture influence decisions about engaging in sexual behaviors
TOPIC / STANDARD	FoSE.INF.	Analyzing Influences: Students will analyze the influence of family, peers, culture, media, technology and other factors on health behaviors.
STRAND	HR.8.INF.	Healthy Relationships: By the end of the 8th grade, students should be able to:
ITEM INDICATORS	HR.8.INF.1.	Analyze the ways in which friends, family, media, society and culture can influence relationships

TOPIC / STANDARD	FoSE.AI.	Accessing Information: Students will demonstrate the ability to access valid information and products and services to enhance health.
STRAND	AP.8.AI.	Anatomy and Physiology: By the end of the 8th grade, students should be able to:
ITEM INDICATORS	AP.8.AI.1.	Identify accurate and credible sources of information about sexual health
TOPIC / STANDARD	FoSE.DM.	Decision-Making: Students will demonstrate the ability to use decision-making skills to enhance health.
STRAND	PR.8.DM.	Pregnancy and Reproduction: By the end of the 8th grade, students should be able to:
ITEM INDICATORS	PR.8.DM.1.	Apply a decision-making model to various sexual health decisions
TOPIC / STANDARD	FoSE.GS.	Goal Setting: Students will demonstrate the ability to use goal-setting skills to enhance health.
STRAND	SH.8.GS.	Sexually Transmitted Diseases and HIV: By the end of the 8th grade, students should be able to:
ITEM INDICATORS	SH.8.GS.1.	Develop a plan to eliminate or reduce risk for STDs, including HIV

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For more information on What's Real: The Myths and Facts about Marriage please contact:

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