

ACTIVITY 12 Examining the Stages of Relationship

G + C ♥

Theme: Relationships go through stages.

Objectives:

- Participants will work cooperatively to examine the development of relationships.
- Participants will analyze the effects relationships have on individuals at each stage.

Time needed: 25-45 minutes; two 10-minute Add Ons

Materials needed:

- One set of the *Stages of Relationship Cards* for each group.
- One *Stages of Relationship Development Worksheet* for each group.

Activity Summary:

Adding to the previous exercise of identifying the stages of relationship development, this activity takes the students further into their examination of each stage and the details of how relationships progress to the next stage.

Directions:

- Divide the students into small groups of 4-6, and pass out the cards depicting the five stages of relationship development.
- Ask the students to again arrange them in their preferred order.
- Pass out the *Stages of Relationship Development Worksheet*. Ask the students to work together as a group to fill out the worksheet.

Add On 1: 10 minutes

- Ask five students from one of the small groups to each take a stage of relationship, hold it visible for the whole class to see, and stand in the order the group decided was best.
- Ask each student to talk about their stage and how it is different from the stages around them.
- See if another group had a different order and, if so, ask them to do the same process of demonstrating their order.

Add On 2: 10 minutes

- Invite a member from each group to post the stages of relationship (using tape, magnetic clips, etc.) that their group ordered for the whole class to see.
- Discuss as a class any differences in order.

