

## South Carolina (SC) Standards for Health and Safety Education

### *Evidence-Based Interventions Meeting Performance Indicators*

Below are Erin's Law specific indicators outlined by SC Department of Education to be addressed annually 9<sup>th</sup>-12<sup>th</sup> grade. Love Notes is recommended as part of the 750 minute requirement for the SC Comprehensive Health Education Act, Domestic Violence Act and Erin's Law. Connect, an adolescent health initiative of the Mary Black Foundation, provides training and technical assistance in the implementation of Love Notes for Spartanburg County Schools. Below is a list of indicators for Erin's Law addressed by Love Notes. For a full list of standards and indicators, visit the [SC Department of Education](http://www.sced.gov). For questions or concerns, contact Polly Edwards-Padgett at [ppadgett@maryblackfoundation.org](mailto:ppadgett@maryblackfoundation.org).

### Love Notes

#### Standard 1

*The student will comprehend concepts related to health-promotion to enhance health of self and others.*

| Performance Indicator for Growth, Development and Sexual Health Responsibility  | Love Notes        | Minor adaptation to meet CHEA indicator  |
|---|-------------------|--|
| Examine the <b>laws</b> relating to sexting   | ✓                 | Lesson 7 SC Laws information   |
| Examine the <b>laws</b> related to bullying, sexual harassment, sexual abuse, sexual assault, rape, and dating violence   | ✓                 | Lesson 7 Handout SC Laws add to Slide 4 in the PowerPoint Teen Dating Violence |
| Performance Indicator for Injury Prevention and Safety  | Love Notes        | Minor adaptation to meet CHEA indicator  |
| Analyze the external influences and societal messages in schools, families, and communities (attitudes about bullying, sexual harassment, sexual abuse, sexual assault, rape, dating violence, and sexting) | ✓ <b>Lesson 7</b> |  |

#### Standard 4

*The student will demonstrate the ability to use interpersonal communication skills to enhance health and avoid, or reduce, health risks.*

| Performance Indicator for Growth, Development and Sexual Health Responsibility   | Love Notes         | Minor adaptation to meet CHEA indicator |
|--|--------------------|---|
| Model effective verbal and nonverbal communication skills in peer and dating relationships, including effective strategies to avoid or end an unhealthy relationship | ✓ <b>Lesson 11</b> |   |

|   |                            |  |
|---|----------------------------|--|
| Give examples of effective ways to communicate personal boundaries as they relate to intimacy and sexual behavior, including abstinence | ✓ Lessons 3, 7, 8, 10 & 12 |  |
|---|----------------------------|--|

Standard 5

*The student will demonstrate the ability to use decision-making skills to enhance health.*

| Performance Indicator for Growth, Development and Sexual Health Responsibility  | Love Notes          | Minor adaptation to meet CHEA indicator |
|---|---------------------|---|
| Assess the types of situations when it is necessary to seek help and/or to leave an unhealthy relationship or environment | ✓ Lessons 5, 6, & 7 |   |

Standard 7

*The student will demonstrate the ability to practice health-enhancing behaviors and to avoid or reduce health risks.*

| Performance Indicator for Growth, Development and Sexual Health Responsibility                                | Love Notes      | Minor adaptation to meet CHEA indicator |
|---|-----------------|---|
| Discuss respect for the boundaries of others as they relate to intimacy and sexual behavior                   | ✓ Lessons 5 & 9 |   |
| Performance Indicator for Mental, Emotional and Social Health   |                 |   |
| Demonstrate effective strategies for resolving interpersonal conflicts (end or avoid unhealthy relationships) | ✓ Lesson 7      |   |
| Establish boundaries that promote safety, respect, awareness and acceptance                                   | ✓ Lesson 5      |   |

Standard 8

*The student will demonstrate the ability to advocate for personal, family, and community health.*

| Performance Indicator for Mental, Emotional and Social Health                     | Love Notes | Minor adaptation to meet CHEA indicator |
|---|------------|---|
| Promote intervention and outreach for others dealing with unhealthy relationships | ✓ Lesson 7 |   |

Visit [ConnectSpartanburg.org](http://ConnectSpartanburg.org) to learn more about adolescent health in Spartanburg, South Carolina.