



# The Dibble Institute

## Relationship Skills for Teens

*"Love Is In The Air"*

*March 2013 Webinar Tip Sheet*

\*\*All information is found @ [www.dibbleinstitute.org](http://www.dibbleinstitute.org)

### **Teen Dating Violence flier**

- Locate: go to: The Dibble Institute home page/Free Resources/ Brochures/Teen Dating Violence flier
- Possible uses:
  - Hang fliers in hallway or cafeteria
  - Announce the question in a school bulletin or hand out quizzes over the Teen Dating Violence flier
  - Students can use the Teen Dating Violence flier to complete quiz
  - Return completed quiz to a student representative for a small prize
    - DumDum sucker = Don't be a DumDum for Teen Dating Violence
    - Candy Kiss = Kiss Teen Dating Violence Goodbye
    - Star mint = You were "Mint" to prevent Teen Dating Violence

### **Share Relationship Skills information over an electronic message board in the hallways or cafeteria**

- Use the free resources to gather statements
  - Why it Matters tab –go to reports
  - Brochures
  - Tip Sheets (The Dibble Institute homepage/ services tab)
  - Dibble curricula
  - Reports (The Dibble Institute home page/ Free Resource/ Reports)
  - The Dibble Institute's monthly newsletter

### **Romantic Relationship Skills Quiz**

- The class takes the quiz as a group
  - Offer to 1<sup>st</sup> or just after lunch classes
  - Share the correct answers the following day with participating classes
  - Offer prizes, e.g., Breakfast item or dessert for top class

### **Movie night**

- Show a movie after school
- Provide drinks and popcorn
- Download the free movie discussion guides
- Go to: The Dibble Institute web page/ Free Resources/ Movie Guides

## **Campaigns - Relationship Skills to Keep Young People's Hearts Safe**

- Research Prom or Spring Break safety programs on the internet
- Have students brainstorm campaign ideas
- Combine plans from internet & brainstorming to create a unique program
- Add SADD & Bacchus web pages addresses
- Have your group create a name for the program

**Ways to use *Useful Links*:** Go to: The Dibble home page; Free Resource; Useful Links

- Use as a class project
  - Pairs of students visit a link
  - They present the information found on the link to the class
  - Each pair could provide a healthy relationship statement to share with the student body in the bulletin or an electronic message board
  - Allow class time for students to navigate the page

## **PSA announcement**

- Have small groups or pairs research PSA on the web
- Create their own PSA and video it with a smart phone
- Share the PSA
  - Arrange to show over the school web site
  - Over Channel One
  - Play during a sporting event near the concession stand
  - Play the PSA's during lunch or before school
  - Play the PSA's in the student union

**FCCLA ideas** (Detailed ideas on National Programs Tips Sheet /The Dibble Institute home page/ click on *Services* tab/ National Programs Tips Sheet)

- Use relationship skills information for a STAR Events project
  - Illustrated Talk
  - Applied Technology
  - Chapter Service Project
- Use relationship skills for a National Program
  - Community Service
  - Families First
  - Financial Fitness (Money Habitudes)
  - Stop the Violence
  - Student Body

## **Stayteen.org (on useful links)**

- Go to: The Dibble Institute home page/Free Resources/Useful Links whats-your-relationship-reality
- There numerous short videos on relationship skills information
- Show a short clip (most less than a minute on the Smart Board)
- Have officers create a discussion guide for each
- Have groups view clips on Smart Board and share with the group
- Good to use for a class/ FCCLA meeting / small group session

