



Case Study

Title V - AL Department of Health

Organization:	Alabama Department of Public Health
URL:	http://www.alabamapublichealth.gov/teenpregnancy/index.html
Program Name:	Alabama for Abstinence Program (AAEP)
Funding:	Administration for Children and Families
What problem is being solved?	Pregnancy Prevention using Title V Funding
Curricula used:	Relationship Smarts Plus (RS+)
Curricula benefits:	RS+ provides relationship-building skills to youth as well as goal setting, negotiating skills, decision making skills and dating violence education. The first half of RQ+ is presented in the 7 th grade and the second half in the 8 th grade.
Target Audience:	RS+ is delivered to youth in 7th grade and 8th grade
Location of instruction:	Schools and community organizations
Class size:	Between 10 and 30 students.
Length of instruction:	RS+ for 7th grade receive lessons 1-6 and 8th grade receive lessons 7-12. The implementation schedule per class is between 60 -75 minutes.
Instructors:	All facilitators are trained to use the curriculum.
Student workbooks:	Students are required to have the workbooks that fit each year's lessons.
Program recruitment:	Recruitment is mainly done by the sub-grantees, however; the AAEP coordinators do assist when needed.
Incentives to students:	AAEP sub-grantees provide incentive items as well.