

Healthy Choices Healthy Relationships

National Sexuality Education Standards
Grades: 9, 10, 11, 12

Lesson 01: The Teen Brain

Grades: 9, 10, 11, 12 – Adopted 2012

TOPIC / STANDARD	FoSE.CC.	Core Concepts: Students will comprehend concepts related to health promotion and disease prevention to enhance health.
STRAND	AP.12.CC.	Anatomy and Physiology: By the end of the 12th grade, students should be able to:
ITEM INDICATORS	AP.12.CC.1.	Describe the human sexual response cycle, including the role hormones play
TOPIC / STANDARD	FoSE.CC.	Core Concepts: Students will comprehend concepts related to health promotion and disease prevention to enhance health.
STRAND	PD.12.CC.	Puberty and Adolescent Development: By the end of the 12th grade, students should be able to:
ITEM INDICATORS	PD.12.CC.1.	Analyze how brain development has an impact on cognitive, social and emotional changes of adolescence and early adulthood
TOPIC / STANDARD	FoSE.CC.	Core Concepts: Students will comprehend concepts related to health promotion and disease prevention to enhance health.
STRAND	ID.12.CC.	Identity: By the end of the 12th grade, students should be able to:
ITEM INDICATORS	ID.12.CC.1.	Differentiate between biological sex, sexual orientation, and gender identity and expression
ITEM INDICATORS	ID.12.CC.2.	Distinguish between sexual orientation, sexual behavior and sexual identity
TOPIC / STANDARD	FoSE.INF.	Analyzing Influences: Students will analyze the influence of family, peers, culture, media, technology and other factors on health behaviors.
STRAND	ID.12.INF.	Identity: By the end of the 12th grade, students should be able to:
ITEM INDICATORS	ID.12.INF.1.	Analyze the influence of friends, family, media, society and culture on the expression of gender, sexual orientation and identity
TOPIC / STANDARD	FoSE.INF.	Analyzing Influences: Students will analyze the influence of family, peers, culture, media, technology and other factors on health behaviors.
STRAND	PR.12.INF.	Pregnancy and Reproduction: By the end of the 12th grade, students should be able to:
ITEM INDICATORS	PR.12.INF.1.	Analyze influences that may have an impact on deciding whether or when to engage in sexual behaviors
TOPIC / STANDARD	FoSE.INF.	Analyzing Influences: Students will analyze the influence of family,

STANDARD		peers, culture, media, technology and other factors on health behaviors.
STRAND	SH.12.INF.	Sexually Transmitted Diseases and HIV: By the end of the 12th grade, students should be able to:
ITEM INDICATORS	SH.12.INF.1.	Analyze factors that may influence condom use and other safer sex decisions
TOPIC / STANDARD	FoSE.AI.	Accessing Information: Students will demonstrate the ability to access valid information and products and services to enhance health.
STRAND	PR.12.AI.	Pregnancy and Reproduction: By the end of the 12th grade, students should be able to:
ITEM INDICATORS	PR.12.AI.1.	Access medically-accurate information about contraceptive methods, including abstinence and condoms
ITEM INDICATORS	PR.12.AI.2.	Access medically-accurate information and resources about emergency contraception
ITEM INDICATORS	PR.12.AI.3.	Access medically-accurate information about pregnancy and pregnancy options
ITEM INDICATORS	PR.12.AI.4.	Access medically-accurate information about prenatal care services
TOPIC / STANDARD	FoSE.DM.	Decision-Making: Students will demonstrate the ability to use decision-making skills to enhance health.
STRAND	PD.12.DM.	Puberty and Adolescent Development: By the end of the 12th grade, students should be able to:
ITEM INDICATORS	PD.12.DM.1.	Apply a decision-making model to various situations relating to sexual health
TOPIC / STANDARD	FoSE.DM.	Decision-Making: Students will demonstrate the ability to use decision-making skills to enhance health.
STRAND	PR.12.DM.	Pregnancy and Reproduction: By the end of the 12th grade, students should be able to:
ITEM INDICATORS	PR.12.DM.1.	Apply a decision-making model to choices about contraception, including abstinence and condoms
TOPIC / STANDARD	FoSE.DM.	Decision-Making: Students will demonstrate the ability to use decision-making skills to enhance health.
STRAND	SH.12.DM.	Sexually Transmitted Diseases and HIV: By the end of the 12th grade, students should be able to:
ITEM INDICATORS	SH.12.DM.1.	Apply a decision-making model to choices about safer sex practices, including abstinence and condoms

Lesson 02: Media Messages

Grades: 9, 10, 11, 12 – Adopted 2012

TOPIC / STANDARD	FoSE.CC.	Core Concepts: Students will comprehend concepts related to health promotion and disease prevention to enhance health.
STRAND	PD.12.CC.	Puberty and Adolescent Development: By the end of the 12th grade, students should be able to:
ITEM	PD.12.CC.1.	Analyze how brain development has an impact on cognitive, social and

INDICATORS		emotional changes of adolescence and early adulthood
TOPIC / STANDARD	FoSE.CC.	Core Concepts: Students will comprehend concepts related to health promotion and disease prevention to enhance health.
STRAND	HR.12.CC.	Healthy Relationships: By the end of the 12th grade, students should be able to:
ITEM INDICATORS	HR.12.CC.4.	Evaluate the potentially positive and negative roles of technology and social media in relationships
TOPIC / STANDARD	FoSE.INF.	Analyzing Influences: Students will analyze the influence of family, peers, culture, media, technology and other factors on health behaviors.
STRAND	PD.12.INF.	Puberty and Adolescent Development: By the end of the 12th grade, students should be able to:
ITEM INDICATORS	PD.12.INF.1.	Analyze how friends, family, media, society and culture can influence self-concept and body image
TOPIC / STANDARD	FoSE.INF.	Analyzing Influences: Students will analyze the influence of family, peers, culture, media, technology and other factors on health behaviors.
STRAND	HR.12.INF.	Healthy Relationships: By the end of the 12th grade, students should be able to:
ITEM INDICATORS	HR.12.INF.1.	Explain how media can influence one's beliefs about what constitutes a healthy sexual relationship

Lesson 03: Peer and Family Influences

Grades: 9, 10, 11, 12 – Adopted 2012

TOPIC / STANDARD	FoSE.CC.	Core Concepts: Students will comprehend concepts related to health promotion and disease prevention to enhance health.
STRAND	PD.12.CC.	Puberty and Adolescent Development: By the end of the 12th grade, students should be able to:
ITEM INDICATORS	PD.12.CC.1.	Analyze how brain development has an impact on cognitive, social and emotional changes of adolescence and early adulthood
TOPIC / STANDARD	FoSE.CC.	Core Concepts: Students will comprehend concepts related to health promotion and disease prevention to enhance health.
STRAND	PS.12.CC.	Personal Safety: By the end of the 12th grade, students should be able to:
ITEM INDICATORS	PS.12.CC.3.	Explain why using tricks, threats or coercion in relationships is wrong
TOPIC / STANDARD	FoSE.INF.	Analyzing Influences: Students will analyze the influence of family, peers, culture, media, technology and other factors on health behaviors.
STRAND	PR.12.INF.	Pregnancy and Reproduction: By the end of the 12th grade, students should be able to:
ITEM INDICATORS	PR.12.INF.1.	Analyze influences that may have an impact on deciding whether or when to engage in sexual behaviors
TOPIC /	FoSE.INF.	Analyzing Influences: Students will analyze the influence of family,

STANDARD		peers, culture, media, technology and other factors on health behaviors.
STRAND	SH.12.INF.	Sexually Transmitted Diseases and HIV: By the end of the 12th grade, students should be able to:
ITEM INDICATORS	SH.12.INF.1.	Analyze factors that may influence condom use and other safer sex decisions
TOPIC / STANDARD	FoSE.AI.	Accessing Information: Students will demonstrate the ability to access valid information and products and services to enhance health.
STRAND	PS.12.AI.	Personal Safety: By the end of the 12th grade, students should be able to:
ITEM INDICATORS	PS.12.AI.1.	Access valid resources for help if they or someone they know are being bullied or harassed, or have been sexually abused or assaulted
TOPIC / STANDARD	FoSE.IC.	Interpersonal Communication: Students will demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.
STRAND	PS.12.IC.	Personal Safety: By the end of the 12th grade, students should be able to:
ITEM INDICATORS	PS.12.IC.1.	Demonstrate effective ways to communicate with trusted adults about bullying, harassment, abuse or assault
TOPIC / STANDARD	FoSE.DM.	Decision-Making: Students will demonstrate the ability to use decision-making skills to enhance health.
STRAND	PD.12.DM.	Puberty and Adolescent Development: By the end of the 12th grade, students should be able to:
ITEM INDICATORS	PD.12.DM.1.	Apply a decision-making model to various situations relating to sexual health
TOPIC / STANDARD	FoSE.DM.	Decision-Making: Students will demonstrate the ability to use decision-making skills to enhance health.
STRAND	PR.12.DM.	Pregnancy and Reproduction: By the end of the 12th grade, students should be able to:
ITEM INDICATORS	PR.12.DM.1.	Apply a decision-making model to choices about contraception, including abstinence and condoms
TOPIC / STANDARD	FoSE.DM.	Decision-Making: Students will demonstrate the ability to use decision-making skills to enhance health.
STRAND	SH.12.DM.	Sexually Transmitted Diseases and HIV: By the end of the 12th grade, students should be able to:
ITEM INDICATORS	SH.12.DM.1.	Apply a decision-making model to choices about safer sex practices, including abstinence and condoms

Lesson 04: Abuses and Excuses

Grades: 9, 10, 11, 12 – Adopted 2012

TOPIC / STANDARD	FoSE.CC.	Core Concepts: Students will comprehend concepts related to health promotion and disease prevention to enhance health.
STRAND	PD.12.CC.	Puberty and Adolescent Development: By the end of the 12th grade, students should be able to:

ITEM INDICATORS	PD.12.CC.1.	Analyze how brain development has an impact on cognitive, social and emotional changes of adolescence and early adulthood
TOPIC / STANDARD	FoSE.CC.	Core Concepts: Students will comprehend concepts related to health promotion and disease prevention to enhance health.
STRAND	HR.12.CC.	Healthy Relationships: By the end of the 12th grade, students should be able to:
ITEM INDICATORS	HR.12.CC.1.	Describe characteristics of healthy and unhealthy romantic and/or sexual relationships
ITEM INDICATORS	HR.12.CC.3.	Define sexual consent and explain its implications for sexual decision-making
TOPIC / STANDARD	FoSE.CC.	Core Concepts: Students will comprehend concepts related to health promotion and disease prevention to enhance health.
STRAND	PS.12.CC.	Personal Safety: By the end of the 12th grade, students should be able to:
ITEM INDICATORS	PS.12.CC.1.	Compare and contrast situations and behaviors that may constitute bullying, sexual harassment, sexual abuse, sexual assault, incest, rape and dating violence
ITEM INDICATORS	PS.12.CC.2.	Analyze the laws related to bullying, sexual harassment, sexual abuse, sexual assault, incest, rape and dating violence
ITEM INDICATORS	PS.12.CC.3.	Explain why using tricks, threats or coercion in relationships is wrong
ITEM INDICATORS	PS.12.CC.4.	Explain why a person who has been raped or sexually assaulted is not at fault
TOPIC / STANDARD	FoSE.INF.	Analyzing Influences: Students will analyze the influence of family, peers, culture, media, technology and other factors on health behaviors.
STRAND	PR.12.INF.	Pregnancy and Reproduction: By the end of the 12th grade, students should be able to:
ITEM INDICATORS	PR.12.INF.1.	Analyze influences that may have an impact on deciding whether or when to engage in sexual behaviors
TOPIC / STANDARD	FoSE.INF.	Analyzing Influences: Students will analyze the influence of family, peers, culture, media, technology and other factors on health behaviors.
STRAND	SH.12.INF.	Sexually Transmitted Diseases and HIV: By the end of the 12th grade, students should be able to:
ITEM INDICATORS	SH.12.INF.1.	Analyze factors that may influence condom use and other safer sex decisions
TOPIC / STANDARD	FoSE.INF.	Analyzing Influences: Students will analyze the influence of family, peers, culture, media, technology and other factors on health behaviors.
STRAND	HR.12.INF.	Healthy Relationships: By the end of the 12th grade, students should be able to:
ITEM INDICATORS	HR.12.INF.2.	Analyze factors, including alcohol and other substances, that can affect the ability to give or perceive the provision of consent to sexual activity
TOPIC /	FoSE.INF.	Analyzing Influences: Students will analyze the influence of family,

STANDARD		peers, culture, media, technology and other factors on health behaviors.
STRAND	PS.12.INF.	Personal Safety: By the end of the 12th grade, students should be able to:
ITEM INDICATORS	PS.12.INF.1.	Describe potential impacts of power differences (e.g., age, status or position) within sexual relationships
ITEM INDICATORS	PS.12.INF.2.	Analyze the external influences and societal messages that impact attitudes about bullying, sexual harassment, sexual abuse, sexual assault, incest, rape and dating violence
TOPIC / STANDARD	FoSE.AI.	Accessing Information: Students will demonstrate the ability to access valid information and products and services to enhance health.
STRAND	PS.12.AI.	Personal Safety: By the end of the 12th grade, students should be able to:
ITEM INDICATORS	PS.12.AI.2.	Demonstrate ways to access accurate information and resources for survivors of sexual abuse, incest, rape, sexual harassment, sexual assault and dating violence
TOPIC / STANDARD	FoSE.DM.	Decision-Making: Students will demonstrate the ability to use decision-making skills to enhance health.
STRAND	PD.12.DM.	Puberty and Adolescent Development: By the end of the 12th grade, students should be able to:
ITEM INDICATORS	PD.12.DM.1.	Apply a decision-making model to various situations relating to sexual health
TOPIC / STANDARD	FoSE.DM.	Decision-Making: Students will demonstrate the ability to use decision-making skills to enhance health.
STRAND	PR.12.DM.	Pregnancy and Reproduction: By the end of the 12th grade, students should be able to:
ITEM INDICATORS	PR.12.DM.1.	Apply a decision-making model to choices about contraception, including abstinence and condoms
TOPIC / STANDARD	FoSE.DM.	Decision-Making: Students will demonstrate the ability to use decision-making skills to enhance health.
STRAND	SH.12.DM.	Sexually Transmitted Diseases and HIV: By the end of the 12th grade, students should be able to:
ITEM INDICATORS	SH.12.DM.1.	Apply a decision-making model to choices about safer sex practices, including abstinence and condoms
TOPIC / STANDARD	FoSE.SM.	Self Management: Students will demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks.
STRAND	HR.12.SM.	Healthy Relationships: By the end of the 12th grade, students should be able to:
ITEM INDICATORS	HR.12.SM.1.	Demonstrate respect for the boundaries of others as they relate to intimacy and sexual behavior

Lesson 05: Smart and Safe

Grades: 9, 10, 11, 12 – Adopted 2012

TOPIC /	FoSE.CC.	Core Concepts: Students will comprehend concepts related to health
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STANDARD		promotion and disease prevention to enhance health.
STRAND	PD.12.CC.	Puberty and Adolescent Development: By the end of the 12th grade, students should be able to:
ITEM INDICATORS	PD.12.CC.1.	Analyze how brain development has an impact on cognitive, social and emotional changes of adolescence and early adulthood
TOPIC / STANDARD	FoSE.CC.	Core Concepts: Students will comprehend concepts related to health promotion and disease prevention to enhance health.
STRAND	HR.12.CC.	Healthy Relationships: By the end of the 12th grade, students should be able to:
ITEM INDICATORS	HR.12.CC.1.	Describe characteristics of healthy and unhealthy romantic and/or sexual relationships
ITEM INDICATORS	HR.12.CC.3.	Define sexual consent and explain its implications for sexual decision-making
TOPIC / STANDARD	FoSE.CC.	Core Concepts: Students will comprehend concepts related to health promotion and disease prevention to enhance health.
STRAND	PS.12.CC.	Personal Safety: By the end of the 12th grade, students should be able to:
ITEM INDICATORS	PS.12.CC.1.	Compare and contrast situations and behaviors that may constitute bullying, sexual harassment, sexual abuse, sexual assault, incest, rape and dating violence
ITEM INDICATORS	PS.12.CC.2.	Analyze the laws related to bullying, sexual harassment, sexual abuse, sexual assault, incest, rape and dating violence
ITEM INDICATORS	PS.12.CC.3.	Explain why using tricks, threats or coercion in relationships is wrong
ITEM INDICATORS	PS.12.CC.4.	Explain why a person who has been raped or sexually assaulted is not at fault
TOPIC / STANDARD	FoSE.INF.	Analyzing Influences: Students will analyze the influence of family, peers, culture, media, technology and other factors on health behaviors.
STRAND	PR.12.INF.	Pregnancy and Reproduction: By the end of the 12th grade, students should be able to:
ITEM INDICATORS	PR.12.INF.1.	Analyze influences that may have an impact on deciding whether or when to engage in sexual behaviors
TOPIC / STANDARD	FoSE.INF.	Analyzing Influences: Students will analyze the influence of family, peers, culture, media, technology and other factors on health behaviors.
STRAND	SH.12.INF.	Sexually Transmitted Diseases and HIV: By the end of the 12th grade, students should be able to:
ITEM INDICATORS	SH.12.INF.1.	Analyze factors that may influence condom use and other safer sex decisions
TOPIC / STANDARD	FoSE.INF.	Analyzing Influences: Students will analyze the influence of family, peers, culture, media, technology and other factors on health behaviors.
STRAND	HR.12.INF.	Healthy Relationships: By the end of the 12th grade, students should be able to:
ITEM	HR.12.INF.2.	Analyze factors, including alcohol and other substances, that can

INDICATORS		affect the ability to give or perceive the provision of consent to sexual activity
TOPIC / STANDARD	FoSE.INF.	Analyzing Influences: Students will analyze the influence of family, peers, culture, media, technology and other factors on health behaviors.
STRAND	PS.12.INF.	Personal Safety: By the end of the 12th grade, students should be able to:
ITEM INDICATORS	PS.12.INF.1.	Describe potential impacts of power differences (e.g., age, status or position) within sexual relationships
ITEM INDICATORS	PS.12.INF.2.	Analyze the external influences and societal messages that impact attitudes about bullying, sexual harassment, sexual abuse, sexual assault, incest, rape and dating violence
TOPIC / STANDARD	FoSE.AI.	Accessing Information: Students will demonstrate the ability to access valid information and products and services to enhance health.
STRAND	HR.12.AI.	Healthy Relationships: By the end of the 12th grade, students should be able to:
ITEM INDICATORS	HR.12.AI.1.	Demonstrate how to access valid information and resources to help deal with relationships
TOPIC / STANDARD	FoSE.AI.	Accessing Information: Students will demonstrate the ability to access valid information and products and services to enhance health.
STRAND	PS.12.AI.	Personal Safety: By the end of the 12th grade, students should be able to:
ITEM INDICATORS	PS.12.AI.1.	Access valid resources for help if they or someone they know are being bullied or harassed, or have been sexually abused or assaulted
ITEM INDICATORS	PS.12.AI.2.	Demonstrate ways to access accurate information and resources for survivors of sexual abuse, incest, rape, sexual harassment, sexual assault and dating violence
TOPIC / STANDARD	FoSE.IC.	Interpersonal Communication: Students will demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.
STRAND	PS.12.IC.	Personal Safety: By the end of the 12th grade, students should be able to:
ITEM INDICATORS	PS.12.IC.1.	Demonstrate effective ways to communicate with trusted adults about bullying, harassment, abuse or assault
TOPIC / STANDARD	FoSE.DM.	Decision-Making: Students will demonstrate the ability to use decision-making skills to enhance health.
STRAND	PD.12.DM.	Puberty and Adolescent Development: By the end of the 12th grade, students should be able to:
ITEM INDICATORS	PD.12.DM.1.	Apply a decision-making model to various situations relating to sexual health
TOPIC / STANDARD	FoSE.DM.	Decision-Making: Students will demonstrate the ability to use decision-making skills to enhance health.
STRAND	PR.12.DM.	Pregnancy and Reproduction: By the end of the 12th grade, students should be able to:
ITEM INDICATORS	PR.12.DM.1.	Apply a decision-making model to choices about contraception, including abstinence and condoms

TOPIC / STANDARD	FoSE.DM.	Decision-Making: Students will demonstrate the ability to use decision-making skills to enhance health.
STRAND	SH.12.DM.	Sexually Transmitted Diseases and HIV: By the end of the 12th grade, students should be able to:
ITEM INDICATORS	SH.12.DM.1.	Apply a decision-making model to choices about safer sex practices, including abstinence and condoms
TOPIC / STANDARD	FoSE.SM.	Self Management: Students will demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks.
STRAND	HR.12.SM.	Healthy Relationships: By the end of the 12th grade, students should be able to:
ITEM INDICATORS	HR.12.SM.1.	Demonstrate respect for the boundaries of others as they relate to intimacy and sexual behavior

Lesson 06: Bullying and the Bystander

Grades: 9, 10, 11, 12 – Adopted 2012

TOPIC / STANDARD	FoSE.CC.	Core Concepts: Students will comprehend concepts related to health promotion and disease prevention to enhance health.
STRAND	PD.12.CC.	Puberty and Adolescent Development: By the end of the 12th grade, students should be able to:
ITEM INDICATORS	PD.12.CC.1.	Analyze how brain development has an impact on cognitive, social and emotional changes of adolescence and early adulthood
TOPIC / STANDARD	FoSE.CC.	Core Concepts: Students will comprehend concepts related to health promotion and disease prevention to enhance health.
STRAND	HR.12.CC.	Healthy Relationships: By the end of the 12th grade, students should be able to:
ITEM INDICATORS	HR.12.CC.4.	Evaluate the potentially positive and negative roles of technology and social media in relationships
TOPIC / STANDARD	FoSE.CC.	Core Concepts: Students will comprehend concepts related to health promotion and disease prevention to enhance health.
STRAND	PS.12.CC.	Personal Safety: By the end of the 12th grade, students should be able to:
ITEM INDICATORS	PS.12.CC.1.	Compare and contrast situations and behaviors that may constitute bullying, sexual harassment, sexual abuse, sexual assault, incest, rape and dating violence
ITEM INDICATORS	PS.12.CC.2.	Analyze the laws related to bullying, sexual harassment, sexual abuse, sexual assault, incest, rape and dating violence
TOPIC / STANDARD	FoSE.INF.	Analyzing Influences: Students will analyze the influence of family, peers, culture, media, technology and other factors on health behaviors.
STRAND	HR.12.INF.	Healthy Relationships: By the end of the 12th grade, students should be able to:
ITEM INDICATORS	HR.12.INF.1.	Explain how media can influence one's beliefs about what constitutes a healthy sexual relationship
TOPIC /	FoSE.AI.	Accessing Information: Students will demonstrate the ability to access

STANDARD		valid information and products and services to enhance health.
STRAND	PS.12.AI.	Personal Safety: By the end of the 12th grade, students should be able to:
ITEM INDICATORS	PS.12.AI.1.	Access valid resources for help if they or someone they know are being bullied or harassed, or have been sexually abused or assaulted
TOPIC / STANDARD	FoSE.IC.	Interpersonal Communication: Students will demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.
STRAND	PS.12.IC.	Personal Safety: By the end of the 12th grade, students should be able to:
ITEM INDICATORS	PS.12.IC.1.	Demonstrate effective ways to communicate with trusted adults about bullying, harassment, abuse or assault
ITEM INDICATORS	PS.12.IC.2.	Identify ways in which they could respond when someone else is being bullied or harassed
TOPIC / STANDARD	FoSE.SM.	Self Management: Students will demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks.
STRAND	HR.12.SM.	Healthy Relationships: By the end of the 12th grade, students should be able to:
ITEM INDICATORS	HR.12.SM.2.	Describe strategies to use social media safely, legally and respectfully
TOPIC / STANDARD	FoSE.ADV.	Advocacy: Students will demonstrate the ability to advocate for personal, family and community health.
STRAND	ID.12.ADV.	Identity: By the end of the 12th grade, students should be able to:
ITEM INDICATORS	ID.12.ADV.1.	Advocate for school policies and programs that promote dignity and respect for all
TOPIC / STANDARD	FoSE.ADV.	Advocacy: Students will demonstrate the ability to advocate for personal, family and community health.
STRAND	SH.12.ADV.	Sexually Transmitted Diseases and HIV: By the end of the 12th grade, students should be able to:
ITEM INDICATORS	SH.12.ADV.1.	Advocate for sexually active youth to get STD/HIV testing and treatment

Lesson 07: Care, Consideration, and Respect

Grades: 9, 10, 11, 12 – Adopted 2012

TOPIC / STANDARD	FoSE.CC.	Core Concepts: Students will comprehend concepts related to health promotion and disease prevention to enhance health.
STRAND	PD.12.CC.	Puberty and Adolescent Development: By the end of the 12th grade, students should be able to:
ITEM INDICATORS	PD.12.CC.1.	Analyze how brain development has an impact on cognitive, social and emotional changes of adolescence and early adulthood
TOPIC / STANDARD	FoSE.CC.	Core Concepts: Students will comprehend concepts related to health promotion and disease prevention to enhance health.
STRAND	HR.12.CC.	Healthy Relationships: By the end of the 12th grade, students should be able to:

ITEM INDICATORS	HR.12.CC.2.	Describe a range of ways to express affection within healthy relationships
ITEM INDICATORS	HR.12.CC.4.	Evaluate the potentially positive and negative roles of technology and social media in relationships
TOPIC / STANDARD	FoSE.CC.	Core Concepts: Students will comprehend concepts related to health promotion and disease prevention to enhance health.
STRAND	PS.12.CC.	Personal Safety: By the end of the 12th grade, students should be able to:
ITEM INDICATORS	PS.12.CC.3.	Explain why using tricks, threats or coercion in relationships is wrong
TOPIC / STANDARD	FoSE.SM.	Self Management: Students will demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks.
STRAND	ID.12.SM.	Identity: By the end of the 12th grade, students should be able to:
ITEM INDICATORS	ID.12.SM.1.	Explain how to promote safety, respect, awareness and acceptance
TOPIC / STANDARD	FoSE.SM.	Self Management: Students will demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks.
STRAND	PR.12.SM.	Pregnancy and Reproduction: By the end of the 12th grade, students should be able to:
ITEM INDICATORS	PR.12.SM.1.	Describe the steps to using a condom correctly

Lesson 08: Thinking It Through

Grades: 9, 10, 11, 12 – Adopted 2012

TOPIC / STANDARD	FoSE.CC.	Core Concepts: Students will comprehend concepts related to health promotion and disease prevention to enhance health.
STRAND	PD.12.CC.	Puberty and Adolescent Development: By the end of the 12th grade, students should be able to:
ITEM INDICATORS	PD.12.CC.1.	Analyze how brain development has an impact on cognitive, social and emotional changes of adolescence and early adulthood
TOPIC / STANDARD	FoSE.INF.	Analyzing Influences: Students will analyze the influence of family, peers, culture, media, technology and other factors on health behaviors.
STRAND	PR.12.INF.	Pregnancy and Reproduction: By the end of the 12th grade, students should be able to:
ITEM INDICATORS	PR.12.INF.1.	Analyze influences that may have an impact on deciding whether or when to engage in sexual behaviors
TOPIC / STANDARD	FoSE.INF.	Analyzing Influences: Students will analyze the influence of family, peers, culture, media, technology and other factors on health behaviors.
STRAND	SH.12.INF.	Sexually Transmitted Diseases and HIV: By the end of the 12th grade, students should be able to:
ITEM INDICATORS	SH.12.INF.1.	Analyze factors that may influence condom use and other safer sex decisions

TOPIC / STANDARD	FoSE.DM.	Decision-Making: Students will demonstrate the ability to use decision-making skills to enhance health.
STRAND	PD.12.DM.	Puberty and Adolescent Development: By the end of the 12th grade, students should be able to:
ITEM INDICATORS	PD.12.DM.1.	Apply a decision-making model to various situations relating to sexual health
TOPIC / STANDARD	FoSE.DM.	Decision-Making: Students will demonstrate the ability to use decision-making skills to enhance health.
STRAND	PR.12.DM.	Pregnancy and Reproduction: By the end of the 12th grade, students should be able to:
ITEM INDICATORS	PR.12.DM.1.	Apply a decision-making model to choices about contraception, including abstinence and condoms
TOPIC / STANDARD	FoSE.DM.	Decision-Making: Students will demonstrate the ability to use decision-making skills to enhance health.
STRAND	SH.12.DM.	Sexually Transmitted Diseases and HIV: By the end of the 12th grade, students should be able to:
ITEM INDICATORS	SH.12.DM.1.	Apply a decision-making model to choices about safer sex practices, including abstinence and condoms

Lesson 09: Pulling Things Together

Grades: 9, 10, 11, 12 – Adopted 2012

TOPIC / STANDARD	FoSE.CC.	Core Concepts: Students will comprehend concepts related to health promotion and disease prevention to enhance health.
STRAND	PD.12.CC.	Puberty and Adolescent Development: By the end of the 12th grade, students should be able to:
ITEM INDICATORS	PD.12.CC.1.	Analyze how brain development has an impact on cognitive, social and emotional changes of adolescence and early adulthood

Lesson 10: Setting a Course

Grades: 9, 10, 11, 12 – Adopted 2012

TOPIC / STANDARD	FoSE.CC.	Core Concepts: Students will comprehend concepts related to health promotion and disease prevention to enhance health.
STRAND	PD.12.CC.	Puberty and Adolescent Development: By the end of the 12th grade, students should be able to:
ITEM INDICATORS	PD.12.CC.1.	Analyze how brain development has an impact on cognitive, social and emotional changes of adolescence and early adulthood
TOPIC / STANDARD	FoSE.CC.	Core Concepts: Students will comprehend concepts related to health promotion and disease prevention to enhance health.
STRAND	HR.12.CC.	Healthy Relationships: By the end of the 12th grade, students should be able to:
ITEM INDICATORS	HR.12.CC.1.	Describe characteristics of healthy and unhealthy romantic and/or sexual relationships

ITEM INDICATORS	HR.12.CC.2.	Describe a range of ways to express affection within healthy relationships
TOPIC / STANDARD	FoSE.CC.	Core Concepts: Students will comprehend concepts related to health promotion and disease prevention to enhance health.
STRAND	PS.12.CC.	Personal Safety: By the end of the 12th grade, students should be able to:
ITEM INDICATORS	PS.12.CC.3.	Explain why using tricks, threats or coercion in relationships is wrong

Lesson 11: I-Messages

Grades: 9, 10, 11, 12 – Adopted 2012

TOPIC / STANDARD	FoSE.CC.	Core Concepts: Students will comprehend concepts related to health promotion and disease prevention to enhance health.
STRAND	PD.12.CC.	Puberty and Adolescent Development: By the end of the 12th grade, students should be able to:
ITEM INDICATORS	PD.12.CC.1.	Analyze how brain development has an impact on cognitive, social and emotional changes of adolescence and early adulthood
TOPIC / STANDARD	FoSE.CC.	Core Concepts: Students will comprehend concepts related to health promotion and disease prevention to enhance health.
STRAND	HR.12.CC.	Healthy Relationships: By the end of the 12th grade, students should be able to:
ITEM INDICATORS	HR.12.CC.2.	Describe a range of ways to express affection within healthy relationships
TOPIC / STANDARD	FoSE.CC.	Core Concepts: Students will comprehend concepts related to health promotion and disease prevention to enhance health.
STRAND	PS.12.CC.	Personal Safety: By the end of the 12th grade, students should be able to:
ITEM INDICATORS	PS.12.CC.3.	Explain why using tricks, threats or coercion in relationships is wrong

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