

National Sexuality Education Standards GRADES 9, 10, 11, 12 (ADOPTED 2012)

Lesson 1: Relationships Today

STANDARD (CC) CORE CONCEPT: Students will comprehend concepts related to health promotion and disease prevention to enhance health.

TOPIC (HR) Healthy Relationships: By the end of the 12th grade, students should be able to:

ITEM (HR.12.CC.1) Describe characteristics of healthy and unhealthy romantic and/or sexual relationships.

TOPIC (PS) Personal Safety: By the end of 12th grade, students should be able to:

ITEM (PS.12.CC.1) Compare and contrast situations and behaviors that may constitute bullying, sexual harassment, sexual abuse, sexual assault, incest, rape and dating violence.

STANDARD (INF) ANALYZING INFLUENCES: Students will analyze the influence of family, peers, culture, media, technology, and other factors on health behaviors.

TOPIC (PD) Personal Development: By the end of the 12th grade, students should be able to:

ITEM (PD.12.INF.1) Analyze how peers, media, family, society, religion and culture influence self-concept and body image.

TOPIC (ID) Identity: By the end of the 12th grade, students should be able to:

ITEM (ID.12.INF.1) Analyze the influence of peers, media, family, society, religion and culture on the expression of gender, sexual orientation and identity.

TOPIC (HR) Healthy Relationships: By the end of the 12th grade, students should be able to:

ITEM (HR.12.INF.1) Explain how media can influence one's beliefs about what constitutes a healthy sexual relationship.

STANDARD (AI) ACCESSING INFORMATION: Students will demonstrate the ability to access valid information, products and services to enhance health.

TOPIC (HR) Healthy Relationships: By the end of the 12th grade, students should be able to:

ITEM (HR.12.AI.1) Demonstrate how to access valid information and resources to help deal with relationships.

TOPIC (PS) Personal Safety: By the end of the 12th grade, students should be able to:

ITEM (PS.12.AI.1) Demonstrate ways to access accurate information and resources that provide help for survivors of sexual abuse, incest, rape, sexual harassment, sexual assault and dating violence.

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STANDARD (IC) INTERPERSONAL COMMUNICATION: Students will demonstrate the ability to use decision-making skills to enhance health.

TOPIC (PS) Personal Safety: By the end of the 12th grade, students should be able to:

ITEM (PS.12.IC.1) Demonstrate effective ways to communicate with trusted adults about bullying, harassment, abuse or assault.

ITEM (PS.12.IC.2) Identify ways in which they could respond when someone else is being bullied or harassed.

STANDARD (SM) SELF-MANAGEMENT: Students will demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks.

TOPIC (ID) Identity: By the end of the 12th grade, students should be able to:

ITEM (ID.12.SM.1) Explain how to promote safety, respect, awareness, and acceptance.

Lesson 2: Knowing Yourself

STANDARD (CC) CORE CONCEPTS: Students will comprehend concepts related to health promotion and disease prevention to enhance health.

TOPIC (PS) Personal Safety: By the end of the 12th grade, students should be able to:

ITEM (PS.12.CC.4) Explain why a person who has been raped or sexually assaulted is not at fault.

STANDARD (INF) ANALYZING INFLUENCES: Students will analyze the influence of family, peers, culture, media, technology and other factors on health behaviors.

TOPIC (PD) Puberty and Adolescent Development: By the end of the 12th grade, students should be able to:

ITEM (PD.12.INF.1) Analyze how peers, media, family, society, religion and culture influence self-concept and body image.

TOPIC (ID) Identity: By the end of the 12th grade, students should be able to:

ITEM (ID.12.INF.1) Analyze the influence of peers, media, family, society, religion and culture on the expression of gender, sexual orientation and identity.

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STANDARD (AI) ACCESSING INFORMATION: Students will demonstrate the ability to access valid information, products and services to enhance health.

TOPIC (HR) Healthy Relationships: By the end of the 12th grade, students should be able to:

ITEM (HR.12.AI.1) Demonstrate how to access valid information and resources to help deal with relationships.

TOPIC (PS) Personal Safety: By the end of the 12th grade, students should be able to:

ITEM (PS.12.AI.2.) Demonstrate ways to access accurate information and resources for survivors of sexual abuse, incest, rape, sexual harassment, sexual assault and dating violence.

STANDARD: (IC) INTERPERSONAL COMMUNICATION: Students will demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.

TOPIC: (HR) Healthy Relationships: By the end of the 12th grade, students should be able to:

ITEM: (HR.12.IC.1) Demonstrate effective strategies to avoid or end an unhealthy relationship.

Lesson 3: My Expectations—My Future

STANDARD (CC) CORE CONCEPTS: Students will comprehend concepts related to health promotion and disease prevention to enhance health.

TOPIC (HR) Healthy Relationships: By the end of the 12th grade, students should be able to:

ITEM (HR.12.CC.1) Describe characteristics of healthy and unhealthy romantic and/or sexual relationships.

STANDARD (INF) ANALYZING INFLUENCES: Students will analyze the influence of family, peers, culture, media, technology and other factors on health behaviors.

TOPIC (PR) Pregnancy and Reproduction: By the end of the 12th grade, students should be able to:

ITEM (PR.12.INF.1) Analyze influences that may have an impact on deciding whether or when to engage in sexual behaviors.

TOPIC (SH) Sexually Transmitted Diseases: By the end of the 12th grade, students should be able to:

ITEM (SH.12.INF.1.) Analyze factors that may influence condom use and other safer sex decisions.

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TOPIC (HR) **Healthy Relationships:** By the end of the 12th grade, students should be able to:

ITEM (HR.12.INF.1) Explain how media can influence one's beliefs about what constitutes a healthy sexual relationship

TOPIC (PR) **Pregnancy and Reproduction:** By the end of the 12th grade, students should be able to:

ITEM (PR.12.IC.1) Demonstrate ways to communicate decisions about whether or when to engage in sexual behaviors.

TOPIC (HR) **Healthy Relationships:** By the end of the 12th grade, students should be able to:

ITEM (HR.12.IC.2) Demonstrate effective ways to communicate personal boundaries as they relate to intimacy and sexual behavior.

Lesson 4: Attractions and Starting Relationships

STANDARD (CC) **CORE CONCEPTS:** Students will comprehend concepts related to health promotion and disease prevention to enhance health.

TOPIC (HR) **Healthy Relationships:** By the end of the 12th grade, students should be able to:

ITEM (HR.12.CC.1) Describe characteristics of healthy and unhealthy romantic and /or sexual relationships.

STANDARD (INF) **ANALYZING INFLUENCES:** Students will analyze the influence of family, peers, culture, media, technology and other factors on health behaviors.

TOPIC (PR) **Pregnancy and Reproduction:** By the end of the 12th grade, students should be able to:

ITEM (PR.12.INF.1) Analyze influences that may have an impact on deciding whether or when to engage in sexual behaviors.

TOPIC (PS) **Personal Safety:** By the end of the 12th grade, students should be able to:

ITEM (PS.12.INF.1) Describe potential impacts of power differences (e.g. age, status or position) within sexual relationships.

STANDARD (AI) **ACCESSING INFORMATION:** Students will demonstrate the ability to access valid information, products and service to enhance health.

TOPIC (HR) **Healthy Relationships:** By the end of the 12th grade, students should be able to:

ITEM (HR.12.AI.1) Demonstrate how to access valid information and resources to help deal with relationships.

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Lesson 5: Principles of Smart Relationships

STANDARD (CC) CORE CONCEPTS: Students will comprehend concepts related to health promotion and disease prevention to enhance health.

TOPIC (HR) Healthy Relationships: By the end of the 12th grade, students should be able to:

ITEM (HR.12.CC.1) Describe the characteristics of healthy and unhealthy romantic and/or sexual relationships.

TOPIC (PS) Personal Safety: By the end of the 12th grade, students should be able to:

ITEM (PS.12.CC.3) Explain why using tricks, threats or coercion in relationships is wrong.

STANDARD (AI) ACCESSING INFORMATION: Students will demonstrate the ability to access valid information and products and services to enhance health.

TOPIC (HR) Healthy Relationships: By the end of the 12th grade, students should be able to:

ITEM (HR.12.AI.1) Describe characteristics of healthy and unhealthy romantic and/or sexual relationships.

STANDARD (IC) INTERPERSONAL COMMUNICATION: Students will demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.

TOPIC (HR) Healthy Relationships: By the end of the 12th grade, students should be able to:

ITEM (HR.12.IC.1) Explain why using tricks, threats or coercion in relationships is wrong.

STANDARD (SM) SELF-MANAGEMENT: Students will demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks.

TOPIC (ID) Identity: By the end of the 12th grade, students should be able to:

ITEM (ID.12.SM.1) Explain how to promote safety, respect, awareness and acceptance.

Lesson 6: Is it a Healthy Relationship?

STANDARD (CC) CORE CONCEPTS: Students will comprehend concepts related to health promotion and disease prevention to enhance health.

TOPIC (HR) Healthy Relationships: By the end of the 12th grade, students should be able to:

ITEM (HR.12.CC.2) Describe a range of ways to express affection within healthy relationships.

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TOPIC (PS) **Personal Safety:** By the end of the 12th grade, students should be able to:

ITEM (PS.12.CC.1) Compare and contrast situations and behaviors that may constitute bullying, sexual harassment, sexual abuse, sexual assault, incest, rape and dating violence.

ITEM (PS.12.CC.3) Explain why using tricks, threats or coercion in relationships is wrong.

STANDARD (INF) ANALYZING INFLUENCES: Students will analyze the influence of family, peers, culture, media, technology and other factors on health behaviors.

TOPIC (HR) **Healthy Relationships:** By the end of the 12th grade, students should be able to:

ITEM (HR.12.INF.1) Compare and contrast situations and behaviors that may constitute bullying, sexual harassment, sexual abuse, sexual assault, incest, rape and dating violence.

STANDARD (AI) ACCESSING INFORMATION: Students will comprehend concepts related to health promotion and disease prevention to enhance health.

TOPIC (HR) **Healthy Relationships:** By the end of the 12th grade, students should be able to:

ITEM (HR.12.AI.1) Demonstrate effective strategies to avoid or end an unhealthy relationship.

STANDARD (IC) INTERPERSONAL COMMUNICATION: Students will demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.

TOPIC (HR) **Healthy Relationships:** By the end of the 12th grade, students should be able to:

ITEM (HR.12.IC.1) Demonstrate how to access valid information and resources to help deal with relationships.

Lesson 7: Dangerous Love

STANDARD (CC) CORE CONCEPTS: Students will comprehend concepts related to health promotion and disease prevention to enhance health.

TOPIC (HR) **Healthy Relationships:** By the end of the 12th grade, students should be able to:

ITEM (HR.12.CC.1) Describe characteristics of healthy and unhealthy romantic and/or sexual relationships.

ITEM (HR.12.CC.3) Define sexual consent and explain its implications for sexual decision-making.

ITEM (HR.12.CC.4) Evaluate the potentially positive and negative roles of technology and social media in relationships.

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- TOPIC (PS)** **Personal Safety:** By the end of the 12th grade, students should be able to:
- ITEM (PS.12.CC.1) Compare and contrast situations and behaviors that may constitute bullying, sexual harassment, sexual abuse, sexual assault, incest, rape and dating violence.
- ITEM (PS.12.CC.3) Explain why using tricks, threats or coercion in relationships is wrong.
- ITEM (PS.12.CC.4) Explain why a person who has been raped or sexually assaulted is not at fault.
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STANDARD (INF) ANALYZING INFLUENCES: Students will analyze the influence of family, peers, culture, media, technology and other factors on health behaviors.

- TOPIC (PS)** **Personal Safety:** By the end of the 12th grade, students should be able to:
- ITEM (PS.12.INF.2) Analyze the external influences and societal messages that impact attitudes about bullying, sexual harassment, sexual abuse, sexual assault, incest, rape and dating violence.
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STANDARD (AI) ACCESSING INFORMATION: Students will demonstrate the ability to access valid information and products and services to enhance health.

- TOPIC (HR)** **Healthy Relationships:** By the end of the 12th grade, students should be able to:
- ITEM (HR.12.AI.1) Demonstrate how to access valid information and resources to help deal with relationships.
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- TOPIC (PS)** **Personal Safety:** By the end of the 12th grade, students should be able to:
- ITEM (PS.12.AI.1) Access valid resources for help if they or someone they know are being bullied or harassed, or have been sexually abused or assaulted.
- ITEM (PS.12.AI.2) Demonstrate ways to access accurate information and resources for survivors of sexual abuse, incest, rape, sexual harassment, sexual assault and dating violence.
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STANDARD (IC) INTERPERSONAL COMMUNICATION: Students will demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.

- TOPIC (HR)** **Healthy Relationships:** By the end of the 12th grade, students should be able to:
- ITEM (HR.12.IC.1) Demonstrate effective strategies to avoid or end an unhealthy relationship.
- ITEM (HR.12.IC.2) Demonstrate effective ways to communicate personal boundaries as they relate to intimacy and sexual behavior.

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- TOPIC (PS) Personal Safety:** By the end of the 12th grade, students should be able to:
- ITEM (PS.12.IC.1) Demonstrate effective ways to communicate with trusted adults about bullying, harassment, abuse or assault.
- ITEM (PS.12.IC.2) Identify ways in which they could respond when someone else is being bullied or harassed.

STANDARD (SM) SELF-MANAGEMENT: Student will demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks.

- TOPIC (ID) Identity:** By the end of the 12th grade, students should be able to:
- ITEM (ID.12.SM.1) Explain how to promote safety, respect, awareness and acceptance.

- TOPIC (HR) Healthy Relationships:** By the end of the 12th grade, students should be able to:
- ITEM (HR.12.SM.1) Demonstrate respect for the boundaries of others as they relate to intimacy and sexual behavior.

Lesson 8: Decide, Don't Slide! The Low-Risk Approach to Relationships

STANDARD (CC) CORE CONCEPTS: Students will comprehend concepts related to health promotion and disease prevention to enhance health.

- TOPIC (HR) Healthy Relationships:** By the end of the 12th grade, students should be able to:
- ITEM (HR.12.CC.1) Describe characteristics of healthy and unhealthy romantic and /or sexual relationships.

STANDARD (INF) ANALYZING INFLUENCES: Students will analyze the influence of family, peers, culture, media, technology and other factors on health behaviors.

- TOPIC (PR) Pregnancy and Reproduction:** By the end of the 12th grade, students should be able to:
- ITEM (PR.12.INF.1) Analyze influences that may have an impact on deciding whether or when to engage in sexual behaviors.
- ITEM (PR.12.INF.3) Analyze factors that influence decisions about whether and when to become a parent.

- TOPIC (SH) Sexually Transmitted Diseases and HIV:** By the end of the 12th grade, students should be able to:
- ITEM (SH.12.INF.1) Analyze factors that may influence condom use and other safer sex decisions.

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STANDARD (AI) ACCESSING INFORMATION: Students will demonstrate the ability to access valid information and products and services to enhance health.

TOPIC (HR) Healthy Relationships: By the end of the 12th grade, students should be able to:

ITEM (HR.12.AI.1) Demonstrate how to access valid information and resources to help deal with relationships.

TOPIC (PS) Personal Safety: By the end of the 12th grade, students should be able to:

ITEM (PS.12.AI.1) Access valid resources for help if they or someone they know are being bullied or harassed, or have been sexually abused or assaulted.

ITEM (PS.12.AI.2) Demonstrate ways to access accurate information and resources that provide help for survivors of sexual abuse, incest, rape, sexual harassment, sexual assault and dating violence.

STANDARD (IC) INTERPERSONAL COMMUNICATION: Students will demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.

TOPIC (PR) Pregnancy and Reproduction: By the end of the 12th grade, students should be able to:

ITEM (PR.12.IC.1) Demonstrate ways to communicate decisions about whether or when to engage in sexual behaviors.

TOPIC (SH) Sexually Transmitted Diseases and HIV: By the end of the 12th grade, students should be able to:

ITEM (SH.12.IC.1) Demonstrate skill to communicate with a partner about STD and HIV prevention and testing.

TOPIC (HR) Healthy Relationships: By the end of the 12th grade, students should be able to:

ITEM (HR.12.IC.1) Demonstrate effective strategies to avoid or end an unhealthy relationship.

ITEM (HR.12.IC.2) Demonstrate effective ways to communicate personal boundaries as they relate to intimacy and sexual behavior.

TOPIC (PS) Personal Safety: By the end of the 12th grade, students should be able to:

ITEM (PS.12.AI.1) Demonstrate effective ways to communicate with trusted adults about bullying, harassment, abuse or assault.

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Lesson 9: Let's Talk About Sex

STANDARD (CC) CORE CONCEPTS: Students will comprehend concepts related to health promotion and disease prevention to enhance health.

TOPIC (AP) Anatomy and Physiology: By the end of the 12th grade, students should be able to:

ITEM (AP.12.CC.1) Describe the human sexual response cycle, including the role hormones play.

TOPIC (HR) Healthy Relationships: By the end of the 12th grade, students should be able to:

ITEM (HR.12.CC.1) Describe characteristics of healthy and unhealthy romantic and /or sexual relationships.

ITEM (HR.12.CC.2) Describe a range of ways to express affection within healthy relationships.

STANDARD (INF) ANALYZING INFLUENCES: Students will analyze the influence of family, peers, culture, media, technology and other factors on health behaviors.

TOPIC (PD) Puberty and Adolescent Development: By the end of the 12th grade, students should be able to:

ITEM (PD.12.INF.1) Analyze how peers, media, family, society, religion, and culture influence self-concept and body image.

TOPIC (HR) Healthy Relationships: By the end of the 12th grade, students should be able to:

ITEM (HR.12.AI.1) Demonstrate how to access valid information and resources to help deal with relationships.

TOPIC (ID) Identity: By the end of the 12th grade, students should be able to:

ITEM (ID.12.INF.1) Analyze the influence of peers, media, family, society, religion and culture on the expression of gender, sexual orientation and identity.

TOPIC (PR) Pregnancy and Reproduction: By the end of the 12th grade, students should be able to:

ITEM (PR.12.INF.2) Analyze influences that may have an impact on deciding whether or when to engage in sexual behaviors.

TOPIC (HR) Healthy Relationships: By the end of the 12th grade, students should be able to:

ITEM (HR.12.INF.1) Explain how media can influence one's beliefs about what constitutes a healthy sexual relationship.

ITEM (HR.12.INF.2) Analyze factors, including alcohol and other substances, that can affect the ability to give or perceive the provision of consent to sexual activity.

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STANDARD (AI) ACCESSING INFORMATION: Students will demonstrate the ability to access valid information and products and services to enhance health.

TOPIC (HR) Healthy Relationships: By the end of the 12th grade, students should be able to:

ITEM (HR.12.AI.1) Demonstrate how to access valid information and resources to help deal with relationships.

STANDARD (DM) DECISION-MAKING: Students will demonstrate the ability to use decision-making skills to enhance health.

TOPIC (PD) Puberty and Adolescent Development: By the end of the 12th grade, students should be able to:

ITEM (PD.12.DM.1) Apply a decision-making model to various situations relating to sexual health.

STANDARD (GS) GOAL SETTING: Students will demonstrate the ability to use goal-setting skills to enhance health.

TOPIC (SH) Sexually Transmitted Diseases and HIV: By the end of the 12th grade, students should be able to:

ITEM (SH.12.GS.1) Develop a plan to eliminate or reduce risks for STDs, including HIV.

STANDARD (SM) SELF-MANAGEMENT: Students will demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks.

TOPIC (ID) Identity: By the end of the 12th grade, students should be able to:

ITEM (ID.12.SM.1) Explain how to promote safety, respect, awareness and acceptance.

TOPIC (HR) Healthy Relationship: By the end of the 12th grade, students should be able to:

ITEM (HR.12.SM.1) Demonstrate respect for the boundaries of others as they relate to intimacy and sexual behavior.

Lesson 10: Let's Plan for Choices

STANDARD (CC) CORE CONCEPTS: Students will comprehend concepts related to health promotion and disease prevention to enhance health.

TOPIC (PR) Pregnancy and Reproduction: By the end of the 12th grade, students should be able to:

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- ITEM (PR.12.CC.1) Compare and contrast the advantages and disadvantages of abstinence and other contraceptive methods, including condoms.
- ITEM (PR.12.CC.2) Define emergency contraception and describe its mechanism of action.
- ITEM (PR.12.CC.3) Identify the laws related to reproductive and sexual health care services (i.e., contraception, pregnancy options, safe surrender policies, prenatal care).
- ITEM (PR.12.CC.4) Describe the signs of pregnancy.

TOPIC (SH) Sexually Transmitted Diseases and HIV: By the end of the 12th grade, students should be able to:

- ITEM (SH.8.CC.2) Compare and contrast behaviors, including abstinence, to determine the potential risk of STD/HIV transmission from each.
- ITEM (SH.12.CC.1) Describe common symptoms of and treatments for STDs, including HIV.
- ITEM (SH.12.CC.2) Evaluate the effectiveness of abstinence, condoms and other safer sex methods in preventing the spread of STDs, including HIV.

TOPIC (HR) Healthy Relationships: By the end of the 12th grade, students should be able to:

- ITEM (HR.12.CC.3) Define sexual consent and explain its implications for sexual decision-making.

STANDARD (INF) ANALYZING INFLUENCES: Students will analyze the influence of family, peers, culture, media, technology and other factors on health behaviors.

TOPIC (SH) Sexually Transmitted Diseases and HIV: By the end of the 12th grade, students should be able to:

- ITEM (SH.8.INF.1) Analyze the impact of alcohol and other drugs on safer sexual decision-making and sexual behaviors.
- ITEM (SH.12.INF.1) Analyze factors that may influence condom use and other safer sex decisions.

TOPIC (HR) Healthy Relationships: By the end of the 12th grade, students should be able to:

- ITEM (HR.12.INF.2) Analyze factors, including alcohol and other substances, that can affect the ability to give or perceive the provision of consent to sexual activity.

STANDARD (AI) ACCESSING INFORMATION: Students will demonstrate the ability to access valid information and products and services to enhance health.

TOPIC (PR) Pregnancy and Reproduction: By the end of the 12th grade, students should be able to:

- ITEM (PR.12.AI.1) Access medically accurate information about contraceptive methods, including emergency contraception and condoms.

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ITEM (PR.12.AI.2) Access medically accurate information and resources about emergency contraception.

ITEM (PR.12.AI.3) Access medically accurate information about pregnancy options.

TOPIC (SH) **Sexually Transmitted Diseases and HIV:** By the end of 12th grade, students should be able to:

ITEM (SH.12.AI.1) Explain how to access local STD and HIV testing and treatment services.

ITEM (SH.12.AI.2) Access medically accurate prevention information about STDs, including HIV.

STANDARD (IC) INTERPERSONAL COMMUNICATION: Students will demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.

TOPIC (PR) **Pregnancy and Reproduction:** By the end of 12th grade, students should be able to:

ITEM (PR.12.IC.1) Demonstrate ways to communicate decisions about whether or when to engage in sexual behaviors.

TOPIC (SH) **Sexually Transmitted Diseases and HIV:** By the end of 12th grade, students should be able to:

ITEM (SH.12.IC.1) Demonstrate skills to communicate with a partner about STD and HIV prevention and testing.

TOPIC (HR) **Healthy Relationships:** By the end of 12th grade, students should be able to:

ITEM (HR.12.IC.2) Demonstrate effective ways to communicate personal boundaries as they relate to intimacy and sexual behavior.

STANDARD (DM) DECISION MAKING: Students will demonstrate the ability to use decision-making skills to enhance health.

TOPIC (PD) **Puberty and Adolescent Development:** By the end of 12th grade, students should be able to:

ITEM (PD.12.DM.1) Apply a decision-making model to various situations relating to sexual health.

TOPIC (PR) **Pregnancy and Reproduction:** By the end of 12th grade, students should be able to:

ITEM (PR.12.DM.1) Apply a decision-making model to choices about contraception, including abstinence and condoms.

TOPIC (SH) **Sexually Transmitted Diseases and HIV:** By the end of 12th grade, students should be able to:

ITEM (SH.12.DM.1) Apply a decision-making model to choices about safer sex practices, including abstinence and condoms.

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STANDARD (SM) SELF-MANAGEMENT: Students will demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks.

TOPIC (PR) Pregnancy and Reproduction: By the end of 12th grade, students should be able to:

ITEM (PR.12.SM.1) Describe the steps to using a condom correctly.

TOPIC (SH) Sexually Transmitted Diseases and HIV: By the end of 12th grade, students should be able to:

ITEM (SH.12.SM.2) Describe the steps to using a condom correctly.

ITEM (SH12.SM.1) Analyze individual responsibility about testing for and informing partners about STDs and HIV status.

TOPIC (HR) Healthy Relationships: By the end of 12th grade, students should be able to:

ITEM (HR.12.SM.1) Demonstrate respect for the boundaries of others as they relate to intimacy and sexual behaviors.

STANDARD (ADV) ADVOCACY: Students will demonstrate the ability to advocate for personal, family and community health.

TOPIC (SH) Sexually Transmitted Diseases and HIV: By the end of 12th grade, students should be able to:

ITEM (SH.12.ADV.1) Advocate for sexually active youth to get STD/HIV testing and treatment.

Lesson 11: What's Communication Got to Do with It? Lesson 12: Communication Challenges and More Skills

(This is a package of evidence-based skills addressing same standards.)

STANDARD (INF) ANALYZING INFLUENCES: Students will analyze the influence of family, peers, culture, media, technology and other factors on health behaviors.

TOPIC (PD) Puberty and Adolescent Development: By the end of the 12th grade, students should be able to:

ITEM (PD.12.INF.1.) Analyze how peers, media, family, society, religion and culture influence self-concept and body image.

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STANDARD (IC) INTERPERSONAL COMMUNICATION: Students will demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.

TOPIC (PR) Pregnancy and Reproduction: By the end of the 12th grade, students should be able to:

ITEM (PR.12.IC) Demonstrate ways to communicate decisions about whether or when to engage in sexual behaviors.

TOPIC (SH) Sexually Transmitted Diseases and HIV: By the end of 12th grade, students should be able to:

ITEM (SH.12.IC.1) Demonstrate skills to communicate with a partner about ST and HIV prevention and testing.

TOPIC (HR) Healthy Relationships: By the end of the 12th grade, students should be able to:

ITEM (HR.12.IC.2) Demonstrate effective ways to communicate personal boundaries as they relate to intimacy and sexual behavior.

Lesson 13: Through the Eyes of a Child

STANDARD (CC) CORE CONCEPTS: Students will comprehend concepts related to health promotion and disease prevention to enhance health.

TOPIC (PR) Pregnancy and Reproduction: By the end of the 12th grade, students should be able to:

ITEM (PR.12.CC.5) Describe prenatal practices that can contribute to or threaten a healthy pregnancy.

STANDARD (INF) ANALYZING INFLUENCES: Students will analyze the influence of family, peers, culture, media, technology and other factors on health behaviors.

TOPIC (PR) Pregnancy and Reproduction: By the end of the 12th grade, students should be able to:

ITEM (PR.12.INF.2) Analyze internal and external influences on decisions about pregnancy options.

ITEM (PR.12.INF.3) Analyze factors that influence decisions about whether and when to become a parent.

STANDARD (AI) ACCESSING INFORMATION: Students will demonstrate the ability to access valid information and products and services to enhance health.

TOPIC (PR) Pregnancy and Reproduction: By the end of the 12th grade, students should be able to:

ITEM (PR.12.AI.3) Access medically accurate information about pregnancy options.

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ITEM (PR.12.AI.4) Access medically accurate information about prenatal care services.

TOPIC (HR) Healthy Relationships: By the end of the 12th grade, students should be able to:

ITEM (HR.12.AI.1) Demonstrate how to access valid information and resources to help deal with relationships.

STANDARD (DM) DECISION-MAKING: Students will demonstrate the ability to use decision-making skills to enhance health.

TOPIC (PD) Puberty and Adolescent Development: By the end of the 12th grade, students should be able to:

ITEM (PD.12.DM.1) Apply a decision-making model to various situations relating to sexual health.

TOPIC (PR) Pregnancy and Reproduction: By the end of the 12th grade, students should be able to:

ITEM (PR.12.DM.1) Apply a decision-making model to choices about contraception, including abstinence and condoms.

ITEM (PR.12.DM.2) Assess the skills and resources needed to become a parent.

STANDARD (GS) GOAL SETTING: Students will demonstrate the ability to use goal-setting skills to enhance health.

TOPIC (SH) Sexually Transmitted Diseases and HIV: By the end of 12th grade, students should be able to:

ITEM (SH.12.GS.1) Develop a plan to eliminate or reduce risk for STDs, including HIV.

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