

Texas Sex Education Code Correlation

Love Notes Sexual Risk Avoidance (LN SRA)

1 Present abstinence from sexual activity as the preferred choice of behavior in relationship to all sexual activity for unmarried persons of school age;

Lesson 12 - Pregnancy, STIs and HIV

- Overview
 - "This lesson will reinforce the wisdom of sexual delay until adulthood and marriage, does not normalize teen sexual activity, and offers teens medically accurate information on these subjects."

2 Devote more attention to abstinence from sexual activity than to any other behavior;

The benefits of abstinence and sexual delay are addressed throughout the LN SRA curriculum. Teen sex is not normalized, and skills are taught and developed that allow teens to make wiser and healthier relationship decisions.

Introduction

- "The decision-making frameworks in Love Notes SRA help youth clarify sexual values and set boundaries and clear intentions about sex and relationships. They outline a plan to stay true to those intentions and practice, through role-plays, how to do so...Love Notes SRA does not normalize teen sexual activity but encourages sexual delay and risk avoidance through stories, film, music, and the voices of young adults. Activities guide youth in cultivating a positive North Star for their love lives rather than merely follow the scripts of the popular and media culture. They learn the benefits of sexual delay and risk avoidance and self-regulation in achieving their personal and life goals."

Lesson 8 - Decide, Don't Slide! The Low-Risk Approach to Relationships

- 8.3 - The Success Sequence

Lesson 11 - Let's Talk About Sex

- 11.3 - Understanding Sexual Regrets
- 11.4 - Are We On The Same Page?
 - "The safest sex—emotionally, socially, and health-wise—takes place in the context of adulthood and a healthy marriage."

3 Emphasize that abstinence from sexual activity, if used consistently and correctly, is the only method that is 100 percent effective in preventing pregnancy, sexually transmitted diseases, infection with human immunodeficiency virus or acquired immune deficiency syndrome, and the emotional trauma associated with adolescent sexual activity;

Lesson 11 - Let's Talk About Sex

• 11.3 - Understanding Sexual Regrets

Lesson 12 - Pregnancy, STIs and HIV

• Overview

- "As health information is conveyed in this lesson, it will be communicated clearly that the only form of protection from pregnancy and STDs that is 100% effective for teens is to refrain from sex—any type of sex."

• 12.1 - Test Your Knowledge About Sex, Pregnancy, and STIs/HIV

- "Not having sex is the 100% sure way not to get pregnant."

- "Not having sex is the only 100% effective way to avoid pregnancy and STDs."

• 12.2 - STIs and HIV are for Real

- "The only 100% effective way to eliminate the risk of getting STDs and HIV and pregnancy is not to have sex—any kind."

- "Leaving sex out gives you the freedom to enjoy and experience your relationships as a teenager without worries, doubts, complications, or regrets. No one regrets waiting."

Lesson 13 - Through The Eyes of A Child

• Overview

- "Young people might be more motivated towards sexual delay and sexual risk avoidance if they were encouraged to step outside themselves and look more deeply at the consequences of an unplanned pregnancy for children whose parents are young, not finished with school or employed, nor in a healthy marriage. Examining unplanned pregnancy through the eyes of a child...may provide additional motivation to have a proactive plan to delay sex and to avoid a pregnancy."

4 Direct adolescents to a standard of behavior in which abstinence from sexual activity before marriage is the most effective way to prevent pregnancy, sexually transmitted diseases, and infection with human immunodeficiency virus or acquired immune deficiency syndrome;

Lesson 8 - Decide, Don't Slide! The Low-Risk Approach to Relationships

• 8.3 - The Success Sequence

Lesson 12 - Pregnancy, STIs and HIV

• Overview

- "Role-plays with diverse pressure situations that are inclusive will offer assertiveness and refusal skill practice. The lesson ends with teens designing their own detailed personal plans for their sexual choices. This exercise will ask them to use what they have learned to make a very detailed personal plan for themselves to help them stay true to their intentions."

5 Teach contraception and condom use in terms of human use reality rates instead of theoretical laboratory rates, if instruction on contraception and condoms is included in curriculum content.

Lesson 12 - Pregnancy, STIs and HIV

- 12.1 - Test Your Knowledge About Sex, Pregnancy, and STIs/HIV
 - "The male condom is 82% effective with typical use. Female condom is 79% effective."
- 12.2 - STIs and HIV are for Real
 - Factual Information on Condoms

For more information about Love Notes Sexual Risk Avoidance visit <https://www.dibbleinstitute.org/love-notes-sra-edition/>