

## Juvenile Justice Case Study

<b>Organization:</b>	Prison Families Aftercare, Auburn, CA
<b>URL:</b>	<a href="http://www.prisonfamilies.org">www.prisonfamilies.org</a>
<b>Program Name:</b>	Prison Families/ <i>Love Notes</i>
<b>Funding:</b>	Subcontract from CA National Guard Challenge Program, private donors, and Parkside Church in Auburn, CA
<b>What problem is being solved?</b>	Healthy coping mechanisms. Emotion regulation. Trauma information. Identifying healthy vs. toxic relationships for youth affected by mass incarceration.
<b>Curricula used:</b>	<a href="#"><i>Love Notes</i></a> v2.1 Classic
<b>Curricula benefits:</b>	Relationship education for at risk/high risk youth
<b>Target Audience:</b>	At-risk and high risk youth whose parents have been incarcerated.
<b>Audience Demographics:</b>	Males and females 16-18 years. 90% Latino with ACE scores 5 or above.
<b>Class size:</b>	20-30
<b>Program setting:</b>	Classroom
<b>Location of instruction:</b>	Setting is a military boarding school residential program 5 ½ months in length located at Camp San Luis Obispo Army Bas
<b>Length of instruction (number of sessions and hours per session):</b>	Either five 2 hour sessions over 5 months or two 5 hour sessions over 5 months.
<b>Instructors:</b>	MFT interns & clinical supervisor, pastors and special guests
<b>Instructor Training Protocol:</b>	MFTs are trained by the Program Director who was trained by Dibble.
<b>Student workbooks:</b>	Provided at the first session.
<b>Incentives to teachers and students:</b>	MFT interns can complete required hours for licensing and build relationships with students. Students get specialized attention.

<b>Observable outcomes:</b>	By the end of the program, most students seek to rebuild broken relationships and learn how to identify toxic relationships and end them safely. Build trusted adult connections.
<b>Challenges:</b>	Finding enough time to teach all the sections we would want.
<b>Tips:</b>	Take <i>Love Notes</i> and apply specific lessons to your target audience when you cannot do the whole thing.