

A-F Criteria	Relationship Smarts PLUS SRA
<p>A <i>The holistic individual and societal benefits associated with personal responsibility, self-regulation, goal setting, healthy decision-making, and a focus on the future.</i></p>	<p>Personal Responsibility Lesson 1 - Who Am I and Where Am I Going? • 1.1 - Possible Selves Tree Lesson 7 - Decide, Don't Slide! • 7.1 - Healthy Selves—Healthy Relationships Lesson 11 - Pregnancy, STIs and HIV • 11.5 - My Personal Plan</p> <p>Self-Regulation Lesson 8 - Communication and Healthy Relationships • 8.3 - Angry Brains and the Power of Time Outs • 8.4 - The Speaker Listener Technique—When Talking Is Difficult Lesson 10 - Sexual Decision-Making • 10.5 - Know Your Personal Line</p> <p>Goal-Setting Lesson 1 - Who Am I and Where Am I Going? • 1.1 - How I See Myself...Now and in the Future Lesson 7 - Decide, Don't Slide! • 7.3 - The Success Sequence Lesson 10 - Sexual Decision-Making • 10.5 - Drawing My Line</p> <p>Healthy Decision-making Lesson 7 - Decide, Don't Slide! • 7.4 - The Low-Risk Deciding Approach • 7.6 - Decide, Don't Slide!</p> <p>Focus on the Future Lesson 6 - Breaking Up and Dating Violence • 6.5 - Harm to Children Lesson 7 - Decide, Don't Slide! • 7.3 - The Success Sequence Lesson 12 - Unplanned Pregnancy Through the Eyes of a Child • 12.1 Child Looking for a Family</p>
<p>B <i>The advantage of refraining from non-marital sexual activity in order to improve the future prospects and physical and emotional health of youth.</i></p>	<p>Lesson 10 - Sexual Decision-Making • 10.2 - The Six Parts of Intimacy • 10.3 - Understanding Sexual Regrets Lesson 11 - Pregnancy, STIs and HIV • 11.2 - STIs and HIV Are for Real</p>

<p>C <i>The increased likelihood of avoiding poverty when youth attain self-sufficiency and emotional maturity before engaging in sexual activity.</i></p>	<p>Lesson 7 - Decide, Don't Slide! • 7.3 - The Success Sequence Lesson 12 - Unplanned Pregnancy Through the Eyes of a Child • 12.5 - The Success Sequence</p>
<p>D <i>The foundational components of healthy relationships and their impact on the formation of healthy marriages and safe and stable families.</i></p>	<p>Lesson 4 - Principles of Smart Relationships • 4.2 - Seven Principles of Smart Relationships • 4.2 - Three Sides of Love Lesson 5 - Is It a Healthy Relationship? • 5.1 - How Can You Tell? Lesson 6 - Breaking Up and Dating Violence • 6.2 - Early Warnings and Red Flags • 6.6 - Draw the Line of Respect Lesson 8 - Communication and Healthy Relationships</p>

	<ul style="list-style-type: none"> • 8.1 - Communication Patterns Learned in Family • 8.2 - Patterns that Harm Relationships Lesson 9 - Communication Challenges and More Skills • 9.1 - Complain and Raise Issues Effectively • 9.4 - Taking Care of Relationships Lesson 10 - Sexual Decision-Making • 10.2 - The Six Parts of Intimacy Lesson 12 - Unplanned Pregnancy Through the Eyes of a Child • 12.1 - What a Child Wants • 12.2 - What About Fathers?
<p>E <i>How other youth risk behaviors, such as drug and alcohol usage, increase the risk for teen sex.</i></p>	<ul style="list-style-type: none"> Lesson 10 - Sexual Decision-Making • 10.4 - Risky Situations for Sex Lesson 11 - Pregnancy, STIs and HIV • 11.2 - STIs and HIV Are for Real • 11.3 - Alcohol and Drugs—Increasing the Risks
<p>F <i>How to resist and avoid, and receive help regarding, sexual coercion and dating violence, recognizing that even with consent teen sex remains a youth risk behavior.</i></p>	<ul style="list-style-type: none"> Lesson 1 - Who Am I and Where Am I Going? • 1.3 - Being Yourself: Dealing with Pressure Situations Lesson 6 - Breaking Up and Dating Violence • 6.3 - Types of Intimate Partner Violence and Warning Signs • 6.4 - Sexual Assault Lesson 11 - Pregnancy, STIs and HIV • 11.4 - Pressure Situations and Assertiveness Skills