



Healthy Relationship News - April 2016

DIBBLE IN THE NEWS

- [Live Trainings in Two Evidence-Based Programs](#)

THE LATEST

- [Hispanic teen births: A big problem struggling for attention in Texas](#)
- [Key "Soft Skills" that Foster Youth Workforce Success: Toward a Consensus across Fields](#)
- [Decline in Risky Adolescent Behaviours Among Canadian Youth](#)

NEWS YOU CAN USE

- [New Relationships Often Move Forward or Break Down Fast](#)
- [Long-term consequences of adolescent parenthood among African-American urban youth](#)

TOOLS YOU CAN USE

- [Dating Matters: Strategies to Promote Healthy Teen Relationships](#)
- [The Best Way to Fight With a Teenager](#)

SECOND WEDNESDAY WEBINAR - [April 13th, 2016](#)

[Introducing At-Risk Youth to Relationship Skills for Love, Life, and Work](#)

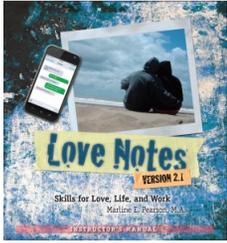
[FUNDING STREAMS](#)



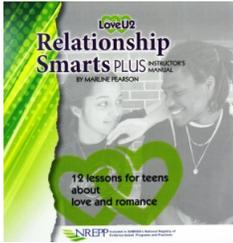
DIBBLE NEWS

[Live Trainings in Two Evidenced-Based Programs](#)

Join us in Los Angeles or Columbus, OH for a cost-effective, hands-on training in our most popular curricula. [Love Notes](#) and [Relationship Smarts PLUS](#) were created to help teens and young adults learn, often for the first time, how to make wise choices about



(Ed. Note: We have just be informed that Love Notes will be added to the Office of Adolescent Health's list of evidence-based pregnancy prevention programs in May. We are thrilled to have this effective, innovative approach available for use especially with older, at-risk, urban youth.)



THE LATEST



[Hispanic teen births: A big problem struggling for attention in Texas](#)

Monica Escobedo of Pflugerville was 18 in June 2006 and eager to taste the freedom of being a new high school graduate. She barely got a nibble. Escobedo discovered she was pregnant in early 2007. That September, her son was born. She was 19. Her on-again, off-again boyfriend was heading on a path to prison. To her relief, her Catholic parents allowed her and her son to live at home, where they spent the next two years.

Escobedo loves her son but says she paid dearly for her “bad decisions.” She struggled to get health care coverage, to pay bills while working as a cashier and to further her education. Now 27, she is in a higher-paying job as an office manager, has health insurance through her employer and lives with a sister in a house her parents own. They are forgiving if the rent is late. She dreams of going back to college and becoming a teacher, but she doesn't know when that might be.



[Key "Soft Skills" that Foster Youth Workforce Success: Toward a Consensus across Fields](#)

Soft skills are skills, competencies, behaviors, attitudes, and personal qualities that enable people to navigate their environment, work with others, perform well, and achieve their goals. ChildTrends has identified the five soft skills that most enable youth (15-29) worldwide to be successful in the workplace. They are: 1) social skills, 2) communication skills, 3) higher order thinking skills, 4) self-control, and 5) a positive self-concept.

(Ed. Note: Love Notes v2.1 now includes activities for participants to learn and practice these important workplace relationship soft skills.)

[National Study Shows a Decline in Risky Adolescent Behaviours and Reports of Bullying](#)

Findings from the 2014 Health Behaviour in School-aged Children [survey](#) (HBSC) show that **relationships with family, school, peers**, and community play a critical role in the health of young people. In fact, for virtually all relationships examined, **family support was the most important source of support linked to better health outcomes.**

NEWS YOU CAN USE

Family Studies [New Relationships Often Move Forward or Break Down Fast](#)

The Blog of the Institute for Family Studies

In *The Marriage-Go-Round*, Andrew Cherlin described how Americans' high marriage rates, high divorce rates, and unstable cohabiting relationships "create a great turbulence in American family life, a family flux, a coming and going of partners on a scale seen nowhere else." "There are more partners in the personal lives of Americans," he wrote, "than in the lives of people of any other Western country."

Cherlin concentrated on marriage and live-in unions, but his observation might extend to less formal romantic relationships as well. Demographer Sharon Sassler, working with coauthors Katherine Micheltore and Jennifer Holland, shows in a [new Journal of Marriage and Family article](#) that sexual relationships among young adults in the U.S. are frequently short-lived.



[Long-term consequences of adolescent parenthood among African-American urban youth: A propensity score matching approach](#)

Socioeconomic consequences of teenage parenting among African-Americans from disadvantaged background seem to be primarily concentrated in women and persist throughout adulthood.

In addition to promoting the delay of parenting after the teenage years, it is critical to provide programs at early stages in the life course to mitigate the negative socioeconomic consequences of teenage motherhood as effects for women are broad.

TOOLS YOU CAN USE



[Dating Matters: Strategies to Promote Healthy Teen Relationships](#)

The CDC announced a new prevention initiative on teen dating violence. *Dating Matters* focuses on 11- to 14-year-olds in high-risk, urban communities. It includes preventive strategies for individuals, peers, families, schools, and neighborhoods.

The New York Times [The Best Way to Fight With a Teenager](#)

relationship. In looking at how teenagers approach disputes, experts have identified four distinct styles.

Compelling [new research](#) suggests that constructive conflict between parent and teenager hinges on the adolescent's readiness to see beyond his or her own perspective. In other words, good fights happen when teenagers consider arguments from both sides, and bad fights happen when they don't.

SECOND WEDNESDAY WEBINAR

April 13



Introducing At-Risk Youth to Relationship Skills for Love, Life, and Work

At-risk youth, like many young people, are eager to build healthy, long lasting relationships. Yet, they lack the confidence and skills to do so.

The recently revised [Love Notes v2.1: Relationship Skills for Love, Life, and Work](#) helps disconnected youth learn those skills to succeed in love, life, and work.

Love Notes takes an **integrated** approach that embeds pregnancy, STI, and interpersonal violence prevention into a comprehensive relationship skills program applicable to personal and work life. (Soon to be included on the OAH list of evidence based programs!)

Love Notes was recently placed on the Office of Adolescent Health's list of evidence based pregnancy prevention programs based on its strong results in preventing pregnancies in an evaluation at the University of Louisville.

Learn from program developer, Marline Pearson, more about Love Notes and its innovative theory of change that helps at-risk youth learn relationship skills for love, life and work.

Presenter: Marline E. Pearson, MA, Author of *Love Notes v2.1* and *Relationship Smarts Plus v3.0*

Who should attend: Relationship educators, pregnancy prevention staff, relationship, marriage, and fatherhood grant managers, runaway and homeless youth workers, Extension agents, Community Action Agency staff, social workers, child welfare caseworkers, juvenile justice caseworkers and all who work with disconnected youth.

When: Wednesday, April 13, 2016, 4:00 pm Eastern/1:00 pm Pacific

Duration: 60 minutes

REGISTER NOW

FUNDING STREAMS

Support for At-Risk Youth Programs in Oregon and Washington

TELLIGEN COMMUNITY INITIATIVE [Telligen Community Initiative](#)

The mission of the Telligen Community Initiative (TCI) is to support innovative and forward looking health-related projects aimed at **improving health, social well-being, and educational attainment**. Grants are provided to nonprofit organizations, educational institutions, and government agencies serving communities in Iowa, Illinois, and Oklahoma. TCI's funding priorities include the following: Health Innovation, Health for the Underserved, and Healthcare Workforce Development. **The deadline for applicants in Iowa is February 17, 2016; the deadline for Oklahoma applicants is May 11, 2016; and the Illinois application deadline is September 7, 2016.**

Visit [the TCI website](#) to learn more about the funding priorities and application procedure.



Silver Family Foundation

Support for At-Risk Youth Programs in Oregon and Washington

[Silver Family Foundation](#)

The Silver Family Foundation supports nonprofit organizations in Oregon and Washington that work with **at-risk youth**. The Foundation's Transitional Youth Development Grant Program provides grants to organizations that offer in-depth, long-term investments and opportunities for motivated, low-income youth. Priority is given to organizations that work in the areas of mentorship, **high school completion**, college and post-secondary preparation, and experiential education. Letters of inquiry may be submitted throughout the year; invited **proposals are due March 31 and September 30, annually**. Visit the Foundation's website to review the grant guidelines.



Dibble goes Digital You asked. We delivered.

Our most popular TEACHING TOOLS are [now online](#).

The Dibble Institute's content-rich teaching tools for building healthy relationships just got easier to use. Take a look!

