

# Healthy Relationship News – April 2017

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## SECOND WEDNESDAY WEBINAR – April 12, 2017

**Empowering Disconnected Youth:  
The Protective Factors of Healthy Relationship Education**

## FUNDING STREAMS

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## DIBBLE NEWS

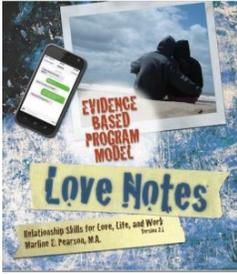


### [Love Notes a Finalist for Best Learning Resources from AAP](#)

[Love Notes](#) has won recognition as a [Finalist](#) in the category **Classroom: Supplemental Resources- Social-Emotional And Character Learning**, from the [American Association of Publishers](#). In the company of a diverse group of innovative and rich educational resources, **Love Notes'** achievement shows its exceptional quality for helping young people learn how to build healthy romantic relationships. **Love Notes** has also been evaluated as an innovative pregnancy prevention approach and is listed as an Evidence Based Program by the Office of Adolescent health.

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[Love Notes Training – July 25-26 – Denver, CO](#)



A 2-day [Love Notes](#) training is coming to **Denver, Colorado** on **July 25-26, 2017** prior to the [National Association of Relationship and Marriage Educators](#) (NARME) conference!

Registration for a 2-day training is usually \$425 but for NARME we have a **special conference rate of only \$390.00**. All participants must have a copy of Love Notes 2.1 for the training.

Click [here](#) for registration details. *If you are unable to attend the NARME conference, you may still attend the Love Notes training.*

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## THE LATEST



### [Teen Dating Violence Strong Predictor Of Future Domestic Abuse](#)

A study conducted by the University of Calgary is the first to demonstrate, in a U.S. national sample, that adolescent dating violence is related to a cycle of violence from teen to adulthood. The study serves as a wake-up call that dating violence amongst teens needs to be taken more seriously.

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### Marriage Trends: [Baby Boomers vs. Millennials](#)

From the National Center for Family and Marriage Research:

In 1980, the majority (68%) of Baby Boomers aged 25-34 were married. However, in 2015, only 40% of Millennials were married. In 2015, the majority of Millennials had never married (53%) compared to 20% of Baby Boomers in 1980.

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## NEWS YOU CAN USE



### [Detroit Rethinks Career-and-Technical Education to Include Soft Skills](#)

Where an employee used to be responsible for, say, feeding a panel onto a conveyor belt, now that employee is increasingly expected to work with coworkers to solve any problems that arise when the machine doing the job malfunctions. That requires good **communication**, **critical-thinking**, and time-management skills, and schools that used to focus strictly on technical instruction like welding now find themselves adapting curriculum to include more of these so-called “soft skills.”

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### [Relationships Come First](#)



## How Four Career Development and Workforce Readiness Programs Prepare Young People for Work and Life

What role do relationships play in fostering workforce development and career readiness among 'risk-immersed' youth? Center for Promise researchers visited four programs across the country to learn how they meet the wide-ranging needs of young people they serve while preparing them for careers. [Their report](#) provides a summary of several bodies of literature that have shaped career development interventions for young people.

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## TOOLS YOU CAN USE



### [Keep Teens Safe Online, They Need To Learn To Manage Risk](#)

Parents of teens know how tricky it is to keep their kids physically safe while balancing their need for greater independence, but when it comes to keeping them safe online, it can be even trickier....

*(Ed. Note: Check out our online lesson [Teens, Technology and Social Media](#) because it will help you communicate these concepts and skills to teens.)*

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### [The X-Plan Is One Tool To Help Teens Deal With Peer Pressure](#)

When teens need to get out of uncomfortable situations, the X-Plan might come in handy. The plan is simple: Teens text the letter "X" to a parent or an older sibling when they need help. The recipient then calls the teen and says to leave immediately and that the recipient will pick up the teen.

The parent or older sibling doesn't ask any questions and the teen has an excuse to leave the party or other risky situation while avoiding social ridicule. The X-Plan to address peer pressure went viral last month and is the brainchild of a West Virginia dad, but dealing with this kind of stress is nothing new for teens.

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## SECOND WEDNESDAY WEBINAR

April 12



**Empowering Disconnected Youth**

## *The Protective Factors of Healthy Relationship Education*

**About the webinar:** Relationships, whether sound or not, are central to the lives of disconnected youth. When at-risk youth learn healthy relationship skills they discover how to make beneficial decisions about their lives, their romantic relationships, and their family connections. We will identify risk factors that foster youth and runaway, homeless youth experience and how healthy relationship education offers protective factors that empower them to make healthier choices for their futures. [Click here](#) to register.

**Presenter:** **Dixie Zittlow**,  
Director of Outreach, The Dibble Institute

**Who should attend:** Service providers and organizations that interact with disconnected, homeless, runaway or foster youth.

**When:** Wednesday, **April 12, 2017**, 4:00 pm Eastern/1:00 pm Pacific

**Duration:** 60 minutes

**Cost:** Free!

[REGISTER NOW](#)



### **FUNDING STREAMS**

**Hone Your Grant Writing Skills: Volunteer to be a Grant Reviewer!**



The Office of Adolescent Health anticipates the availability of funds for organizations to conduct, synthesize, and translate research into practice for teen pregnancy prevention and adolescent health. The priority areas are organized around the TAG Five Essentials for Healthy Adolescents and are: 1) safe and supportive environments, 2) healthy relationships, 3) meaningful connections to supportive adults, 4) engaging youth and families, and 5) youth in out-of-home care and foster care systems.

OAH is currently in search of individuals with expertise in one or more of the five priority areas listed above to serve on a review panel. The panel will meet via conference call on **May 4 and 5, 2017**. If you are interested in participating, please send an email to [PHSFAQS@hhs.gov](mailto:PHSFAQS@hhs.gov).

*Funding Available for Canadian Organizations Serving Children and Youth*



[Canada Post Community Foundation](#)

Funding is provided for children's **education and health programming**; **mental health** programs for children and youth; building safe, kid-friendly communities; services for children and youth with special needs and their families; and programs that **promote the interest of children and youth**. Grants of up to \$30,000, and up to three Signature Grants of \$50,000 each, are provided. Eligible applicants include registered charities, nonprofit organizations, and amateur athletic associations; schools; local community or Aboriginal groups; and community libraries. The application deadline is April 5, 2017.

*Support for Initiatives Promoting Healthy Living*

**aetna**<sup>®</sup>

FOUNDATION

[Aetna Foundation: Cultivating Healthy Communities](#)

The Foundation's Cultivating Healthy Communities grant program is intended to help local communities in the continental U. S. to become healthier places to live, with emphasis on projects that benefit **underserved, low-income, and minority communities**. Grants are provided to nonprofit organizations, government agencies, and federally recognized Indian tribes committed to improving the health of their participants by focusing on activities that align to one or two of the following five domains: **Healthy Behaviors**, Community Safety, Built Environment, Social/Economic Factors, and Environmental Exposures. Applicants can request between \$50,000 and \$100,000 for projects lasting between 18 and 24 months. The Stage 1 application deadline is April 14, 2017; Stage 2 applications are due June 16, 2017.



*Social Change Organizations Supported*

### [Singing for Change Charitable Foundation](#)

The Foundation provides grants to progressive, community-based nonprofit organizations nationwide that address the root causes of social or environmental problems. The Foundation primarily provides grants ranging from \$1,000 to \$10,000 for projects that serve **children and families**, the environment, and disenfranchised groups. Priority is given to inclusive, grassroots organizations that rely strongly on volunteer efforts, where Foundation support makes a significant difference. The deadline for letters of interest is May 1, 2017.

*Nebraska Organizations Addressing Quality of Life Issues Funded*



### [Blue Cross and Blue Shield of Nebraska Charitable Contributions Program](#)

Through the Fearless Grants category, the company provides substantial program and general operating support to organizations that address health and **wellness, human services, and education**. The final application cycle for 2017 will close on April 24. (Smaller grant requests are reviewed quarterly.) Visit the Blue Cross and Blue Shield of Nebraska website to take the eligibility quiz and submit an online request.

*Mental Health Programs Initiated by Medical Students Funded*



**[American Psychiatric Association Foundation: Helping Hands Grant Program](#)**

The Foundation's Helping Hands Grant Program was established to encourage medical students to participate in community service activities, to raise awareness of mental illness and the importance of early recognition of illness, and to build medical students' interest in psychiatry and working in underserved communities. The program provides grants of up to \$5,000 to medical schools for mental health and substance use disorder projects that are created and managed by medical students, particularly in underserved minority communities. Funded projects can be conducted in partnership with community agencies or in conjunction with ongoing medical school outreach activities. The application deadline is May 31, 2017.

*Organizations Enhancing the Quality of Life in Texas Funded*



**[Ed Rachal Foundation](#)**

The Ed Rachal Foundation is dedicated to enhancing the quality of life for the people of Texas. The Foundation provides grants to nonprofit organizations in a wide range of areas, including **education, children and youth, health and social services**, environmental issues, arts and culture, and community and civic affairs. Grant applications may be submitted throughout the year and are reviewed quarterly. Visit the Foundation's website to learn more about the grant guidelines and application procedure.

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