



DIVERGENT

Discuss...

Strengths

- ♥ Once they arrive at Dauntless, the new recruits have to go through a series of physical and mental training exercises. What could be some examples of ways you can train/prepare for relationships?
- ♥ Four tells Beatrice that she is weak unless she uses her strengths. How could not utilizing strengths become a weakness? Can weaknesses become strengths? How?
- ♥ Jeanine tells Beatrice that the whole purpose of the factions is to overcome the weakness of human nature. What is human nature? Is it a weakness that needs to be overcome?

Selflessness/Sacrifice

- ♥ Beatrice is torn between choosing the faction that her parents are in versus another one she might feel she belongs in more. Her brother tells her, "You have to think of the family, but you also have to think of yourself." When should you put others first? When is it appropriate for you put yourself first?

Honesty/Trust

- ♥ After Beatrice gets inconclusive test results, the administrator of the test told her to not tell anyone and to just say her results were Abnegation. Is it ever okay to keep something from someone or lie? What are some consequences of keeping secrets?

Identity

- ♥ The purpose of the different factions is to divide people up according to their character strengths and put them in a setting where those specific strengths will continue to develop. Choosing a faction is considered to be choosing where you belong. Beatrice feels like "everyone knows where they belong, except me." What does it mean to belong? What role does a sense of belonging play in relationships?
- ♥ What is the difference between feeling like you belong naturally and trying to fit in because you want to belong? What are the dangers of acting against your core values and beliefs in order to try and fit in?
- ♥ One of the rules in Abnegation is that you do not think about yourself, which includes avoiding any form of vanity, like looking in a mirror for too long. What is vanity? Is it important to care about how you look? What could be the consequences if you care too much or too little about your appearance?

Discuss...

Identity

- ♥ When Beatrice enters Dauntless, she chooses to change her name to Trice and has to burn all of her old clothing. Can you ever completely leave your past behind you? Is it sometimes good to keep part of your past identity and experiences with you? What are the consequences of changing who you are to fit in?

Support System

- ♥ Beatrice has a strong support system in her family. What makes up a good support system? Are you a part of someone else's support system? How can our support system help us to see the good in ourselves?

Fear

- ♥ Beatrice is scared about taking the aptitude test and what her results will be. What is fear? Can fear ever be a good thing? Is fear a good motivator? What could the negative consequences of fear be?

Agency

- ♥ Four tells Beatrice that the government is afraid of Divergents, or people they cannot control. Why is it important to not let others control you? How can you recognize when someone is trying to exercise inappropriate control over you? How can you leave a situation where this is happening? What can you do to avoid being in a situation or relationship like this in the first place?
- ♥ Beatrice goes to visit her brother, who has somewhat turned against the family. The common phrase used is "Faction before blood." How does it feel when the actions of someone you care about hurt or disappoint you? How do you react when someone you care about uses their agency in a way you disagree with? Is it important to still respect, love, and support that person? How can you do this without necessarily agreeing with or supporting their choices?
- ♥ Beatrice blames herself for the death of her friend, Al. Can you take blame for something someone else does or for something that wasn't in your control? What could the consequences be of always taking blame upon yourself, regardless of if you had any control over the situation or not?

Peer Pressure/Acceptance

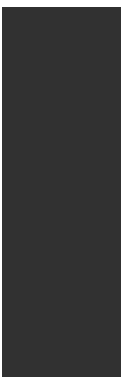
- ♥ Beatrice begins to feel rejected when she struggles to keep up and fit in with her new faction. How does it feel to be rejected? Is it sometimes a good thing to reject others? What can you do to change your actions to become more accepting?

Determination

- ♥ "Failure does something to people." What causes us to want/choose to give up things or relationships in our lives? How do you know when it is better to keep fighting for something or give up and move on?

Physical Intimacy

- ♥ What could the consequences be of focusing on physical intimacy early on in a relationship? How can you develop the ability to be assertive about your feelings regarding affection and intimacy so you do not end up being taken advantage of?
- ♥ One of the fears Beatrice faces in her test is Four attempting to get her to be more intimate than she feels comfortable with. How can you avoid putting yourself in situations where something like that might happen? What can you do if you find yourself in a situation like this?



For more resources to help teens and young adults learn healthy relationship skills, visit DibbleInstitute.org