



Using Relationship Skills Education in STAR Events Projects

List of STAR Events

Applied Technology –

- Use websites on [The Dibble Institute home page](#) to teach relationship skills using laptops before school/during lunch/@ sporting events
- Create a Podcast on relationship skills & make available on school/FACS web page

Chapter Service Project

- Conduct an awareness campaign to improve/prevent:
 - Family communication
 - Teen dating violence
 - Financial Fitness

Chapter Showcase

- Have Relationship Skills as your ***Program of Works*** for the year
- Have officers lead Relationship Skills activities in chapter meetings
- Teach Relationship Skills to peers, younger students or community groups
- Conduct Pregnancy Prevention or Teen Dating Violence campaigns

Illustrated Talk

- Teach relationship skills lesson and activity/present a speech on the topic:
 - Teen pregnancy prevention
 - Conflict resolution
 - Communication skills
 - Money Habitudes financial awareness
 - How to break up and survive

- Bullying and peer pressure

Interpersonal Communications

- Use [Things to Know Before You Say Go](#) cards activity to teach Relationship Skills
- Use communication activities to improve family, friends, and romantic relationship communication
- Use Relationship Skills to improve conflict resolutions

Leadership Life Event Planning

- Conduct teen dating violence, pregnancy prevention or better communications campaigns

National Programs in Action

- Community-Service/Dynamic-Leadership/Families-First/Financial Fitness/STOP the Violence or Student Body projects

Teach and Train

- Teach Relationship Skills activities to peers or younger students

<http://www.dibbleinstitute.org>

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