Using Relationship Skills Education in STAR Events Projects

List of STAR Events

Applied Technology –
• Use websites on The Dibble Institute home page to teach relationship skills using laptops before school/during lunch/@ sporting events
• Create a Podcast on relationship skills & make available on school/FACS web page

Chapter Service Project
• Conduct an awareness campaign to improve/prevent:
  o Family communication
  o Teen dating violence
  o Financial Fitness

Chapter Showcase
• Have Relationship Skills as your Program of Works for the year
• Have officers lead Relationship Skills activities in chapter meetings
• Teach Relationship Skills to peers, younger students or community groups
• Conduct Pregnancy Prevention or Teen Dating Violence campaigns

Illustrated Talk
• Teach relationship skills lesson and activity/present a speech on the topic:
  o Teen pregnancy prevention
  o Conflict resolution
  o Communication skills
  o Money Habitudes financial awareness
  o How to break up and survive
Bullying and peer pressure

Interpersonal Communications
- Use *Things to Know Before You Say Go* cards activity to teach Relationship Skills
- Use communication activities to improve family, friends, and romantic relationship communication
- Use Relationship Skills to improve conflict resolutions

Leadership Life Event Planning
- Conduct teen dating violence, pregnancy prevention or better communications campaigns

National Programs in Action
- Community-Service/Dynamic-Leadership/Families-First/Financial Fitness/STOP the Violence or Student Body projects

Teach and Train
- Teach Relationship Skills activities to peers or younger students

http://www.dibbleinstitute.org
1-800-695-7975