

# Healthy Relationship News – February 2019

## NEWS YOU CAN USE

- [Having A Teen ‘Bestie’ Can Predict Satisfaction in Adult Romantic Relationships](#)
- [We’re Teaching Consent All Wrong](#)

## TOOLS YOU CAN USE

- [Dating Matters®](#) – free, online course for teachers

## SECOND WEDNESDAY WEBINAR – February 13, 2019

[The Power of  
Relationship Education  
for Student Success](#)

## FUNDING STREAMS

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## NEWS YOU CAN USE



### [Having a Teen ‘Bestie’ Can Predict Satisfaction in Adult Romantic Relationships](#)

A nearly two-decade [study](#) from the University of Virginia has found that adolescents who had healthy same-gender relationships can look forward to satisfying romantic relationships in adulthood. Joseph Allen, a UVA professor of psychology and lead investigator of the study, said he and his team set out to learn what in adolescence would predict adults’ romantic satisfaction by their late 20s, when romantic life starts to stabilize. It turns out that things like physical attractiveness or the amount of romantic or sexual experience as a teen did not predict future romantic fulfillment.

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### **EDUCATION WEEK** [We’re Teaching Consent All Wrong](#)

In education, we try to play the long game. We lay the foundations for college math in middle school and job skills in kindergarten. But when it comes to teaching kids about consent, we do way too little, way too late. And evidence suggests that what we are doing doesn’t give students the skills they need to navigate adulthood.

*(Ed. Note – The latest versions of both [Love Notes](#) and [Relationship Smarts PLUS](#) contain new content on consent. Important topic and skills!)*

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## TOOLS YOU CAN USE



### [DATING MATTERS – Understanding Teen Dating Violence Prevention](#)

[Dating Matters®](#) is a free, online course available to educators, school personnel, youth mentors, and others dedicated to improving teen health. Follow a school administrator throughout his day as he highlights what teen dating violence is and how to prevent it through graphic novel scenarios, interactive exercises, and information gathered from leading experts.

[\(Ed. Note: Dibble's program, Relationship Smarts PLUS, is included in the Dating Matters resource list as a school-based Evidence-Based Curricula to Prevent Teen Dating Violence.\)](#)

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## SECOND WEDNESDAY WEBINAR

February 13



### The Power of Relationship Education for Student Success

**About the webinar:** Marline Pearson, author of Love Notes and Relationship Smarts PLUS, will make the case why a 4<sup>th</sup> R is needed for increasing student success. Learn why relationship education must be a central tool to help young people reach their school, work, and family goals by increasing their agency over their love lives. She will cover recent research and share evidence-based solutions to the pressing problems that face today's youth.

**Presenter:** **Marline E. Pearson, M.A.**, Author, Love Notes and Relationship Smarts PLUS.

**Who should attend:** Healthy marriage and healthy relationship organization grantees, staff, evaluators, policy makers; teen pregnancy and dating violence prevention practitioners, Extension professionals, health educators, family stabilization staff, anyone with interest in youth and relationship education.

**When:** Wednesday, February 13, 2019, 4:00 pm Eastern/1:00 pm Pacific Time

**Duration:** 60 minutes

**Cost:** Free!

[REGISTER NOW](#)

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## FUNDING STREAMS

### GRANT FORECASTS

*(Editor's Note: Dibble programs are currently used by a large number of grantees using the following three funding streams. If you would like a complimentary 30 day online review a copy of one of our programs as you make your plans, please [let us know!](#))*

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[Replicating Programs Effective in the Promotion of Healthy Adolescence and the Reduction of Teenage Pregnancy and Associated Risk Behaviors – Phase I](#)



This Funding Opportunity Announcement will provide funding to replicate programs that have been proven through rigorous evaluation to reduce teenage pregnancy, behavioral risk factors underlying teenage pregnancy, or other associated risk factors. The overall goal is to promote healthy adolescence and to address youth sexual risk holistically to result in healthy decision-making and future thriving by enhancing protective factors and preventing teen pregnancy. (**Estimated Posting Date:**

**December 28, 2018)**

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### **[Title V Competitive Sexual Risk Avoidance Education \(CSRAE\)](#)**

*(Only organizations in Alaska, California, Connecticut, Delaware, Hawaii, Kansas, Maine, New Hampshire, North Dakota, Rhode Island, Vermont, Washington, Wyoming, American Samoa, District of Columbia, Guam, Marshall Islands, Northern Mariana Islands, Palau, and Virgin Island are eligible to apply.)*

The purpose of the CSRAE is to fund projects to implement sexual risk avoidance education that teaches participants how to voluntarily refrain from non-marital sexual activity. The goals of CSRAE are to empower participants to make healthy decisions, and provide tools and resources to prevent pregnancy, sexually transmitted infections (STIs), and youth engagement in other risky behaviors. (**Estimated posting date: February 22, 2019)**

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*Mental Health Grants in Metropolitan NY and Philadelphia.*



### **[Sexual Risk Avoidance Education Program](#)**

The purpose of the SRAE Program is to fund projects to implement sexual risk avoidance education that teaches participants how to voluntarily refrain from non-marital sexual activity. The services are targeted to participants that reside in areas with high rates of teen births and/or are at greatest risk of contracting sexually transmitted infections (STIs). The goals of SRAE are to empower participants to make healthy decisions, and provide tools and resources to prevent pregnancy, STIs, and youth engagement in other risky behaviors. (**Estimated posting date: March 4, 2019)**

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*Grants Provide Training Opportunities for Organizations on the East Coast*



### **[TD Charitable Foundation: Non-Profit Training Resource Fund](#)**

The Non-Profit Training Resource Fund, an initiative of the TD Charitable Foundation, provides grants to charitable organizations for employees to attend approved classes and courses that will enhance job performance. Grants of up to \$1,000 will be awarded to organizations within the TD Bank market area on the East Coast that focus on affordable housing, economic development, financial literacy, or **after-school and extracurricular programming**. Applications will be accepted on a rolling basis in 2019 and will be reviewed monthly. Visit the TD Bank's website to review the application guidelines.

*(Ed. Note: Call us at 800-695-7975 for our latest training dates.)*

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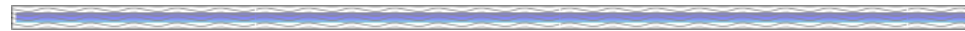
*Grants Strengthen Opportunities in Arkansas, Louisiana, and Mississippi*

### **[Foundation for the Mid-South](#)**



The Foundation for the Mid-South was established to bring together the public and private sectors and focus their resources on increasing social and economic opportunity in Arkansas, Louisiana, and Mississippi. The Foundation supports efforts that expand knowledge and improve lives through the following priority areas: The goal of the Communities category is to build the skills and knowledge of communities to transform themselves. **The goal of the Education category is to improve high school graduation rates, college preparedness, and life outcomes of students.** The goal of the Health category is to improve individual and community health outcomes in chronic disease, mental health, and access to care. The goal of the Wealth Building category is to support programs and information to enable residents to manage their finances effectively and grow their wealth. Initial grant inquiries may be submitted at any time through the Share Your Ideas form. Visit the Foundation's website to learn more about the funding priorities.

*(Ed. Note: Graduation rates, college preparedness, and life outcomes can all be positively impacted through relationship education.)*



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