



## Discuss...



### Opening/The Accident (Scene 1)

- ♥ What do you think a “frozen heart worth mining” is?
- ♥ The troll says that, “the heart is not so easily changed.” Why and how is changing so difficult?
- ♥ How does the common phrase, “With great power come great responsibility” relate to what the troll said to Elsa about learning to control her powers? How does it relate to our abilities and talents?

### Concealing Her Powers (Scene 2)

- ♥ Elsa’s father tells her, “Conceal it, don’t feel it. Don’t let it show.” How does hiding who we are affect us? Are there times when it’s the right choice to hide our true selves? If so, when? Explain.
- ♥ Elsa’s fear of her powers causes her to withdraw from her parents and her sister. How does withdrawing ourselves hurt others and us?

### Coronation Day (Scene 3)

- ♥ Anna expresses that “for the first time in forever, [she] won’t be alone.” Why can being alone be difficult for anyone?

### Puppy Love (Scene 4)

- ♥ Elsa tells Anna to leave when Anna voices to her that she can’t live closed off from the world anymore. How can statements like this hurt others? If someone said this to you, how would you feel?

### The Search for Elsa (Scene 5)

- ♥ Elsa realizes that if she wants to be free to use her ice powers, she can’t go back to Arendelle. Is there someplace that you retreat to where you can be yourself?

## Discuss...

### The Search for Elsa (Scene 5)

♥ Should we feel free to express all of who we are? Why or Why not? How do you express yourself?

### A Ride (Scene 6)

♥ Kristoff is surprised to learn that Anna got engaged to someone she had met that same day. Why is it important to get to know someone before we put our trust in him or her? Do you ever actually “know” someone? Explain.

♥ Kristoff tells Anna that he “doesn’t trust her judgment.” How do the choices we make influence how others perceive us?

### Finding Elsa (Scene 8)

♥ Anna tells Kristoff that, “no one wants to be alone.” Do you agree with her? Why or why not?

♥ Elsa never knew what she was capable of. What experiences have you had that have helped you realize your potential?

♥ Elsa wanted to stay up in the mountains so that she could “be free” to be who she was and “not hurt anybody.” Why do we think that being our true selves will hurt others? Have you ever been hurt by someone who was just being themselves? Have you ever hurt someone for just being yourself? Why do you think that happened?

### Snow Monster (Scene 9)

♥ Olaf says, “Hang in there guys!” When we are facing our “monsters,” why is it important to “hang in there?”

♥ Kristoff lifts Anna out of the snow because she was stuck and couldn’t get out by herself. Why is it important to allow others to help us get unstuck?

♥ Anna realizes that her plan to talk to Elsa didn’t fix the situation. What should we do when plans do not work out? How do we adjust and become more resilient?

### Family (Scene 10)

♥ After discovering that Kristoff’s family are “rocks,” Olaf says, “Anna, because I love you, I insist you run.” When Anna doesn’t run, he asks, somewhat frustrated, “Why aren’t you running?” Family and friends will often warn us to get out of bad situations because they care. Sometimes we listen, and sometimes we don’t. Why don’t we listen at times?

### Discovered (Scene 11)

♥ When Elsa looks out the window and sees the blizzard she has created she says, “Oh no, what have I done?” Why do we sometimes not see the consequences of our actions until the situation has become really bad?

### Betrayal (Scene 12)

♥ After discovering that Anna’s heart had been frozen by Elsa, Hans reminded Anna that she had said that Elsa would never hurt her. Anna admits that she was wrong. Why do those we care about hurt us at times? Does their hurtful act imply that they love us any less? Why or why not? How can we forgive those who have hurt us?

### Open Gates (Scene 15)

♥ Elsa found that love was the key to controlling her powers when Anna melts. How does love influence what we do?

