<table>
<thead>
<tr>
<th>HECAT</th>
<th>Relationship Smarts PLUS SRA (ages 12-18)</th>
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| Healthy Behavior Outcomes (HBO) | Establish and maintain healthy relationships. | Lesson 1: Who Am I and Where Am I Going?  
Lesson 2: Maturity Issues and What I Value  
Lesson 3: Attractions and Infatuation  
Lesson 4: Principles of Smart Relationships  
Lesson 5: Is It a Healthy Relationship?  
Lesson 6: Breaking Up and Dating Violence  
Lesson 7: Decide, Don't Slide!  
Lesson 8: Communication and Healthy Relationships  
Lesson 9: Communication Challenges and More Skills – Section 4: Taking Care of Relationships  
Lesson 10: Sexual Decision-Making – Section 1: Sex and Sliding; Section 2: The Six Parts of Intimacy; Section 5: Know Your Personal Line  
Lesson 11: Pregnancy, STIs and HIV – Section 4: Pressure Situations and Assertiveness Skills  
Lesson 12: Unplanned Pregnancy Through the Eyes of a Child  
Lesson 13: Teens, Technology and Social Media |
| | Be sexually abstinent. | Lesson 10: Sexual Decision-Making  
Lesson 11: Pregnancy, STIs and HIV  
Lesson 12: Unplanned Pregnancy Through the Eyes of a Child |
| | Engage in behaviors that prevent or reduce sexually transmitted disease (STD), including HIV infection. | Lesson 1: Who Am I and Where Am I Going? – Section 3: Being Yourself: Dealing with Pressure Situations  
Lesson 2: Maturity Issues and What I Value  
Lesson 5: Is It a Healthy Relationship? – Section 2: Unmet Needs and Unhealthy Relationships  
Lesson 7: Decide, Don't Slide!  
Lesson 10: Sexual Decision-Making  
Lesson 11: Pregnancy, STIs and HIV |
| | Engage in behaviors that prevent or reduce unintended pregnancy. | Lesson 1: Who Am I and Where Am I Going? – Section 3: Being Yourself: Dealing with Pressure Situations  
Lesson 2: Maturity Issues and What I Value  
Lesson 3: Attractions and Infatuation – Section 3: The Chemistry of Attraction  
Lesson 5: Is It a Healthy Relationship? – Section 2: Unmet Needs and Unhealthy Relationships  
Lesson 7: Decide, Don't Slide!  
Lesson 10: Sexual Decision-Making |
| **Lesson 11: Pregnancy, STIs and HIV** | **Lesson 2:** Maturity Issues and What I Value
**Lesson 4:** Principles of Smart Relationships
**Lesson 6:** Breaking Up and Dating Violence
**Lesson 8:** Communication and Healthy Relationships – Section 2: Patterns that Harm Relationships
**Lesson 10:** Sexual Decision-Making – Section 4: Risky situations for Sex, Section 5: Know Your Personal Line
**Lesson 11:** Pregnancy, STIs and HIV – Section 3: Alcohol and Drugs—Increasing the Risks; Section 4: Pressure Situations and Assertiveness Skills |
| **Lesson 2:** Maturity Issues and What I Value
**Lesson 4:** Principles of Smart Relationships
**Lesson 5:** Is It a Healthy Relationship? – Section 2: Unmet Needs ad Unhealthy Relationships
**Lesson 6:** Breaking Up and Dating Violence
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**Lesson 9:** Communication Challenges and More Skills
**Lesson 13:** Teens, Technology and Social Media |
| **Lesson 6:** Breaking Up and Dating Violence – Section 4: Sexual Assault
**Lesson 11:** Pregnancy, STIs and HIV |