TIP SHEET

How Workbooks Build Student Success

Here are six ways your students (and you!) will benefit from using Dibble student workbooks.

1) Workbooks are entirely personal – unlike spelling or math workbooks, they become the young person’s journal of hopes, goals, and plans for their lives.

2) They include many relationship tips and lists for the young person to consult.

3) They allow the student to acquire additional relationship concepts that an instructor may not be able to cover.

4) They can help students understand relationship concepts by using multiple learning modalities of reading, listening, writing, drawing, and speaking.

5) They let instructors gauge students’ level of engagement without compromising confidentiality.

6) They help reduce teacher prep time and increase program fidelity.

Tips for new ways to use Dibble workbooks:

✓ Instead of working individually, ask students to form small groups to complete some pages. Group members record the discussion and reach consensus as a way of developing the skills of listening, reflecting, and expressing.

✓ Ask students to make an oral presentation of a workbook page.

✓ Put the workbook page questions on the board or a PowerPoint for large group discussion.

✓ Ask students to draw their answers to some questions.

✓ In one-on-one visitation programs, use the workbooks to introduce concepts healthy relationship concepts and foster discussion.

✓ Ask students to use the “tips” pages to make posters to hang in the classroom or school.

✓ Ask students to “teach” a workbook page to younger students for a service learning opportunity.

✓ Use workbook pages to engage and educate adults outside of class. Workbook pages can be used as conversation starters with parents, mentors, and other adults. They are a great way to strengthen communication while building support and understanding.