

New Relationship Ed Research/Preventable Problems/Self-Regulation



January 2018

THE LATEST

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- [When a Teen Hangs with the Wrong Crowd](#)
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NEWS YOU CAN USE

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SECOND WEDNESDAY WEBINAR - January 10, 2018

[The Success Sequence:
Marriage, Kids, and the 'Success Sequence' Among Young Adults](#)

FUNDING STREAMS



THE LATEST

 UNIVERSITY OF GEORGIA *New study on Relationship Smarts PLUS*

[Factors Associated with Romantic Relationship Self-Efficacy Following Youth-Focused Relationship Education](#)

Objective: Youth-focused relationship education has been shown to promote attitudes and behaviors that foster healthy romantic relationships. Yet little is known about the factors associated with variations in these program outcomes.

Conclusion: Variability exists in how relationship and marriage education programs are implemented in uncontrolled real-world settings. Our findings suggest that program outcomes may also vary on the basis of certain youth and program characteristics.

Northwestern [Teen Girls 'Bombarded and Confused' by Sexting Request](#)

Adolescent women feel intense pressure to send sexual images to men, but they lack the tools to cope with their concerns and the potential consequences, according to new Northwestern University [research](#) published in the journal Sexuality Research and Social Policy. Sexting, or sending nude or semi-nude sexually suggestive images or messages to others, is a reality for an estimated 15 to 25 percent of teens growing up in the digital age. Though some research points to sexting as a potentially low-risk way to explore sexuality, it also is associated with increased risk of ostracism, depression and suicide.

[When a Teen Hangs with the Wrong Crowd](#)

Friends play an important role in a teen's life. While not being socially connected can leave a teen more prone to isolation and depression, having good friends can boost self-esteem and improve communication skills; and some of those friendships can last a lifetime. On the flip side, having bad friends can lead to risky decision-making, bad behaviors and poor academic performance. So, basically, having no friends sucks and having bad friends can screw things up, but having good friends rocks. However, finding good friends can be hard for teens who struggle socially, and falling into the wrong crowd is easy.

[The Preventable Problem That Schools Ignore](#)

Educators are ill-equipped to help victims of dating violence.

Nearly [1.5 million](#) high-school students in the U.S. are physically abused by dating partners every year. More than one-third of [10th-graders](#) (35 percent) have been physically or verbally abused by dating partners, while a similar percentage are perpetrators of such abuse. Youth from [low-income](#) backgrounds, those from marginalized [racial and ethnic](#) groups, and [LGBTQ](#) students are at the greatest risk of experiencing such harm.

The consequences are devastating. Adolescents who experienced teen dating violence were more likely than those who didn't to report being bullied on school grounds and missing school due to feeling unsafe. Victims of dating abuse are also [more likely](#) to experience depression and anxiety, and to consider suicide, than their non-abused peers. All of this negatively affects academic achievement.

[Father's Rejection Can Lead to Teen Anxiety](#)

Studies have shown that adolescents with thriving social lives tend to be more psychologically healthy, while those that struggle with social anxiety and forming good friendships tend to perform worse academically and suffer from more [depressive](#) symptoms.

In a new [study](#), investigators discovered rejection from fathers during adolescence may lead to increases in social anxiety and loneliness among teens. The researchers said that social anxiety is one possible threat to adolescents' social development.

NEWS YOU CAN USE



[Promoting Self-Regulation in Adolescents and Young Adults: A Practice Brief from the Office of Planning, Research, and Evaluation](#)

Self-regulation has become recognized for its foundational role in promoting wellbeing across the lifespan, including physical, emotional, social and economic health and educational achievement.

Self-regulation can be defined as the act of managing thoughts and feelings to enable goal-directed actions, including a variety of actions necessary for success in school, relationships, and the workplace. Supporting self-regulation development in youth is an investment in society, as stronger self-regulation predicts higher income, better financial planning, fewer risk behaviors like substance use and violence, and decreased health costs.



[Parental Involvement in Relationship Education Affect Children's Social Skills](#)

The ultimate goal of relationship education (RE) is to improve children's lives by focusing on parental individual or couple relationship skills. This study found that mothers' participation in a RE program improved their co-parenting skills which in turn led to better social skills for their children at school.

SECOND WEDNESDAY WEBINAR

January 10



The Success Sequence:

Marriage, Kids, and the 'Success Sequence' Among Young Adults

A record 55 percent of millennial parents (ages 28-34) have put childbearing before marriage, according to a new analysis of Bureau of Labor Statistic's Panel data by the American Enterprise Institute and the Institute for Family Studies. The rise of nontraditional routes into

New research by Dr. Wilcox and others shows that the success sequence works even for young adults today. In fact, 86 percent of millennials who follow the sequence have now moved into the middle class and only 3 percent of millennials who follow the sequence are poor today.

Given the importance of education, work, and marriage — even for a generation that has taken increasingly circuitous routes into adulthood — Wilcox challenges policymakers, business leaders, and civic leaders to advance public policies and cultural changes to make his sequence both more attainable and more valued.

For further information, [click here](#). To register, [click here](#).

Presenter: W. Bradford Wilcox, Ph.D. — Director, National Marriage Project

Who Should Attend: Healthy marriage and relationship professionals, policymakers, business leaders, and civic leaders, middle and high school health and Family and Consumer Sciences teachers, counselors, college student affairs personnel, parents, and anyone who works with and cares about young people.

When: Wednesday, **January 10, 2018**, 4:00 pm Eastern/1:00 pm Pacific

Duration: 60 minutes

Cost: Free!

[REGISTER NOW](#)

FUNDING STREAMS

We curate this list of grants with the goal of increasing the numbers of youth who benefit from participating in a Dibble program. Please contact us about ways we can work with you to strengthen your application.

Program Supports Victims of Violence



[Department of Justice](#)

The Grants for Outreach and Services to Underserved Populations Program provides support to develop and implement outreach strategies targeted at, and providing victim services to, adult and youth victims of domestic violence, dating violence, sexual assault, or stalking in underserved populations. The **application deadline is January 26, 2018**.



[Personal Responsibility Education Program \(PREP\) Competitive Grants](#)

Applications will be accepted from local organizations and entities, including faith-based organizations or consortia, for the development and implementation of the Personal Responsibility Education Program (PREP) in Florida, Indiana, Kansas, North Dakota, Texas, Virginia, American Samoa, and the Marshall Islands. The purpose of this program is to fund projects that educate youth on abstinence and contraception for the prevention of pregnancy, sexually transmitted infections, and HIV/AIDS, and incorporate at least three of the six adulthood preparation subjects. The adulthood preparation subjects are: healthy relationships, adolescent development, financial literacy, parent-child communication, educational and career success, and healthy life skills. This program targets services to high-risk, vulnerable and culturally underrepresented youth populations between the ages of 10 and 19, and pregnant and parenting youth under age 21.

(Ed. Note: Check out the [Dibble toolkit](#) for PREP applicants!)

Conflict Resolution Initiatives for Youth Funded



[JAMS Foundation/ACR Initiative for Students and Youth](#)

The JAMS Foundation/ACR Initiative for Students and Youth provides grants for conflict prevention and dispute resolution programs for K-12 students and for adults working with youth populations in ways that directly transfer Conflict Resolution Education (CRE) skills from adults to youth. The emphasis for 2018 is on programs that advance the development, implementation, or assessment of conflict prevention and resolution strategies to serve youth in families whose integrity is jeopardized by changes in social environment that can lead to gang involvement. The possible contexts for projects include community organizations, alternative education, online education, charter schools, after-school programs, juvenile justice facilities, etc. (Traditional K-12 schools may be considered; however, they are not a priority.) **Initial project idea descriptions must be submitted by February 14, 2018; invited full proposals will be due June 26, 2018.** Visit the ACR website to download the application information.

Evaluation of primary prevention strategies, programs or policies



[Research Grants for Preventing Violence and Violence Related Injury](#)

primary prevention strategies, programs, and policies to address specific gaps in the prevention of teen dating violence, intimate partner violence, sexual violence, and youth violence. This initiative is intended to support the evaluation of **primary prevention strategies, programs** or policies that target universal or selected high-risk populations (i.e., populations that have one or more risk factors that place them at heightened risk for perpetration of violence). Funds are available to conduct such studies focused on preventing the perpetration of youth violence and/or teen dating/intimate partner/sexual violence as detailed elsewhere in this announcement.

Funds for Rural Programs in Idaho and Montana

 THE STEELE-REESE FOUNDATION [The Steele-Reese Foundation: Idaho and Montana Grant Program](#)

The Steele-Reese Foundation is dedicated to addressing the unique challenges of rural living and to helping people build healthy, successful, and sustainable communities. For the 2018 Idaho and Montana Grant Program, the Foundation will be strengthening its focus on those programs operating in the more rural parts of the two states. Nonprofit organizations serving rural regions in the areas of education, health, human services, arts and humanities, and environmental conservation and historic preservation are eligible to apply. **Online letters of inquiry must be submitted by January 10, 2018; invited full applications will be due April 2, 2018.** (The Foundation also supports organizations serving Appalachian Kentucky through a separate funding cycle.) Visit the Foundation's website to learn more about the application guidelines for the Idaho and Montana Grant Program.

Grants Strengthen Direct Services for Hawaiians



[Friends of Hawaii Charities](#)

Friends of Hawaii Charities provides support to nonprofit organizations and public agencies that benefit women, children, youth, the elderly, and the needy in Hawaii. Grants focus on the following areas: arts and education, healthcare and basic needs, and social services, such as family abuse programs, drug and job rehabilitation, elderly services, and programs for the terminally ill. Priority is given to direct services that make a significant difference in Hawaiian communities. **Grant applications must be submitted by January 31, 2018.** Visit the Friends of Hawaii Charities website to download the 2018 application materials.

Support for Communities Served by CSX



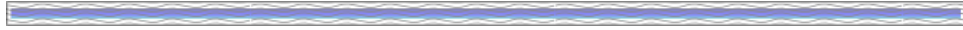
[CSX Community Investment Program](#)

The CSX Community Investment Program supports nonprofit organizations that serve the communities where the company is located, primarily in the Eastern, Southern, and Upper Midwest areas of the United States. The program provides assistance to nonprofit organizations that address one of the following categories: Safety, with a focus on railway, public, and personal safety; Environment, with

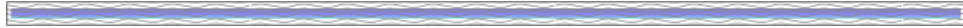
kind transportation services are provided. **Online applications may be submitted from January 1 through December 15 of each year.** Visit the CSX website to download the Giving Guidelines.



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