



## Healthy Relationship News - June 2017

### DIBBLE NEWS

- [Mind Matters - A Toolkit for Empowerment!](#)
- [Two Dibble Trainings in Denver](#)

### THE LATEST

- [“The Talk” from Harvard](#)
- [What Triggers Teens to Drop Out?](#)
- [Too Many Repeat Births](#)

### NEWS YOU CAN USE

- [Youth Sexuality and Health Online](#)
- [Study of Sisters Shows Impacts of Dads](#)
- [K-12 Sexual Assault Reporting](#)

### TOOLS YOU CAN USE

- [The Dating Project](#)

### SECOND WEDNESDAY WEBINAR - June 14, 2017

Introducing **Mind Matters: A New Curriculum for Overcoming Adverse Experiences and Building Resilience**

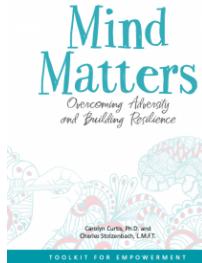
### FUNDING STREAMS



### DIBBLE NEWS

*Announcing our newest curriculum!*

[Mind Matters: Overcoming Adversity and Building Resilience](#)

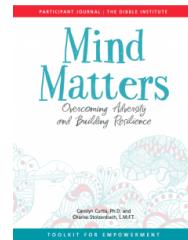
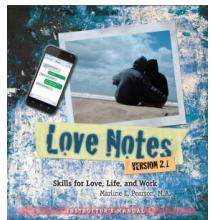


more fully participate in other skill-building classes.

In 12 one-hour lessons that can be delivered in shorter blocks by para-professionals, the course helps students cultivate simple practices that can heal their brains, their health, and their lives.

To learn more, [register](#) for the Mind Matters webinar with Carolyn Curtis, Ph.D., program developer, on Wednesday, June 14.

Or [pre-order](#) the Program Kit by June 30 to save 20%.



## Love Notes - Mind Matters Trainings – July 25-26-27 – Denver, CO

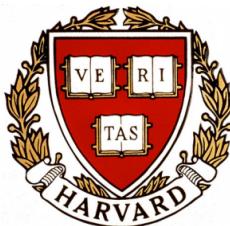
2-day [Love Notes](#) (classic version) and [Mind Matters](#) trainings are coming to **Denver, Colorado** on **July 25-26-27, 2017** prior to the [National Association of Relationship and Marriage Educators](#) (NARME) conference!

Registration for a 2-day training is usually \$425 but for NARME we have a **special conference rate of only \$390.00**. All participants must have a copy of Love Notes 2.1 or Mind Matters for the training.

Click [here](#) for registration details. If you are unable to attend the NARME conference, you may still attend the Dibble trainings.

**\*\* Special offer for Love Notes Trainees!** You may also attend the Mind Matters training on July 27th for \$205 with the developer, Carolyn Curtis. Simply add the one-day Mind Matters training when you register. Two great programs in only three days!.

## THE LATEST



### The Talk

#### *How Adults Can Promote Young People's Healthy Relationships and Prevent Misogyny and Sexual Harassment*

Many adults—especially parents—often fret about youth and the "hook-up culture." But research suggests that far fewer young people are "hooking up" than we are commonly led to believe. This focus on the hook-up culture also obscures two much bigger issues that many young people appear to be struggling with: forming and maintaining healthy romantic relationships and dealing with widespread misogyny and sexual harassment.

Harvard University, Graduation School of Education's project - Making Caring Common's has released a new report, *The Talk: How Adults Can Promote Young People's Healthy Relationships and Prevent Misogyny and Sexual Harassment*, which explores these issues and offers insights into how adults can begin to have meaningful and constructive conversations about them with the young people in their lives.

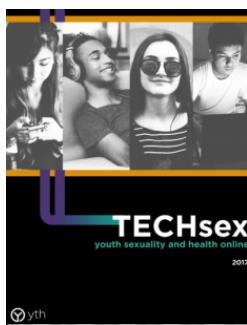
What pushes a teenager to suddenly drop out of high school? The answer: any number of very stressful "trigger" events that occur in their final few months in class, researchers at Université de Montréal's Public Health Research Institute have found. In fact, adolescents exposed to severe stressors are more than twice as likely to drop out in the following few months compared to similar schoolmates who are not exposed. The stressors are not always school-related. In fact, most occur away from school and can involve family members (**divorcing parents**, for example), conflicts with peers, work issues (being laid off), health issues (a car accident) and legal issues.



## [CDC: United States still faces too many repeat teen births](#)

Although rates of repeat births among teens are on the decline, tens of thousands of American teens are still getting pregnant for a second time, according to research published in the April 28 issue of the U.S. Centers for Disease Control and Prevention's Morbidity and Mortality Weekly Report.

## NEWS YOU CAN USE



### [TECHsex Youth Sexuality and Health Online](#)

Youth are forming romantic relationships online and using dating apps more than ever. About 34% of respondents in this 2017 report said that they use dating sites or have in the past. The most popular dating platforms were Tinder, OkCupid, and Match. Youth reported that they use dating sites to make friends online, go on dates, flirt with people, or "hook up with someone." This use of online dating has implications for health interventions; some current sexual health education programs on dating apps show initial promise



### [Study of sisters helps explain dad's influence on risky sexual behavior](#)

What is it about a father that affects his teenage daughter's likelihood of engaging in risky sexual behavior? Researchers have long shown links between father involvement and daughters' sexual behavior, with the standard explanation attributing that influence to shared genes that impact both a father's behavior and relationships and his child's problem behavior.

"It's not enough for a dad to just be in the home," said Danielle J. DelPriore, a post-doctoral fellow in the University of Utah's department of psychology and lead author of the study. "The quality of a father's relationship with his daughter has implications for both the overall monitoring she receives from her parents as well as her likelihood of affiliating with more promiscuous or more prosocial friends."

### [Student sex assault reports and how they vary by state](#)

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incomplete, The Associated Press found.

Some states required school districts to log any student sexual assault on school property or at school-sponsored events, but others required reporting of only those assaults resulting in certain types of student discipline.

## TOOLS YOU CAN USE



### [\*\*The Dating Project Movie - movie takes on hook-up culture.\*\*](#)

Catholic production company Paulist Productions will release in Fall 2017 "The Dating Project," a documentary that follows five single people as they navigate the changing dating scene in America. The singles featured in the film include two college students, two career women (one just beginning in her career and the other in her 30s) and a man in his 40s. The film is directed by Jonathan Cipiti (visual effects supervisor for "The Drop Box" and "Irreplaceable"), and attempts to show a wide spectrum of ages and experiences single people have today in the dating world.

## SECOND WEDNESDAY WEBINAR

**June 14**



**Introducing  
Mind Matters**

[\*\*A New Curriculum for Overcoming Adverse Experiences and Building Resilience\*\*](#)

**About the webinar:** Young people who have experienced trauma and toxic stress often have difficulty regulating their emotional responses when facing challenges in school, life, and relationships.

The Dibble Institute is pleased to introduce [\*\*Mind Matters\*\*](#), a new curriculum to help young people begin to say, "I am not a victim of what happened to me."

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of healing as they cultivate deeper resilience.

**Presenter:** Carolyn Curtis, Ph.D. — Developer of Mind Matters Licensed Marriage and Family Therapist Founder of the Relationship Skills Center in Sacramento, CA.

**Who should attend:** Anyone who is working with youth who have been traumatized and wanting to utilize a trauma informed approach. Relationship, marriage, and fatherhood grantees, runaway and homeless youth workers, pregnancy prevention staff, Extension agents, Community Action Agency staff, social workers, foster families, Head Start managers, caseworkers, juvenile justice staff, and all who work with risk-immersed youth.

**When:** Wednesday, June 14, 2017, 4:00 pm Eastern/1:00 pm Pacific

**Duration:** 60 minutes

**Cost:** Free!

[REGISTER NOW](#)

## FUNDING STREAMS



### [Transitional Living Program \(TLP\) and Maternity Group Homes \(MGH\)](#)

Family and Youth Services Bureau's (FYSB) Runaway and Homeless Youth (RHY) program is accepting applications for the Transitional Living Program (TLP) and Maternal and Group Homes (MGH) grants to **implement, enhance, and/or support promising intervention strategies** for the effective transition of homeless youth (for the purposes of MGH projects, homeless youth and their dependent children to sustainable living. Both projects must provide safe, stable, and appropriate shelter for up to 21 months and comprehensive services that supports the transition of homeless youth to stable living.



Family and Youth Services Bureau's (FYSB) Runaway and Homeless Youth (RHY) program is accepting applications for the Basic Center Program (BCP). The purpose of the BCP is to provide temporary shelter and counseling services to youth who have left home without permission of their parents or guardians, have been forced to leave home, or other homeless youth who might otherwise end up in the law enforcement or in the child welfare, mental health, or juvenile justice systems.

(Ed. Note: Interested in utilizing a Dibble program in either of these grants? Check out our [Dibble Applicant Toolkit](#).)

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## **STOP funds to prevent, reduce, and respond to domestic violence, sexual assault, dating violence, and stalking.**

States may apply for the STOP Formula Grant Program, which, among other priorities, can be used to **develop, enhance, or strengthen prevention and educational programming** to address sexual assault, domestic violence, dating violence, or stalking. (Up to 5 percent of the amount allocated to a state to may be used for this purpose.)



Allstate Foundation

## **Competition Recognizes Organizations Tackling Domestic Violence**

### **Allstate Foundation: Purple Purse Challenge**

The Allstate Foundation is inviting U.S. nonprofit organizations that address domestic violence to join the annual Purple Purse Challenge. This competition gives nonprofits that offer financial empowerment services to domestic violence survivors a chance to compete for a total of \$700,000 in incentive funding. The deadline to apply to be a Community Partner is August 1, 2017. (Organizations are encouraged to apply early to take advantage of training and support leading up to the competition in October.) Visit the Foundation's website to learn more about the Challenge.



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