<table>
<thead>
<tr>
<th>A-F Criteria</th>
<th>Love Notes SRA</th>
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| **A** The holistic individual and societal benefits associated with personal responsibility, self-regulation, goal setting, healthy decision-making, and a focus on the future. | **Personal Responsibility**  
Lesson 2 - Knowing Yourself  
• 2.1 - Good Relationships Start with You  
Lesson 12 - Pregnancy, STIs and HIV  
• 12.5 - My Personal Plan  

**Self-Regulation**  
Lesson 9 - What’s Communication Got to Do With It?  
• 9.2 - Angry Brains and the Power of Time Outs  
• 9.3 - The Speaker Listener Technique—When Talking Is Difficult  
Lesson 11 - Let’s Talk About Sex  
• 11.6 - Set Your Personal Line  

**Goal-Setting**  
Lesson 1 - Relationships Today  
• 1.2 - Defining a Vision  
Lesson 3 - My Expectations—My Future  
• 3.3 - Myself—My Future  
Lesson 8 - Decide, Don’t Slide! The Low-Risk Approach to Relationships  
• 8.4 - The Success Sequence  

**Healthy Decision-making**  
Lesson 8 - Decide, Don’t Slide! The Low-Risk Approach to Relationships  
• 8.1 - The High Costs of Sliding  
• 8.3 - The Low-Risk Deciding Approach  

**Focus on the Future**  
Lesson 7 - Dangerous Love  
• 7.4 - Dangerous Love: Impact on Children  
Lesson 8 - Decide, Don’t Slide!  
• 8.4 - The Success Sequence  
Lesson 13 - Through the Eyes of a Child  
• 13.1 Child Looking for a Family |
| **B** The advantage of refraining from non-marital sexual activity in order to improve the future prospects and physical and emotional health of youth. | **Lesson 11 - Let’s Talk About Sex**  
• 11.2 - The Six Parts of Intimacy  
• 11.3 - Understanding Sexual Regrets  
Lesson 12 - Pregnancy, STIs and HIV  
• 12.2 - STIs and HIV Are for Real |
| **C** The increased likelihood of avoiding poverty when youth attain self-sufficiency and emotional maturity before engaging in sexual activity. | **Lesson 8 - Decide, Don’t Slide! The Low-Risk Approach to Relationships**  
• 8.2 - The Success Sequence  
Lesson 13 - Through the Eyes of a Child  
• 13.5 - Planning for Success |
| **D** The foundational components of healthy relationships and their impact on the formation of healthy marriages and safe and stable families. | **Lesson 2 - Knowing Yourself**  
• 2.1 - Good Relationships Start with You  
Lesson 3 - My Expectations—My Future  
• 3.2 - The Power of Expectations  
Lesson 5 - Principles of Smart Relationships  
• 5.2 - Seven Principles of Smart Relationships |
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<td>7.5 - Draw the Line of Respect</td>
<td>11.2 - The Six Parts of Intimacy</td>
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**E:** How other youth risk behaviors, such as drug and alcohol usage, increase the risk for teen sex.

**F:** How to resist and avoid, and receive help regarding, sexual coercion and dating violence, recognizing that even with consent teen sex remains a youth risk behavior.