

A-F Criteria	Love Notes SRA
<p>A <i>The holistic individual and societal benefits associated with personal responsibility, self-regulation, goal setting, healthy decision-making, and a focus on the future.</i></p>	<p><b>Personal Responsibility</b>  <b>Lesson 2 - Knowing Yourself</b>  • 2.1 - Good Relationships Start with You  <b>Lesson 12 - Pregnancy, STIs and HIV</b>  • 12.5 - My Personal Plan</p> <p><b>Self-Regulation</b>  <b>Lesson 9 - What's Communication Got to Do With It?</b>  • 9.2 - Angry Brains and the Power of Time Outs  • 9.3 - The Speaker Listener Technique—When Talking Is Difficult  <b>Lesson 11 - Let's Talk About Sex</b>  • 11.6 - Set Your Personal Line</p> <p><b>Goal-Setting</b>  <b>Lesson 1 - Relationships Today</b>  • 1.2 - Defining a Vision  <b>Lesson 3 - My Expectations—My Future</b>  • 3.3 - Myself—My Future  <b>Lesson 8 - Decide, Don't Slide! The Low-Risk Approach to Relationships</b>  • 8.4 - The Success Sequence</p> <p><b>Healthy Decision-making</b>  <b>Lesson 8 - Decide, Don't Slide! The Low-Risk Approach to Relationships</b>  • 8.1 - The High Costs of Sliding  • 8.3 - The Low-Risk Deciding Approach</p> <p><b>Focus on the Future</b>  <b>Lesson 7 - Dangerous Love</b>  • 7.4 - Dangerous Love: Impact on Children  <b>Lesson 8 - Decide, Don't Slide!</b>  • 8.4 - The Success Sequence  <b>Lesson 13 - Through the Eyes of a Child</b>  • 13.1 Child Looking for a Family</p>
<p>B <i>The advantage of refraining from non-marital sexual activity in order to improve the future prospects and physical and emotional health of youth.</i></p>	<p><b>Lesson 11 - Let's Talk About Sex</b>  • 11.2 - The Six Parts of Intimacy  • 11.3 - Understanding Sexual Regrets  <b>Lesson 12 - Pregnancy, STIs and HIV</b>  • 12.2 - STIs and HIV Are for Real</p>
<p>C <i>The increased likelihood of avoiding poverty when youth attain self-sufficiency and emotional maturity before engaging in sexual activity.</i></p>	<p><b>Lesson 8 - Decide, Don't Slide! The Low-Risk Approach to Relationships</b>  • 8.2 - The Success Sequence  <b>Lesson 13 - Through the Eyes of a Child</b>  • 13.5 - Planning for Success</p>
<p>D <i>The foundational components of healthy relationships and their impact on the formation of healthy marriages and safe and stable families.</i></p>	<p><b>Lesson 2 - Knowing Yourself</b>  • 2.1 - Good Relationships Start with You  <b>Lesson 3 - My Expectations—My Future</b>  • 3.2 - The Power of Expectations  <b>Lesson 5 - Principles of Smart Relationships</b>  • 5.2 - Seven Principles of Smart Relationships</p>

	<p><b>Lesson 6 - Is It a Healthy Relationship?</b></p> <ul style="list-style-type: none"> <li>• 6.1 - How Can You Tell?</li> </ul> <p><b>Lesson 7 - Dangerous Love</b></p> <ul style="list-style-type: none"> <li>• 7.1 - Early Warnings and Red Flags</li> <li>• 7.5 - Draw the Line of Respect</li> </ul> <p><b>Lesson 9 - What's Communication Got to Do with It?</b></p> <ul style="list-style-type: none"> <li>• 9.1 - What's Communication Got to Do with It?</li> </ul> <p><b>Lesson 11 - Let's Talk About Sex</b></p> <ul style="list-style-type: none"> <li>• 11.2 - The Six Parts of Intimacy</li> </ul> <p><b>Lesson 13 - Through the Eyes of a Child</b></p> <ul style="list-style-type: none"> <li>• 13.1 - Child Looking for a Family</li> <li>• 13.2 - What About Fathers?</li> </ul>
<p>E</p> <p><i>How other youth risk behaviors, such as drug and alcohol usage, increase the risk for teen sex.</i></p>	<p><b>Lesson 11 - Let's Talk About Sex</b></p> <ul style="list-style-type: none"> <li>• 11.5 - Risky Situations for Sex</li> </ul> <p><b>Lesson 12 - Pregnancy, STIs and HIV</b></p> <ul style="list-style-type: none"> <li>• 12.3 - Alcohol and Drugs—Increasing the Risks</li> </ul>
<p>F</p> <p><i>How to resist and avoid, and receive help regarding, sexual coercion and dating violence, recognizing that even with consent teen sex remains a youth risk behavior.</i></p>	<p><b>Lesson 7 - Dangerous Love</b></p> <ul style="list-style-type: none"> <li>• 7.2 - Violence: Why It Happens, What Helps, Signs of Greatest Danger</li> <li>• 7.3 - Sexual Assault</li> </ul> <p><b>Lesson 12 - Pregnancy, STIs and HIV</b></p> <ul style="list-style-type: none"> <li>• 12.4 - Pressure Situations and Assertiveness Skills</li> </ul>