

Healthy Relationship News – March 2016

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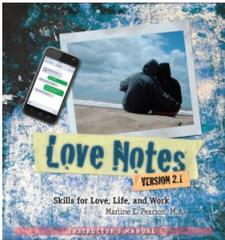
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DIBBLE NEWS

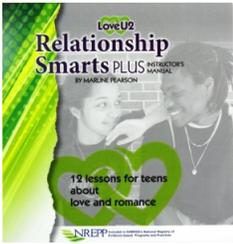


[Love Notes and Relationship Smarts PLUS Trainings in Los Angeles and Columbus](#)

Join us in Los Angeles and Columbus for two-day trainings in our most popular curricula. Especially good for **individuals or small staff teams** who can benefit from a Dibble dynamic, hands-on training.

Dibble training also includes **two hours of complimentary technical assistance** to help with your greatest needs including effective implementation strategies or successful recruitment and retention steps.

[Register now](#) for a hands-on curriculum training to your instructors on the fast track!



THE LATEST

PewResearchCenter [Digital romance: How teen boys and girls differ](#)

Thanks to texting and social media, teens today have many more ways to reach out to a crush than in the analog days of using the family telephone and passing notes in the hallways.

But according to a recent Pew Research Center [report](#), some romantic traditions remain the same. The most common way for teenage boys to ask someone on a date is to ask a girl in person rather than via text message.



thinking together about civil society

[Are We Still Married? Family Structure and Family Policy in the Emerging Age of the Unformed Family](#)

For David Blankenhorn, the fundamental question is “What’s best for families?” because the family as a US social institution is fragile and in crucial ways dysfunctional. An impressive body of research from numerous disciplines and diverse political perspectives suggests that the family is society’s seedbed institution and, therefore, that there is much truth to Margaret Mead’s famous dictum that “as the family goes, so goes the nation.”



[Can You Predict Which Male Teens Will Live With Their Future Kids?](#)

It may be possible to determine how likely it is that male teens will live with their future children, researchers [report](#). Assessing a male teen’s attitudes about risky sex, pregnancy and birth control can do this. The study also found that it was possible to identify young males likely to become teen fathers.

NEWS YOU CAN USE



[Dibble Programs Correlated with New CA Sex Ed Code](#)

“The California Healthy Youth Act”, requires all California school districts to provide comprehensive sexual health education to students in grades 7–12 as of January 2016. It expects that students will learn how to form healthy relationships that are based on mutual respect and affection, and are free from violence, coercion, and intimidation. In addition, the act requires that **students learn the value of and prepares pupils to have and maintain committed relationships, such as marriage.**

[See for yourself](#) how Dibble programs meet many of the requirements of the Healthy Youth Act.



[Romance Statistics a la Garrison Keillor](#)

Fans of A Prairie Home Companion often hear host Garrison Keillor adding new lyrics to old tunes. On Valentine’s Day, he set the key marriage, cohabitation and divorce statistics from the US Census Bureau to music. Listen and learn!

TOOLS YOU CAN USE



[The Raising of America](#)

The Raising of America Series, a five-part documentary, explores the question: Why are so many children in America faring so poorly? What are the consequences for the nation’s future? How might we, as a nation, do better?

The Signature Hour interweaves discoveries from neuroscience with the stories of families and communities struggling to provide the nurturing environments all babies and young children need to thrive—while too often hindered by social conditions that put their children on low developmental paths. **It reveals how stressors on parents can drip down on their infants and young children, literally altering the wiring of their developing brains with enduring effects.** Why are so many children faring so poorly in the richest nation on the planet? How might we do better?

(Ed. Note: A key theory of change in both [Love Notes](#) and [Relationship Smarts PLUS](#) helps young people understand the impact of family stressors including relationship turbulence on outcomes for children thereby motivating change.)

TIPSHEET



[Why Marriage and Relationship Education Matters to Youth](#)

Adolescence is a time for preparing for adult roles. Much of this preparation is through the life experiences that help enhance readiness for greater responsibilities, higher demands for critical decision making, and overall increased independence. One area in which many adolescents need support and guidance is that of navigating romantic relationships. Read more from Jennifer Kerpelman's report.

SECOND WEDNESDAY WEBINAR

March 9



[Effectively Addressing Trauma in Healthy Relationship Education](#)

Childhood trauma impacts growth and success in all areas of a young person's life, including their capacity to form and maintain healthy relationships. How do we most effectively address the needs of traumatized youth in relationship skills programs?

First, everyone in an organization needs to understand trauma, including administrators, supervisors and instructors. Then, we need to provide young people relief from distressing experiences by teaching them effective skills to calm and manage their emotions.

Learn some modest yet proven programmatic changes that will enhance your organization's effectiveness with young people who have experienced adversity in their childhoods.

Presenter: **Carolyn Rich Curtis**, PhD, Licensed Marriage and Family Therapist and Founder of the Relationship Skills Center in Sacramento, CA

Who should attend: All who work with teens and young adults!!

When: Wednesday, March 9, 2016, 4:00 pm Eastern/1:00 pm Pacific

Duration: 60 minutes

Cost: Free!

[REGISTER NOW](#)

FUNDING STREAMS

Support for At-Risk Youth Programs in Oregon and Washington

TELLIGEN COMMUNITY INITIATIVE

[Telligen Community Initiative](#)

The mission of the Telligen Community Initiative (TCI) is to support innovative and forward looking health-related projects aimed at **improving health, social well-being, and educational attainment**. Grants are provided to nonprofit organizations, educational institutions, and government agencies serving communities in Iowa, Illinois, and Oklahoma. TCI's funding priorities include the following: Health Innovation, Health for the Underserved, and Healthcare Workforce Development. **The deadline for applicants in Iowa is February 17, 2016; the deadline for Oklahoma applicants is May 11, 2016; and the Illinois application deadline is September 7, 2016.**

Visit [the TCI website](#) to learn more about the funding priorities and application procedure.



Support for At-Risk Youth Programs in Oregon and Washington

[Silver Family Foundation](#)

The Silver Family Foundation supports nonprofit organizations in Oregon and Washington that work with **at-risk youth**. The Foundation's Transitional Youth Development Grant Program provides grants to organizations that offer in-depth, long-term investments and opportunities for motivated, low-income youth. Priority is given to organizations that work in the areas of mentorship, **high school completion**, college and post-secondary preparation, and experiential education. Letters of inquiry may be submitted throughout the year; invited **proposals are due March 31 and September 30, annually**. Visit the Foundation's website to review the grant guidelines.



Support for Programs Aiding Minnesotan Families and Youth

Minnesota Vikings Children's Fund

The Minnesota Vikings Children's Fund is dedicated to addressing children's health and education throughout the Upper Midwest. The Fund works closely with the University of Minnesota Department of Pediatrics in support of pediatric research and children's health programs. The Fund also supports nonprofit organizations in Minnesota that provide programs in the following areas: The Education and Youth Services category supports organizations involved with drug and alcohol abuse treatment/rehabilitation and education, **child abuse prevention education, at-risk youth**, and mentor programs. **The application deadline is April 8, 2016.** Visit the Minnesota Viking's website to access the Fund's grant guidelines.



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