

## What Teens Learn from Porn/Teen Girls and Sexting/Origin of Heart Symbol



March 2018

### DIBBLE NEWS

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- [Relationship Smarts PLUS Training in the UK!](#)

### THE LATEST

- [Powerless to Say No? Study Looks at Teen Girls and Sexting](#)
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- [Too Much Netflix, Not Enough Chill: Why Young Americans Are Having Less Sex](#)

### NEWS YOU CAN USE

- [The Cost & Consequences of Sexual Violence in California](#)
- [How to Stop Rushing Into Love](#)
- [A Deeper Understanding of Adversity's Effects on Adolescents](#)

### TOOLS YOU CAN USE

- [Why did we forget how to date?](#)
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### SECOND WEDNESDAY WEBINAR - March 14, 2017

#### Working Together:

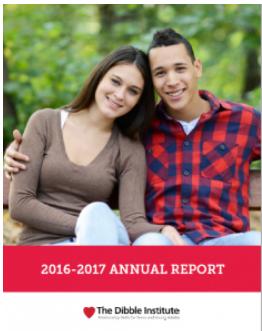
*Developing & Implementing a Sustainable Teen Pregnancy Prevention Program*

### [FUNDING STREAMS](#)



### DIBBLE NEWS

Good News Abounds!



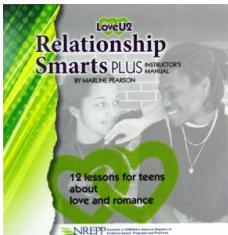
## Take a look at our 2016-2017 Annual Report

Thanks to our many partners and clients, each and every day over 200 young people across the country learn how to navigate their love lives using a Dibble program.

One student recently wrote:

*"This class has taught me what to look for in a guy and respect myself and my needs. It has opened my eyes. My boyfriend even took the class the year before so it's nice to know he understands and went through it too. I will be more sympathetic, caring, and thoughtful and help friends and family whenever I can."*

Boise, ID



## Coming to the UK! Relationship Smarts PLUS Training

Now that sex and relationships education is statutory in all schools, get ahead of the curve with [Relationship Smarts PLUS!](#) Marline Pearson, author, will lead the training.

**Book now –**

2 days training: 3-4 October 2018

**location:** Hertfordshire

**cost:** £650 inclusive of all teaching materials and access to online resources

**how to book:** [info@howtothrive.org](mailto:info@howtothrive.org)

**or call:** 0330 133 0776

**Free orientation webinars for decision-makers and teachers:**

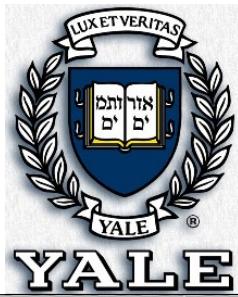
21 March – 4:30 GMT –

[Relationship Smarts PLUS – an in-depth look for teachers](#)

## THE LATEST

### **Northwestern** [Powerless to Say No? Study Looks at Teenage Girls and Sexting](#)

A recent study of teenage girls' responses to young men who asked them for nude digital images highlights the powerlessness some young women today feel when it comes to rebuffing unwanted sexual advances. "Bombarded," "coerced," and "confused" are the terms Sara E. Thomas used to describe the most common experiences reported by teenage girls faced with repeated sexting requests from young men in her study, ["What Should I Do?: Young Women's Reported Dilemmas With Nude Photographs."](#) Thomas, a doctoral student at Northwestern University, [said](#), "Teenage girls know the potential risks and are disinclined to [sext], yet they continue to share the images anyway. They struggle to say no."



## VIDEO: Teens are 'Sexting' Quite Often These Days

But F. Perry Wilson, MD, says the frequency isn't the worrisome part.

### The New York Times [What Teenagers Are Learning From Online Porn](#)

American adolescents watch much more pornography than their parents know — and it's shaping their ideas about pleasure, power and intimacy. Can they be taught to see it more critically?

### POLITICO MAGAZINE [Too Much Netflix, Not Enough Chill: Why Young Americans Are Having Less Sex](#)

Fifty years after the sexual revolution, sex in America is in decline. Americans are having less sex, the share of Americans who say they never once had sex in the past year is rising, and—perhaps most surprising—this revolution in sexual behavior is being led by the young. Although this sexual counter-revolution began before the #MeToo movement arose in response to the sexual abuse, misconduct and insensitivity of men ranging from Harvey Weinstein to Bill O'Reilly, the cultural outrage over men's bad behavior is likely to accelerate this trend.

## NEWS YOU CAN USE

### [The Cost & Consequences of Sexual Violence in California](#)

**CALCASA** Families, friends, partners, neighbors, and co-workers know first-hand the time and resources necessary to recover from sexual violence. However, never before has there been a comprehensive quantitative analysis of both tangible and intangible costs to the state resulting from the utterly preventable crime of rape. The cost of sexual violence is high \$140 billion.

### The New York Times [How to Stop Rushing Into Love](#)

Exercising restraint and applying a sensible structure to the relationships aids in the full embrace of a romantic partner.

### **Center for Promise** [Moving Toward a Deeper Understanding of Adversity's Effects on Adolescents](#)

In this report from the Center for Promise, three different data sets are examined to research and uncover how adversity affects the lives of young people and what practitioners can do to help them overcome barriers to success. Findings include that there are too many youth experiencing adversity, and that there is a large disparity in exposure to adversity in terms of income, maternal education, and race and ethnicity. Findings also indicate that the number and types

## TOOLS YOU CAN USE



### [Why did we forget how to date? New documentary aims to find out](#)

It was about 10 or so years ago when Kerry Cronin, a professor at Boston College, noticed something was up with the way her young students were dating – or, rather, not dating.

It was the end of the year and she was talking to a group of bright, charismatic students who were full of plans for their future. Cronin asked her students if graduation meant some difficult conversations with their boyfriends or girlfriends – and she got blank stares.



### [VIDEO: Origin of the Heart Symbol](#)

Whether it's a chocolate in heart shaped box, an emoji with hearts for eyes, iconic design such as I ? NY or even liking an image on Instagram, the heart symbol is about as ubiquitous as it comes. But have you ever wondered why the ? looks the way it does, considering it's almost nothing like what an anatomically correct heart actually looks like? Also, why do we commonly associate the heart as the epicenter of love? Well check out the episode to find out.

## SECOND WEDNESDAY WEBINAR

March 14



### Working Together

#### [Developing & Implementing a Sustainable Teen Pregnancy Prevention Program](#)

In October 2016, Kansas State College of Human Ecology received a grant to develop, implement and evaluate the #RELATIONSHIPGOALS program, a sexual risk avoidance education intervention with seventh- and ninth-grade students.

The goal is to empower youth to make healthy decisions by teaching them the benefits of self-regulation, healthy relationships and goal setting, while also teaching them how to resist sexual coercion, dating violence and other risky behaviors. They used [Relationship Smarts](#)

## PLUS, Sexual Risk Avoidance Adaptation as the intervention.

Preliminary results suggest the program is reaching its goal. Specifically, students say that they love the program and share that they learn how to identify healthy and unhealthy relationships. They also say the program teaches them skills they need to develop healthy relationships, particularly effective communication skills, which they use to improve their relationships with their families as well.

### Participant objectives:

- Identify at least two strategies to recruit and/or retain youth.
- Identify at least two strategies to reduce sexual activity and pregnancy among youth.
- Describe at least one strategy to sustain their programs.

**Presenter:** Michelle Toews, Ph.D., Associate Dean for Research and Scholarship, Kansas State University, College of Human Ecology

**Who should attend:** Teen pregnancy prevention staff, marriage and healthy relationship grantees, Sexual Risk Avoidance practitioners, Title V staff, marriage and family life students and researchers, Family and Consumer Sciences educators, Extension agents and state specialists, community organizations, violence prevention specialists.

**When:** Wednesday, **March 14, 2018**, 4:00 pm Eastern/1:00 pm Pacific

**Duration:** 60 minutes

**Cost:** Free!

[REGISTER NOW](#)

## FUNDING STREAMS

We curate this list of grants with the goal of increasing the numbers of youth who benefit from participating in a Dibble program. Please contact us about ways we can work with you to strengthen your application.

### *Programs for At-Risk Youth Programs in Oregon and Washington Supported*



#### [Silver Family Foundation](#)

The Silver Family Foundation supports nonprofit organizations in Oregon and Washington that work with **at-risk youth**. The Foundation's Transitional Youth Development Grant Program provides grants to organizations that offer in-depth, long-term investments and opportunities for motivated, low-income youth. Priority is given to organizations that work in the areas of mentorship, **high school completion**, college and post-secondary preparation, and experiential education.

Letters of inquiry may be submitted throughout the year.



## [Support for Expectant and Parenting Teens, Women, Fathers, and Their Families](#)

The PAF program provides support for States and tribes to develop and implement programs to improve the educational, health, and social outcomes for expectant and parenting teens, women, fathers and their families. The PAF program provides funding to States and tribes to establish, maintain, or operate life-affirming services for expectant and parenting teens, women, fathers and their families in high schools, community service centers, and Institutions of Higher Education.

(*Ed note: One allowable grant activity that Dibble can help you with is: "Education to improve emotional health, parenting, and marriages." Both [Love Notes](#) - Relationship Skills for Young Adults and Young Parents and [Mind Matters](#) - Overcoming Adversity and Building Resilience will make a positive impact with the expectant and parenting young adults you serve with this funding.*)

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### *Health Programs in Colorado, Illinois, Iowa, and Oklahoma Funded*

TELLIGEN COMMUNITY INITIATIVE

#### [Telligen Community Initiative](#)

The mission of the Telligen Community Initiative (TCI) is to support innovative and forward looking health-related projects aimed at improving health, **social well-being**, and educational attainment. Grants are provided to nonprofit organizations, educational institutions, and government agencies serving communities in Colorado, Illinois, Iowa, and Oklahoma. TCI's funding priorities include the following: **Health Innovation, Social Determinants of Health, and Healthcare Workforce Development**. The letter of inquiry deadline for applicants in Colorado and Oklahoma is March 1, 2018; the deadline for Illinois and Iowa applicants is July 2, 2018. Visit the TCI website to download the 2018 Request for Proposals.

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### *Support for Communities Served by CSX*



#### [CSX Community Investment Program](#)

The CSX Community Investment Program supports nonprofit organizations that serve the communities where the company is located, primarily in the Eastern, Southern, and Upper Midwest areas of the United States. The program provides assistance to nonprofit organizations that address one of the following categories: Safety, with a focus on railway, public, and personal safety; Environment, with a focus on land, water, and air preservation and restoration; Wellness, with a focus on **healthy lifestyles** and wellness education; and Community, with a focus on community leadership and service. Cash grants (\$2,500 to \$5,000), sponsorships, volunteer support, and in-kind transportation services are provided. Online applications may be submitted from January 1 through December 15 of each year. Visit the CSX website to download the Giving Guidelines.

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