



## Healthy Relationship News - November 2016

### DIBBLE NEWS

- [Issue Brief Released on Relationship Skills as Pregnancy Prevention Tool](#)

### THE LATEST

- [Data Reveals Uptick in Marriage Rate](#)
- [The Sudden, Incredible Decline in Teen Births Since 2009](#)
- [New Effort to Promote Social-Emotional Learning in Schools](#)
- [Absentee Parent Link to Smoking and Drinking Before Adolescence](#)

### NEWS YOU CAN USE

- [Teaching Teenagers to Cope with Social Stress](#)
- [5 Simple Lessons to Help De-Stress Your Stressed-Out Teen](#)

### SECOND WEDNESDAY WEBINAR - November 9, 2016

[Teens and Pornography The Latest Research and Resources](#)

### DIBBLE NEWS



#### [Issue Brief Released on Relationship Skills as Pregnancy Prevention Tool](#)

Have you heard the news?

Our Love Notes curriculum is now on the [Office of Adolescent Health's list of evidence-based Teen Pregnancy Prevention programs!](#)

This curriculum helps young people build healthy relationship skills, and a [study of the curriculum](#) found that participating in the program makes teens significantly less likely to become pregnant.

A parenting teen said the following about her experience with the program:

Download the [Issue Brief](#).

[Read an interview](#) with principal investigator, Anita Barbee, MSSW, Ph.D.

Attend a [Love Notes](#) training with author, Marline E. Pearson! February 2017 in Los Angeles, CA.

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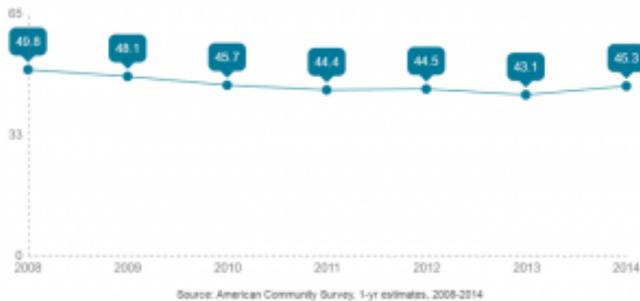
## THE LATEST



### [Data Reveals Uptick in Marriage Rate](#)

The first marriage rate (defined as the number of first marriages per 1,000 unmarried women 15 and over) declined from 49.8 in 2008 to 45.3 in 2014. Despite the overall decline, the first marriage rate showed an uptick from 2013, when the first marriage rate was 43.1. The first marriage rate in 2014 was the highest that it has been since 2010.

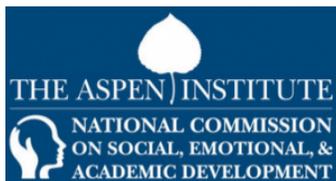
Figure 1. First Marriage Rate for Women 15 and Older, 2008-2014



### [The Sudden, Incredible Decline in Teen Births Since 2009](#)

Teen births hit a new low in 2015 — and have fallen by nearly half over the past seven years. New federal [data shows](#) there were 22.3 births for every 1,000 girls ages 15 to 19. That's a 47 percent decline from the teen birthrate in 2009 — and a 64 percent decline from the teen birthrate in 1991.

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### [New Effort to Promote Social-Emotional Learning in Schools](#)

Helping schools figure out how to better teach social and emotional skills to students alongside traditional academic subjects will be the focus of a new, multiyear endeavor recently announced by the Aspen Institute.



## [Absentee Parent Link to Smoking and Drinking Before Adolescence](#)

Children who experienced parental absence appear to be far more likely to start smoking and drinking alcohol before they become teenagers, suggests a [study](#) published online in the Archives of Disease in Childhood.

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## NEWS YOU CAN USE

### *The New York Times* [Teaching Teenagers to Cope with Social Stress](#)

Almost four million American teenagers have just started their freshman year of high school. Can they learn better ways to deal with all that stress and insecurity? Though academic and social pressures continue to pile on in high school, teenagers can be taught effective coping skills to skirt the pitfalls of anxiety and depression.

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### **THE GLOBE AND MAIL\*** [5 Simple Lessons to Help De-Stress Your Stressed-Out Teen](#)

Almost four million American teenagers have just started their freshman year of high school. Can they learn better ways to deal with all that stress and insecurity? Though academic and social pressures continue to pile on in high school, teenagers can be taught effective coping skills to skirt the pitfalls of anxiety and depression.

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## SECOND WEDNESDAY WEBINAR

November 9



### [Teens and Pornography The Latest Research and Resources](#)

Clay Olsen will discuss the latest findings from the fields of neuroscience, psychology and the medical field on the impact that internet porn is having on the developing brains of young people. Clay presents the topic as a public health issue, rather than as a moral, political or religious argument. In this webinar you will:

2. Understand how Internet porn is impacting relationships for young people.
3. Learn more about the negative outcomes from research that are associated with Internet porn.
4. Learn what you can do to help young people who have decided that they want help with overcoming the addiction to Internet porn.

**Presenters: Clay Olsen.** Clay is the CEO of Fight the New Drug. He has been featured on ABC Nightline, ABC News, NPR, CNN, The Dr. Drew Show, and many more.

**When:** Wednesday, **November 9, 2016**, 4:00 pm Eastern/1:00 pm Pacific

**Duration:** 60 minutes

**Cost:** Free!

[REGISTER NOW](#)

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