Preventing Teen Suicide: What the Evidence Shows

Rates of teen suicide continue to rise, federal health officials reported this month, with rates for girls higher than at any point in the last 40 years. A rational response would be to engage in evidence-based measures to try to reverse this course. Too often, we assume that there’s nothing we can do.

One suggestion the authors note, “We need to promote connectedness and limit isolation. The best thing we can do for teens at risk is to prevent them from cutting themselves off from others.”
When it comes to sex, dating, and drinking, 18 is the new 15 for American teens

Being a teen isn’t what it used to be. According to a huge new study, adolescents in the 2010s were less likely date, drink alcohol, go out without their parents, and have sex than teens in every generation since the 1970s. Fewer of them have paying jobs or drive.

The research, published in *Child Development*, says the cause is not kids having more homework, or more extracurricular activities. (They are actually doing less homework and about the same in terms of extra-curricular activities.) What’s changed is the context in which teens are growing up.

Listen up, millennials. There’s sequence to success.

Of the several causes of the intergenerational transmission of poverty, one is paramount: family disintegration. Some causes of this remain unclear, but something now seems indisputable: Among today’s young adults, the “success sequence” is insurance against poverty. The evidence is in “The Millennial Success Sequence” published by the American Enterprise Institute and the Institute for Family Studies and written by Wendy Wang of the IFS and W. Bradford Wilcox of the University of Virginia and AEI.

How Romance in America Has Changed

*The Atlantic*

Love in the Time of Individualism

Read a review of two new books explore America’s changing romantic landscape.

TOOLS YOU CAN USE

The “Behind the Post” Educational Film and Guide Starts the Conversation

To help with conversations about social media, the One Love Foundation has created a discussion guide, complete with questions and answers, that examines unhealthy relationship behaviors and the role social media can play. You can use this guide for conversations in the classroom, in group or team settings, or even with friends and loved ones.
The National Campaign to Prevent Teen and Unplanned Pregnancy has released a set of three trusted adult tip sheets. These evidence-informed tip sheets were produced after many interviews and focus groups with stakeholders and youth in care. Each tip sheet is equipped with scripts, data, and tips for beginning and continuing conversations with youth. These can be utilized with any youth by any trusted adult figure, but were shaped by the unique narratives and data they collected from those involved in the child welfare system.

- Preteen, Early Adolescent
- Transition-Aged Youth (13-17)
- Young Adult (18+)

Should Sexting Between Teens Be Illegal?

Talk with your young people about sexting. And by sexting we mean sending and receiving nude photos, not just NSFW text messages. And in some cases, it’s a crime for teens to do it, one that carries some serious consequences. But should it be that way?

A new episode of PBS’ Digital Studios young adult and teen-oriented series, Above the Noise, explores this very issue. Looking at the history, research and data behind these controversial laws.

Watch Now:
https://youtu.be/O8Hdti4jd7Y

SECOND WEDNESDAY WEBINAR
October 11

The Talk: How Adults Can Promote Young People’s Healthy Relationships and Prevent Misogyny and Sexual Harassment

Many adults—especially parents—often fret about youth and the "hook-up culture." But research suggests that far fewer young people are "hooking up" than we are commonly led to believe. This focus on the hook-up culture also obscures two much bigger issues that
these two problems.

Making Caring Common’s new report, **The Talk: How Adults Can Promote Young People’s Healthy Relationships and Prevent Misogyny and Sexual Harassment**, explores these issues and offers insights into how adults can begin to have meaningful and constructive conversations about them with the young people in their lives.

Making Caring Common (MCC), a project of the Harvard Graduate School of Education, helps educators, parents, and communities raise children who are caring, responsible to their communities, and committed to justice.

Participants will

- Learn the key findings of the new report.
- Understand the recommendations of the report.
- Identify some next steps to take to encourage healthy relationship and prevent sexual harassment.

**Presenter:** Joe McIntyre — on Education, Harvard University. He works on the Making Caring Common Project, a national effort to make moral and social development priorities in child-raising and to provide strategies to schools and parents.

**Who Should Attend:** Healthy marriage and relationship professionals, violence prevention staff, middle and high school health and Family and Consumer Sciences teachers, counselors, college student affairs personnel, parents, and anyone who works with and cares about young people.

**When:** Wednesday, **October 11, 2017**, 4:00 pm Eastern/1:00 pm Pacific

**Duration:** 60 minutes

**Cost:** Free!

**REGISTER NOW**

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**FUNDING STREAMS**

**Support for Organizations Working to Enhance Arizona Communities**

**Blue Cross Blue Shield of Arizona Corporate Giving Program**

The Blue Cross Blue Shield of Arizona Corporate Giving Program supports nonprofit organizations that strive to enhance the quality of life in company communities throughout the state. The Corporate Giving Program provides grants to organizations that focus on the following issues: arts and cultural programs, economic development and civic initiatives, youth and education, and health, wellness, and
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