



## Healthy Relationship News - September 2016

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Teens – Technology and Social Media Impacts on Healthy Relationship Development

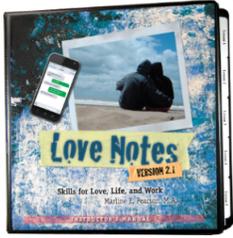
*Our most popular webinar from the archives!*

### [FUNDING STREAMS](#)



### DIBBLE NEWS

**LIVE TRAINING IN DIBBLE'S EVIDENCE-BASE PROGRAM LOVE NOTES**



**Love Notes** was created to help teens and young adults learn, often for the first time, how to make wise choices about relationships, dating, partners, sex, and more. This program takes an innovative approach to these topics by integrating relationship skills with powerful learning strategies.

**[Love Notes v2.1 Relationship Skills for Love, Life and Work](#)** *For young adults ages 15-24* September 12-13  
Columbus, OH

**[Learn more and register!](#)**

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## THE LATEST



### **[Issues Between Intimate Partners Often Occur Before Suicides And Homicides.](#)**

New data published in **Morbidity and Mortality Weekly Report** (MMWR) from the National Violent Death Reporting System "show that **relationship problems, specifically issues between intimate partners, often occur before suicides and homicides.**" These findings, "emphasize the need for early prevention efforts that reduce risk for perpetration and improve skills for resolving conflicts without violence."

*(Ed. Note: Might robust relationship skills education be part of the preventative solution?)*

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### **[The Association between Sexual Health and Physical, Mental, and Social Health in Adolescent Women](#)**

For this study, published in the *Journal of Adolescent Health*, Devon J. Hensel, Ph.D., Assistant Professor of Pediatrics, Indiana University School of Medicine and Assistant Professor of Sociology, Indiana University Purdue University Indianapolis drew data from a 10-year longitudinal cohort study of sexual relationships and sexual behavior among adolescent women. **Higher sexual health (excluding sexual activity but including communications with a partner, skills to negotiate mutually acceptable sexual behaviors, feeling safe and supported in the relationship, etc) was significantly associated with better physical, mental, and social health outcomes with young women,** including less frequent nicotine and substance use, lower self-reported depression, lower thrill seeking, higher self-esteem, having fewer friends who use substances, higher religiosity, better social integration, lower frequency of delinquent behavior and crime, and more frequent community group membership, researchers concluded.

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**[New report finds LGB youth experience more violence](#)**

levels of physical and sexual violence, and bullying, and are at increased risk for suicide, and other serious negative outcomes. These data highlight the need for accelerated action to protect the health and wellbeing of our vulnerable youth.

(Ed. Note: Relationship skills education can empower young people, including LGB youth, with the skills and knowledge needed to build healthy, safe relationships.)

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## NEWS YOU CAN USE



### [Adolescent Depression in Girls Offset by Presence of 'Boomerang Father'](#)

A study of the impact of "boomerang fathers" — those who cycle in and out of their children's lives — yielded surprising results for researchers. "Boomerang fathering" provided a type of stability in a daughter's life that staved off her depressive symptoms compared to those adolescent girls whose fathers were completely absent. The study, *Boomerang Fathers in Adolescent Female Depression*, was published in the *National Council on Family Relations, Journal of Marriage and Family*.

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### [Study Dashes Millennials' Reputation as Hookup Generation](#)

A new study contradicts the common perception that young American adults — so-called Millennials — are having more casual sex than previous generations. Researchers analyzed decades of national data. They found 15 percent of young adults aged 20 to 24 born in the early 1990s (Millennials) had no sexual partners since age 18, compared with six percent of Americans born in the late 1960s (Generation Xers).

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## TOOLS YOU CAN USE



### [Tracking Teen Attitudes About Marriage and Cohabitation](#)

The National Center for Family & Marriage Research has added a new three-part series, "[Tracking Teen Attitudes About Marriage and Cohabitation](#)," to their [Family Profiles](#) collection. Drawing on the Monitoring the Future (MTF) data, these family profiles document almost 40 years of change in high school seniors' expectations and attitudes about marriage and cohabitation.

- *High School Seniors' Attitudes on Cohabitation as a Testing Ground for Marriage*
- *High School Seniors' Expectations to Marry*
- *High School Seniors' Ideal Time for Marriage*



## [Teen Pregnancy And Birth – Involving Young Fathers In Your Program](#)

Supporting young fathers can have significant effects on children, and on dads themselves. The HHS Office of Adolescent Health, as part of its Pregnancy Assistance Fund program, has released a series of resources to help organizations recruit, retain, and engage young fathers, and young men in general. One recommendation: focus on the positive aspects of being a dad!

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## SECOND WEDNESDAY WEBINAR

September 14



### Teens – Technology and Social Media Impacts on Healthy Relationship Development

*Our most popular webinar from the archives!*

Significant numbers of teens and young adults use social media as their main source of communicating with friends both those they have met in person and online. Today's technology allows adolescents instant but distant access to each other yet at what price?

Join Jennifer Myers and Aaron Larson as they:

- Share how social media impacts the relationships and interactions of teens and young adults.
- Introduce a just-released supplementary lesson from Relationship Smarts PLUS on Technology and Social Media, using the new Dibble Digital platform.

**Presenters:** **Jennifer Myers, M.A., L.P.A.**, holds a masters degree in clinical psychology, is a full-time Instructor in the Psychology Department at the University of North Carolina, Wilmington, NC, and has a private clinical psychology practice at Carolina Counseling Center, specializing in adolescents.

**Aaron Larson**, Dibble Digital Coordinator.

**Who should attend:** PREP and OAH Grantees, Extension Agents, Healthy Marriage and Responsible Fatherhood programs, Family and Consumer Sciences teachers, Out-of-School Time Instructors, anyone who is concerned about social media and teens and wants to make a difference.

**When:** Wednesday, **September 14, 2016**, 4:00 pm Eastern/1:00 pm Pacific

REGISTER NOW

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## FUNDING STREAMS

Fatherhood  
Research  
& Practice  
Network

### [Fatherhood Research and Practice Network](#)

The Fatherhood Research and Practice Network has issued a [third request for proposals \(RFP\)](#). This RFP is intended to support exploratory and descriptive research that will provide insights into previously unstudied or understudied areas. Proposed studies should consider innovative programs or interventions related to co-parenting, employment and economic security, and/or father engagement and effective parenting for low-income fathers.

**Deadline: 11/18/2016**

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### [The South Carolina Campaign to Prevent Teen Pregnancy](#)

is offering funds to organizations around the state to support awareness and outreach activities during the month of October 2016 — *Let's Talk Month*. Let's Talk Month is designed to encourage parents and trusted adults to start important, age-appropriate conversations with their children about love, sex and relationships. Tell us your idea for an engaging community event that will empower adults and young people to talk about making healthy decisions, and you could receive up to \$1,500 in supporting funds. Apply today!

[Click here for more information.](#)

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*Funds for Charitable Programs in Bank Communities*

### [BBVA Compass Foundation](#)

BBVA Compass

The BBVA Compass Foundation supports nonprofit organizations that are making a positive impact in the communities the bank serves in Alabama, Arizona, California, Colorado, Florida, New Mexico, New York, and Texas. The Foundation gives priority to requests that best reflect the following focus areas: community development/**financial literacy**, **education**, **health** and **human services**, arts and culture, environment and natural resources, and diversity and inclusion. Online applications are due September 30, 2016. (Prior to submitting a grant request, organizations interested in applying are invited to join one of the Charitable Contributions Process Conference Calls/Webinar Presentations **to be held on August 19, September 9, and September 23.**) Visit the bank's [The BBVA Compass Foundation](#) to learn more about the Foundation's guidelines and application process.



Kansas Health Foundation

## [Kansas Health Foundation](#)

The mission of the Kansas Health Foundation is to improve the health of all Kansans. The Foundation's Recognition Grants support a broad range of nonprofit organizations throughout the state that fit within the Foundation's mission. In addition to supporting specific projects, the Foundation funds initiatives that focus on promoting policy, systems, and environmental transformations that affect all aspects of health, including social factors that contribute to a healthy population. Grants of up to \$25,000 are provided. The application **deadlines are March 15 and September 15, annually**. Visit the Foundation's website to review the Recognition Grants guidelines.

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