

## Basic Life Skills, Self-Control in Adolescence, and New Analysis on Births



### September 2018

#### DIBBLE NEWS

- [Preparing Youth for Success in West Virginia](#)
- [Platinum Seal from GuideStar.](#)

#### THE LATEST

- [Bring Back Home Economics Class Because Our Kids Lack Basic Life Skills](#)
- [Dramatic Increase in the Proportion of Births Outside of Marriage](#)
- [Trends Over 25 Years for Cohabitation and Marriage](#)

#### NEWS YOU CAN USE

- [Teens, Social Media & Technology 2018](#)
- [Self-Control Develops Gradually in Adolescent Brain](#)

#### USEFUL TOOLS

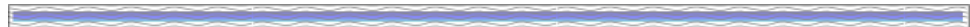
- [The Future of Love According to Kids](#)
- [Finding the Fluoride: Why Relationships Matter](#)

#### SECOND WEDNESDAY WEBINAR - Sept. 12, 2018

##### [Changing Attitudes: The Impact of Relationship Education on Predictors of Dating Violence](#)

Moving beyond the current literature, we will examine whether and how individuals' sociodemographic identities, specifically their gender, race, and socioeconomic status, influence change following program participation.

#### [FUNDING STREAMS](#)



#### DIBBLE NEWS



T.H.I.N.K., overseen by Mission West Virginia Inc., provides evidence-based instruction to high-risk youth and young adults from 12 to 24 years old in a variety of settings, such as middle and high schools, juvenile detention facilities, group homes, residential treatment facilities, and youth emergency shelters in seven counties. The program leverages statistics and messaging that demonstrate how following the success sequence can help them avoid poverty and lay the foundation for success in the future.

*(Ed. Note: We appreciate the good work of Mission West Virginia Inc., who have used Dibble materials to help many youth)*

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[Great news! The Dibble Institute just earned the 2018 Platinum Seal of Transparency from GuideStar](#)

We're proud to use GuideStar Platinum to share our full and complete story with the world. To reach the Platinum level, we added extensive information to our Nonprofit Profile: basic contact and organizational information; in-depth financial information; quantitative information about goals, strategies, and progress toward our mission.

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## THE LATEST



[Bring Back Home Economics Class Because Our Kids Lack Basic Life Skills](#)

How cool would it be if our kids knew how to shop for groceries and stay within a budget? Wouldn't parents feel a sense of relief if their kids understood how interest accrues on their credit cards? And shouldn't everyone have one great go-to meal they could cook if guests pop in?

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[Dramatic Increase in the Proportion of Births Outside of Marriage in the United States from 1990 to 2016](#)

New analyses by Child Trends indicate that the likelihood that a child will be born to unmarried parents varies substantially by the mother's current education level and by her race and ethnicity.

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[Trends Over 25 Years for Cohabitation and Marriage](#)

Transitions in home are an important predictor of child well-being. Study examines contributions to changes in number of transitions for children based on population changes in marriage and cohabitation over the past 25 years, by maternal education.



## NEWS YOU CAN USE



[Teens, Social Media & Technology 2018](#)

95% of teens now report they have a smartphone or access to one. These mobile connections are in turn fueling more-persistent online activities: 45% of teens now say they are online on a near-constant basis.

*(Ed. Note: [Relationship Smarts PLUS 4.0](#) and [Love Notes 3.0](#) have been updated with new data from this report.)*



[Self-Control Develops Gradually in Adolescent Brain](#)

Most previous research in this area had focused on one region of the brain. Rather than using this approach, Michael Hallquist, assistant professor of psychology, Penn State, and an Institute for CyberScience faculty co-hire, sought to investigate communication among different regions of the brain.

## USEFUL TOOLS

 [The Future of Love According to Kids](#)

The post-Millennial Gen Z-ers, people born between 1997 and 2016, in grade schools are forming their views on love now, and we wanted to know what they are thinking. So, the USA TODAY Network sat down with students across America to talk about dating, marriage and family. Watch what they had to say.

 [Finding the Fluoride: Why Relationships Matter](#)

In 2012, Junlei Li and Megan Julian argued in this journal that a major and underappreciated factor in the success and failure of authors called developmental relationships. They asserted that “developmental interventions produce desirable outcomes if and only if such interventions enhanced developmental relationships”.

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## SECOND WEDNESDAY WEBINAR

September 12



### Changing Attitudes: The Impact of Relationship Education on Predictors of Dating Violence

**About the webinar:** Relationship education targets common correlates of adolescent dating violence, such as gender role beliefs and dating violence acceptance. However, few studies to date have evaluated the influence of relationship education on these two correlates of adolescent dating violence and none have considered the differential and combined effects of participants' sociodemographic characteristics.

In this webinar we will present a study examining the impact of youth relationship education, specifically the Relationship Smarts PLUS program, on adolescents' gender role beliefs and dating violence acceptance. Moving beyond the current literature, we will also examine whether and how individuals' sociodemographic identities, specifically their gender, race, and socioeconomic status, influence change following program participation. Using this information, we will offer suggestions for educators and program developers to further address the needs of youth moving forward.

**Presenter:** Rachel Savasuk-Luxton, Ph.D., Research Specialist and Master Trainer, The Dibble Institute.

**Who should attend:** Marriage and healthy relationship grantees, marriage and family life students and researchers, Family and Consumer Sciences students and educators, family life educators, Extension agents and state specialists, community organizations, violence prevention specialists, teen dating violence researchers.

**When:** Wednesday, **September 12, 2018, 4:00 pm Eastern/1:00 pm Pacific**

**Duration:** 60 minutes

[REGISTER NOW](#)

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## FUNDING STREAMS

We curate this list of grants with the goal of increasing the numbers of youth who benefit from participating in a Dibble program. Please contact us about ways we can work with you to strengthen your application.

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### *Grants Encourage Health Equity for Kansans*



#### [Kansas Health Foundation: Impact and Capacity Grants Initiative](#)

The mission of the Kansas Health Foundation is to improve the health of all Kansans. The Foundation's Impact and Capacity Grants Initiative funds efforts that address the Foundation's goal of reducing health disparities and promoting health equity in the state. This initiative offers two grant categories: Impact Grants focus on efforts to increase access to care; promote healthy behaviors including decreased tobacco use, physical activity, and healthy food access; encourage educational attainment; and increase community and civic engagement. Capacity-Building Grants focus on efforts to enhance an organization's leadership, management, funding, relationships, communications, programs, and evaluations. Priority is given to organizations targeting Kansans with the greatest need and least access/economic opportunity.

Grants in both categories range up to \$25,000. The **application deadline is September 17, 2018**. Visit the Foundation's [website](#) to download the Impact and Capacity Grants Initiative request for proposals.

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### *Programs for At-Risk Colorado Youth and Families Supported*

#### [AJL Charitable Foundation](#)

The AJL Charitable Foundation is committed to helping at-risk Colorado youth and families by supporting educational and humanitarian programs that provide the tools to help them succeed in life. The Foundation primarily supports nonprofit organizations and activities in the education and human services fields. **Organizations with budgets under \$5 million are eligible to apply.** Letters of inquiry may be submitted throughout the year; the upcoming deadline for invited proposals is **September 28, 2018**. Visit the Foundation's [website](#) to review the letter of inquiry guidelines.

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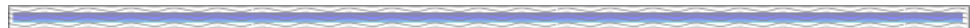
*Organizations in Bank Communities Supported*

## **BBVA Compass** [BBVA Compass Foundation](#)

The BBVA Compass Foundation supports nonprofit organizations that are making a positive impact in the communities the bank serves in Alabama, Arizona, California, Colorado, Florida, New Mexico, and Texas. Online applications are **due September 28, 2018**. (Prior to submitting a grant request, first time applicants must join one of the Charitable Contributions Process Conference Calls/Webinar Presentations to be held on July 20, August 17, and September 14.) Visit the bank's [website](#) to learn more about the Foundation's guidelines and application process.



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