

# Healthy Relationship News – August 2019

## DIBBLE NEWS

- Mind Matters Training in September!
- Dibble Partners with Share My Lesson

## THE LATEST

- Low-Income Parents and the Struggle for Connections
- Should We All Take the Slow Road to Love?
- TPP Programs – A Tale of Persistence

## NEWS YOU CAN USE

- Student Attitudes Towards Cohabitation and Marriage
- Healthy Relationships Data Sheet
- Reframing Developmental Relationships

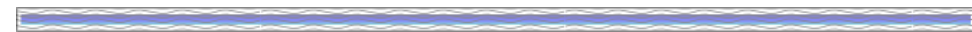
## TOOLS YOU CAN USE

- Interracial Friendships and Romantic Relationships
- What We Can Do About Toxic Stress
- The 7-Day Love Challenge

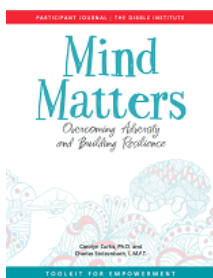
## SECOND WEDNESDAY WEBINAR – August 14, 2019

**Learning about Positive Youth Development:  
A Free & Fun Course for Youth Work Professionals**

## FUNDING STREAMS



## DIBBLE NEWS



Mind Matters Training – Sept 5 and 6, Santa Ana, CA

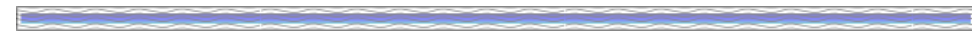
This 2-day Intensive training will be held by the [Mind Matters](#) Author, Carolyn Rich Curtis, Ph.D. Unique opportunity to learn directly from the developer! CEUs available.



[The Dibble Institute is now a Partner of Share My Lesson](#)



The American Federation of Teachers powers a free lesson-sharing website for educators across the country. Sample Lessons from the Dibble Institute are free for download. Browse their lessons on Sex Ed, Mental Health, and more.



## THE LATEST



[Low-Income Parents and the Struggle for Family and Community Ties](#)

Could a lack of close, meaningful social ties be a public—rather than just a private—problem?

In *Social Poverty*, Sarah Halpern-Meekin provides a much-needed window into the nature of social ties among low-income, unmarried parents, highlighting their often-ignored forms of hardship. Drawing on in-depth interviews with thirty-one couples, collected during their participation in a government-sponsored relationship education program called Family Expectations, she brings unprecedented attention to the relational and emotional dimensions of socioeconomic disadvantage. For more on the book, click [HERE](#).

(Ed. Note: Key policy recommendation: **Promote More Relationship Education for Youth and Young Adults**. Halpern-Meekin rightly encourages greater priority on effective relationship education for youth and young adults to help them understand what healthy relationships look like, how to achieve them, and how to avoid the potholes and detours that will make it harder for them to form lasting, happy unions down the road.)

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### [Should We All Take the Slow Road to Love?](#)

**The  
New York  
Times**

Millennials are going on fewer dates, having less sex and marrying later. Do they know something about love that the rest of us don't?

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### [Teen Pregnancy Prevention Programs – A Tale of Persistence](#)



Nearly a decade after the launch of TPP and PREP, these teen pregnancy programs provide vital information and skills to some of the most marginalized youth in the country. They also contribute to producing knowledge about effective teen pregnancy prevention efforts.

Their evidence is teaching us important lessons both for the power of using evidence to inform policymaking plus the potential obstacles that can derail these programs and others informed by evidence.

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## NEWS YOU CAN USE

BOWLING GREEN  
STATE UNIVERSITY

**BGSU**

### High School Seniors' Attitudes Towards Cohabitation and Marriage

A new trio of profiles explores high school seniors' attitudes toward and expectations regarding cohabitation and marriage. Although the share of high school seniors who expect to marry at some point in the future has remained constant over the past four decades, the share of adults who do marry has decreased significantly, indicating a disconnect between marital expectations and behavior. Original reports summarizing and analyzing nationally representative data with the goal to provide the latest analysis of U.S. families.

[FP-19-12](#) – High School Seniors' Ideal Time for Marriage, 2017

[FP-19-11](#) – High School Seniors' Expectations to Marry, 2017

[FP-19-10](#) – High School Seniors' Attitudes Toward Cohabitation as a Testing Ground for Marriage, 2017

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The data sheets on healthy adolescent relationships cover bullying, supportive neighborhoods, family dinners, adult mentors, dating violence, violence at school, and more. Get more information on healthy relationship indicators among adolescents in the U.S. and in your state.

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### [Reframing Developmental Relationships](#)

Relationships are central to how young people learn new skills, develop identities, and seek out pursuits, activities, and vocations. That's why professionals in education and youth development are working to ensure that intentional planning, measurement, and professional practices around relationships are integrated into the settings that shape children's lives. These changes require communicating about developmental relationships— purposeful connections that promote healthy growth and development.

This research was sponsored by [Search Institute](#), which bridges research and practice to help young people be and become their best selves.

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## TOOLS YOU CAN USE



### [The Company We Keep: Interracial Friendships and Romantic Relationships](#)

Dr. Grace Kao and Drs. [Kara Joyner](#) and [Kelly Stamper Balistreri](#) have written a new book published by Russell Sage. [The Company We Keep: Interracial Friendships and Romantic Relationships from Adolescence to Adulthood](#) is an examination of how race, gender, socioeconomic status, and other factors affect the formation of interracial friendships and romantic relationships among youth.

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### [What We Can Do About Toxic Stress](#)

[Toxic stress](#) is a very serious issue, **but it is not the end of the story**. Toxic stress doesn't have to lead to negative outcomes. No matter who you are, there are concrete actions you can take to help prevent the effects of toxic stress and support those who have experienced them.

This new infographic shows how individuals, communities, and policy-makers can lessen the burden of toxic stress. [View the infographic to learn more.](#)

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### [The New York Times](#) [The 7-Day Love Challenge](#)

Relationship scientists have a number of suggestions, based on years of studying happy couples. Tara Parker-Pope has taken some of those ideas and created [The 7-Day Love Challenge](#), a week's worth of simple steps you can take to foster a deeper connection with the one you love.

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## SECOND WEDNESDAY WEBINAR

**August 14**



## Learning about Positive Youth Development: Free & Fun Course for Youth Work Professionals

What does positive youth development mean to us? We may think about competencies, opportunities, and supports young people need to thrive and make healthy decisions. We may think about youth voice and leadership.

In this webinar co-creator Jutta Dotterweich will provide a guided tour of a new, interactive online training course on positive youth development. This free resource consists of six, stand-alone segments, which were developed with a wide range of audiences in mind (e.g., volunteers, parents, frontline youth workers).

Join us to learn about this free, engaging, and informative online resource!

### Objectives:

Specifically, webinar attendees will be able to:

1. Identify at least three key principles of positive youth development
2. Describe meaningful roles for young people
3. Locate web resources that they can apply in their youth programming

**Presenter:** **Jutta Dotterweich**, M.A. Director of Training, ACT for Youth Center of Excellence.

**Who should attend:** Youth-serving professionals in the field of Adolescent Health and Youth Development, relationship skills educators, community-based youth workers, family life educators, health educators, high school counselors/teachers, adolescent development researchers, Extension professionals, anyone interested in improving outcomes for youth.

**When:** Wednesday, **August 14, 2019, 4:00pm Eastern/1:00pm Pacific**

**Duration:** 60 minutes

**Cost:** Free!

[REGISTER NOW](#)

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## FUNDING STREAMS

*Funding Opportunity for CBOs That Partner With Community Colleges*

### **MITRE** [Replicating Programs in Communities Across the Nation](#)

The MITRE Corporation, the not-for-profit organization that operates the Health FFRDC, is announcing a contracting opportunity for school-based, after-school based, or community-based pregnancy prevention programs. MITRE's contracting process includes the following steps: a

Sources Sought Announcement, a Draft Statement of Work, a Request for Proposal, and anticipated award of contracts. MITRE anticipates making multiple awards beginning Fall 2019.

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### *RCT Funds to Evaluate Social Programs*



#### **Arnold Ventures' Evidence-Based Policy**

This initiative is a major source of funding for randomized controlled trials (RCTs) of social programs, and we are always seeking new proposals for high-quality RCTs. We encourage readers to check out our [RCT Opportunity Request for Proposals \(RFP\)](#), and to consider participating. The process is streamlined and there is no submission deadline. They seek proposals for RCTs across the full spectrum of U.S. social policy, including areas such as early childhood, K-12 and postsecondary education, **employment** and training, **foster care**, and crime and substance abuse prevention.

A key goal of their RCT funding is to build the body of social programs backed by strong, replicated evidence of sizable effects on important life outcomes. Their criteria therefore prioritizes funding for RCTs of programs whose prior evidence suggests potential for such sizable, important effects, although we will also fund RCTs based on other compelling reasons (e.g., the program to be evaluated is widely implemented with significant taxpayer investment, and its effectiveness is currently unknown).

The RCT Opportunity RFP, along with related funding announcements and resources, can be found on the [Evidence-Based Policy page](#) of Arnold Ventures' website. We hope this information is useful, and would encourage you to share this email with others who may be interested.

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### *Education Conferences to Address SEL Supported*

#### education **first** [Education First: Regional Social and Emotional Learning Convening Grants](#)

Education First, in partnership with the NoVo Foundation, is currently accepting applications for the 2019 Regional Social and Emotional Learning (SEL) Convening Grants program. The goal of this program is to help district and school communities create a convening that builds educators' and other adults' capacity to meet students' social, emotional, and academic needs with an equity lens. Education First will award two to four grants of \$50,000 to \$100,000 each to districts, charters, and their partners to design and host a convening in their region by the end of the 2020 calendar year. Selected applicants will receive technical assistance from Education First during the design phase of their grant. Awardees will have the opportunity to participate with a group of national SEL practitioners, experts, and advocates at the SEL in Action Convening in 2020. Letters of intent are due September 6, 2019. Visit the Education First website to review the [Request for Letters of Intent](#).

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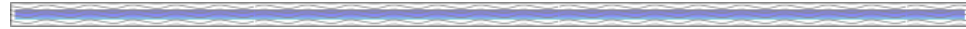
#### **OPRE** [Supporting Evidence Building in Child Welfare Project](#)

OFFICE OF PLANNING,  
RESEARCH & EVALUATION

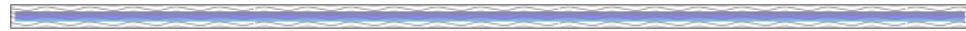
Funded by the Administration for Children and Families' Office of Planning, Research, and Evaluation in partnership with the Children's Bureau, they seek to conduct rigorous evaluations of interventions for the child welfare population. The project focuses on evaluating interventions that already have **some evidence of effectiveness**. The goal is to increase the number of interventions that are considered by the field to be supported or well supported by the evidence. We invite child welfare agencies and others to nominate themselves and a program or service that they would like to

be evaluated as part of this project. At this time, they are particularly, although not exclusively, interested in evaluating programs or services in transitional age youth among other areas.

They invite you to submit a brief description of the intervention, your name, and contact information to [cwinterventions@acf.hhs.gov](mailto:cwinterventions@acf.hhs.gov) by **August 30, 2019**. If your program or service is considered for evaluation, the Urban Institute team will contact you. [More information here](#).



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