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DIBBLE NEWS



[New! Mind Matters Guidance For One-On-One Settings](#)

You asked! We listened. Mind Matters: Overcoming Adversity and Building Resilience is now available for use in one-on-one settings



Mind Matters author Carolyn Curtis adapted the 12 lessons of Mind Matters into **21, fifteen to twenty-minute one-on-one sessions**. Her new guidance allows **home visitors, mentors, and social workers** to seamlessly utilize Mind Matters with individuals and families.

It's available now!

Preview Mind Matters (including the new one-one-one guidance appendix) for 15 days by visiting <https://digital.dibbleinstitute.org/MM>. Use the access code – MindMatters15 – to see for yourself!



[Stabilizing Families by Overcoming Poverty](#)

Poverty is a major barrier for parents in caring for their children. Economic hardship interferes with a family's ability to provide basic resources, which can lead to negative outcomes of

children. Factors that are not as widely known—but no less important—are the social and emotional impacts of poverty (i.e. depression, parental stress, and family dysfunction).

This newsletter addresses the importance of forming healthy relationships to lessen social poverty, with input from Marline Pearson, author of [Love Notes](#) and [Relationship Smarts PLUS](#).

THE LATEST



Pew Research Center

[Marriage and Cohabitation in The U.S.](#)

According to studies by the PEW Research Center, the share of adults who have lived with a romantic partner is now higher than the share who have ever been married. Married adults reported being more satisfied with their relationships and more trusting of their partners.

[How High School Seniors Would Divide Their Future Work-Family Life](#)

Family Studies

The Blog of the Institute for Family Studies

When it comes to gender roles and the way families manage the balance between work and raising kids, it seems that Americans these days see a wide range of acceptable possibilities for family and work arrangements. However, in an annual survey of 16,000 high schoolers, answers about their own plans tend to be more traditional in nature.



[ACEs Contribute to Lower Self-Control Among Teens](#)

Adverse childhood experiences (ACEs) are known to lead to a number of negative health and behavior outcomes, including delinquent and criminal behavior. A new study has found exposure to adverse childhood experiences is also associated with lower self-control in teenagers, especially when those experiences are related to maltreatment.

NEWS YOU CAN USE



[Helping Teens Value Empathy to Navigate A Divisive Climate](#)

Deanna Slamans, author, conference speaker, curriculum writer, and educator, says, “In a world where people seem intent on ‘choosing sides,’ empathy can help make society more humane and inclusive. Parents can use some simple approaches to help their teens develop empathy and apply it to today’s most difficult issues”.



[Skills Development to Improve Employment Success](#)

The Oklahoma State Department of Human Services in cooperation with WorkForward, is preparing Temporary Assistance for Needy Families (TANF) participants for employment by bridging its relationship education experience with its job training program. By focusing on soft skills development and navigation of workplace relationships, this integrated approach is laying a foundation for helping TANF participants obtain and sustain employment.

[Teens with Loving Mothers Less Likely to Enter Abusive Relationships](#)



According to a new University at Buffalo study, a mother’s warmth and acceptance toward her teenagers may help prevent those children from being in an abusive relationship later in life, even if her own marriage is contentious. Despite exposure to marital conflict at a young age, the new study discovered that “the child’s relationship with their mother serves as a buffer by potentially promoting the teen’s feelings of self-worth,” says Jennifer Livingston, lead investigator and associate professor in the School of Nursing.

TOOLS YOU CAN USE

IES : NCEE [Instruments for Measuring Social and Emotional Learning Skills](#)

This resource identifies reliable and valid instruments that measure collaboration, perseverance, and self-regulated learning among secondary school students to support state and local agencies. The listing was developed by the Regional Education Laboratory Northeast & Islands in collaboration with the Social and Emotional Learning Alliance.



CAREER TECHNICAL EDUCATION FOUNDATION [FCS Framework](#)

The Framework for Family & Consumer Sciences (FCS) in Career and Technical Education (CTE) provides a tool for developing high-quality FCS programs of study. It is designed to help local and state CTE administrators leverage their FCS programs to support students’ preparation for high-skill, high-wage, and/or in-demand careers and meet local economic and workforce demands for talent. FCS educators can also use the Framework to support their work program and instructional planning to enhance the relevancy of their FCS programs.



[One Key to Being Happy When You’re Single](#)

A new study from the University of California Berkeley shows how important social connections are for single people. With changes surrounding the institution of marriage, people are getting married later, more people are actively choosing not to get married, and it is more common for people to have children without getting married. To study these effects on well-being, a recent [study](#) in *Applied Research in Quality of Life* compared the behaviors and the happiness of married and unmarried people. It found that unmarried people have a unique advantage: They are more active socially, which means they’re sometimes even happier than their married counterparts.

WEBINAR



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What Do We Really Know About “The Cycle of Violence?”

Presented by: Megan Haselschwerdt, Ph.D., Assistant Professor in Child and Family Studies, The University of Tennessee, Knoxville.

Learning About Positive Youth Development: A Free & Fun Course for Youth Work Professionals

Presented by: Jutta Dotterweich, M.A. Director of Training, ACT for Youth Center of Excellence.

“Meet Them Where They Are”: Building Protective Factors for the Future

Presented By: Mina Koplin, Emily Spruill, and Reta Johnson.

FUNDING STREAMS

Expanding the Evidence to Prevent Sexual Violence



Evaluating Practice-based Programs, Policies, and Practices from CDCs Rape Prevention and Education (RPE) Program

The CDC seeks proposals to rigorously evaluate the effectiveness of **primary prevention programs**, policies, or practices implemented by CDC-funded Rape Prevention and Education (RPE) programs to prevent sexual violence. Research funded under this announcement is intended to expand the evidence base for sexual violence prevention in one or more of the following strategy areas identified in the STOP SV technical package: Promote Social Norms that Protect Against Violence, Provide Opportunities to Empower and Support Girls and Women, and Create Protective Environments.). The proposed research is expected to rigorously evaluate practice-based prevention approaches to increase the evidence for sexual violence prevention programs, policies, or practices that have traction within the field, are feasible to implement by practitioners, and acceptable to communities.

(Ed. Note: Relationship Smarts PLUS is being implemented in California using RPE funds.)



Grants to Enhance Culturally Specific Services for Victims of Domestic Violence, Dating Violence, Sexual Assault, and Stalking Program

Apply by: February 12, 2020

The Culturally Specific Services Program supports tribal community-based programs providing culturally specific services to victims of domestic violence, dating violence, sexual assault, and stalking, as well as the development of innovative culturally specific strategies to enhance access to services and resources for victims who face obstacles to using more traditional programs.

California's Expecting and Parenting Teen Programs



Adolescent Family Life Program (AFLP) Request for Application

Adolescent Family Life Program (AFLP) is a case management program for expectant and parenting youth age 21 and younger to: increase **social and emotional support and**

build resiliency, improve pregnancy planning and spacing, increase education attainment and employability, and increase access to needed services. AFLP agencies implement the evidence-informed Positive Youth Development (PYD) Model to support expectant and parenting youth in California (CA). The purpose of the PYD Model is to improve the life course trajectory of expectant and parenting youth through a resiliency-based, youth-led program that integrates assessment of needs and interests and linkage to care and support services with skills building and life planning. The 2020 Request for application states that **applications are due no later than January 10, 2020**.

Nonprofit Organizations in Ohio Supported

[The Kettering Fund](#)

The mission of The Kettering Fund is to support scientific, medical, social, and educational studies and research conducted by nonprofit organizations and carried out within the state of Ohio. The Fund's areas of interest include **education**; environment; **public/society benefit**; arts, culture, and humanities; **human services**; and **health**. For the upcoming funding cycle, Request Summaries may be submitted between December 1, 2019, and January 31, 2020. (It is strongly recommended that interested applicants contact the Fund's office before starting the application process.) Visit the Fund's website to learn more about the grant guidelines.

Grants Strengthen Programs for Underserved Children in North Carolina

[Carolina Hurricanes Foundation: Game Changer Grants](#)

The Carolina Hurricanes Foundation supports nonprofit organizations in North Carolina that share the Foundation's focus on **children's health and education**, with an emphasis on impacting underserved populations. The Foundation's Game Changer Grants are intended to help organizations make a positive impact in the community through grassroots action. Grants are awarded at one of three levels of funding: \$5,000, \$10,000, or \$15,000. Applying organizations must have been in operation for three or more years. The upcoming application deadline is December 10, 2019. Visit the Foundation's website to submit an online application.

Funds for Programs Fostering the Self-Sufficiency of Coloradans

[Anschutz Family Foundation](#)

The Anschutz Family Foundation supports nonprofit organizations throughout the state of Colorado that assist people to help themselves while nurturing and preserving their self-respect. The Foundation encourages endeavors that **strengthen families** and communities and advance individuals to become productive and responsible citizens. There is a special interest in **self-sufficiency**, community development, and programs aimed at the economically disadvantaged, the young, the elderly, and people with disabilities. The Foundation is also dedicated to funding efforts in rural Colorado. Grants generally range between \$5,000 and \$10,000. The first application deadline for 2020 is January 15. Visit the Foundation's website to review the funding areas and application procedure.

Grants Advance the Health and Education of Connecticut Residents

[Connecticut Health and Educational Facilities Authority: Nonprofit Grant Program](#)

The Connecticut Health and Educational Facilities Authority's (CHEFA) Nonprofit Grant Program provides grants of \$5,000 to \$75,000 to nonprofit organizations that address the following areas: childcare, including before and **after-school programming**; arts and culture, including museums, theaters, etc.; **education**, including **workforce development**, vocational training, and youth summer jobs; and healthcare, including **wellness** and senior living. The deadline for submitting letters of interest is December 13, 2019. Visit the CHEFA website to download the 2020 Request for Proposals.

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