

Healthy Relationship News – July 2019

DIBBLE NEWS

- Mind Matters Training in
- September! Setting Teens Up For Success

THE LATEST

- Family Structure and Wealth Accumulation
- Adolescent Connectedness and Adult Health
- Building Family Prosperity
- Teen Depression and Their Parents' Marriage

NEWS YOU CAN USE

- Educators View of Social and Emotional Learning
- When Social Media Is Problematic for Teens

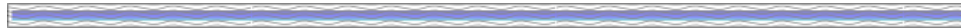
TOOLS YOU CAN USE

- An Asset Based Approach to Adolescent Health
- Schools Can Help Students Manage Emotions Test
- Your Relationship Without Moving In Together

SECOND WEDNESDAY WEBINAR – July 10, 2019

**“Chambers of Heart”
Building and Maintaining Trust and Relationships**

FUNDING STREAMS



DIBBLE NEWS

[Spotlight on Care4U: Setting Teens Up For Success As Adults](#)



A federally funded program in east-central Illinois aims to equip young people for a successful transition into adulthood. The program, called Care4U, is a partnership between Illinois State University in Normal and high schools across Champaign-Urbana. Care4U's program manager, Kellie Anderson states that “The first semester we work with them on healthy relationship dynamics, using the “Love Notes” curriculum from The Dibble Institute. The second semester we do half workforce readiness and half financial literacy. So they're really skills that could lead a person

to have a more satisfying life as an adult.”

THE LATEST



[Childhood Family Structure and Wealth Accumulation](#)

Childhood family structure is a commonly studied determinant of child and adult outcomes. Wealth is affected by a wide variety of factors, including human capital formation, family dynamics, and intergenerational transfers. Based on data from the 1979 National Longitudinal Survey of Youth, individuals who continuously lived with both biological parents during childhood had more wealth as adults than those who did not. This observation held for all of the different childhood family structures. Additional tests revealed that differences in wealth among the different family structures were not statistically significant.

[Adolescent Connectedness and Adult Health Outcomes](#)



According to a new CDC study published in *Pediatrics*, youth who feel connected at home and at school were less likely to experience health risk behaviors related to mental health, violence, sexual health, and substance use in adulthood. These findings suggest that increasing both school and family connectedness during adolescence through school, family, and community-based approaches can potentially have a powerful impact on health outcomes

later in life.



[The Father Factor: A Critical Link in Building Family Prosperity](#)

This report via GOOD+ Foundation and [Ascend at the Aspen Institute](#) summarizes critical themes and practical examples that surfaced at the convening to increase father engagement for the well being of children, families, and communities.



[Teen Depression Treatment Should Extend to Parents' Marriage](#)

A new study has found that teen depression can affect parents' marital satisfaction. Parents often seek mental health treatment for a child struggling with depression, but the treatment shouldn't stop with the depressed teen. The study found that while depressed teens were involved in active treatment, parents' marriages and parent-child conflict remained stable, but slightly worsened once the teens' treatment had finished.

NEWS YOU CAN USE



[How Educators View Social and Emotional Learning](#)

A [RAND analysis](#) drawn from surveys of the nation's teachers and principals offers some useful insight into how they view "social and emotional learning" SEL. The report drew on two surveys administered to massive, nationally representative samples of more than 28,000 teachers and more than 12,000 principals. The results do suggest that educators seem to have SEL on their minds.

[When Social Media Is Really Problematic for Adolescents](#)

[A report in JAMA looked at suicide rates](#) among those aged 10 to 19 over the period from 1975 to 2016; boys have traditionally had higher suicide rates, but the gap has narrowed as rates rose among adolescent girls, with the largest percentage increases among girls aged 10 to 14. Children may use interactive media in problematic or dangerous ways because of underlying problems, or they may be particularly vulnerable to what they find on social media.

TOOLS YOU CAN USE



[Building on Strengths – An Asset Based Approach to Adolescent Health](#)

This Webinar by the American Public Health Association introduces 5 C's and other resources for Health providers and Youth Serving Adults in their work with young people.

EDUCATION WEEK

[The Teen Brain: How Schools Can Help Students Manage Emotions and Make Better Decisions](#)

Adolescence tends to be seen by parents—and many teachers—with dread. Teenagers are likelier to engage in risky behaviors and disengage from school. But emerging cognitive and neuroscience research suggests ways schools can help leverage teens' strengths in this unique developmental period. In symposia at International Mind, Brain, and Education Society research conference here last week, and a consensus report funded by the Alliance for Excellent Education released here, cognitive and neuroscientists called for educators to foster school cultures that better support adolescent development.

PREP®

[How to Test Your Relationship Without Moving In Together](#)

Couples figure that by experiencing what it's like to live in close proximity and do day-to-day routines together, they can make a better decision about their compatibility and long-term prospects, in order to avoid someday getting a divorce. While the idea makes a great deal of sense in the abstract, numerous research studies have definitively shown that living together before marriage does not reduce a couple's chances of divorce. Testing your relationship shouldn't be about placing it under a cynical, hypercritical microscope, but simply being more explorative — seeing if, as a couple, you're suited for tackling life's great adventure together.

SECOND WEDNESDAY WEBINAR

July 10



**“Chambers of Heart”
Building and Maintaining
Trust and Relationships**

Join Judge JH Corpening to learn how to build positive relationships and trust with young people through his “Chambers of Heart” approach. This mindset builds the foundations of a positive and safe environment, which is conducive to growth and change.

In this webinar, you will explore the five “Chambers of Heart”– honesty, respect, interest, commitment, and passion – that he uses in his work with youth. Discover ways to create and maintain relationships and trust with young people by leading with your heart.

Objectives: Attendees will learn:

1. The importance of creating positive relationships and trust with the young people they work with
2. Ways to implement the five “Chambers of Heart”
3. How “Chambers of Heart” build positive relationships between adults and young people.

Presenters: The Honorable **J.H. Corpening**, Chief District Court Judge for the 5th Judicial District, serving New Hanover and Pender counties of North Carolina.

Who should attend: who seeks to build better relationships with youth and young adults.

When: Wednesday, **July 10, 2019, 4:00pm Eastern/1:00pm Pacific**

Duration: 60 minutes

Cost: Free!

[REGISTER NOW](#)

FUNDING STREAMS

Funding Opportunity for CBOs That Partner With Community Colleges

 [The KRESGE Foundation](#)

Does your organization have a partnership with a community college within the ‘Achieving the Dream’ network? If so, you may be interested in this funding opportunity from the Kresge Foundation. The RFP for Boosting Opportunities for Social and Economic Mobility (BOOST) is due July 26th. Relationship skills, father involvement, family stabilization are all potential interventions for this funding.



Arnold Ventures [Arnold Ventures’ Evidence-Based Policy](#)

This initiative is a major source of funding for randomized controlled trials (RCTs) of social programs, and they are always seeking new proposals for high-quality RCTs. Check out their [RCT Opportunity Request for Proposals \(RFP\)](#), and consider participating. The process is streamlined with no submission deadline. They seek proposals for RCTs across the full spectrum of U.S. social policy, including areas such as early childhood, K-12 and postsecondary education, employment and training, foster care, and crime and substance abuse prevention.

(Ed. Note: Dibble would be pleased to partner with researchers proposing to evaluate our programs. Please reach out to Kay Reed (kayreed at DibbleInstitute.org) for an exploratory conversation.)

Grants Enhance Communities in Oklahoma and Colorado Springs



[Inasmuch Foundation](#)

The Inasmuch Foundation is dedicated to the betterment of people, neighborhoods, and communities in Oklahoma. The Foundation primarily provides grants to nonprofit organizations throughout the state for programs that result in the greatest positive outcome for Oklahomans. (Support is also considered for nonprofit organizations that address the Foundation’s priorities in Colorado Springs, CO.) The Foundation’s areas of interest include education, community enhancement, and health and human services. Projects that involve collaborative community efforts to avoid duplication of services are encouraged. The upcoming deadline for letters of inquiry is August 15, 2019. Visit the Foundation’s website to submit an online letter of inquiry.

Program Supports Work Skills and Service Learning for Youth



YouthBuild offers funding for organizations providing pre-apprenticeship services that support education, occupational skills training, and employment services to at-risk youth while they perform meaningful work and service to their communities. The application deadline is August 6, 2019.

(Ed. Note: [Love Notes](#) has been successfully used in Mental Toughness as well as Leadership within the YouthBuild program.)

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