

# Healthy Relationship News – June 2019

## THE LATEST

- **New Grants Released!**
- **Teenage Girls and Dating Violence Teen**
- **Birth Rates Continue to Decline Bullying**
- **Among Adolescents Hurts Both**

## NEWS YOU CAN USE

- **The Changing Profile of Unmarried Parents**
- **Challenges That States Face In Addressing Child Trauma**
- **Improving Couples' Relationships Leads to Improved Coparenting**

## TOOLS YOU CAN USE

- **The Science of Love Video**
- **What's Not On The Test Podcast Tip**
- **Sheet – Sexting Advice For Teens**

## SECOND WEDNESDAY WEBINAR – June 12, 2019

**What Do You Mean?  
Unblurring the Lines between  
Consent, Assault, & So Much More**

## FUNDING STREAMS

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## THE LATEST

New grants released! We have your back with new toolkits!

- [Sexual Risk Avoidance Education](#)
  - [Title V Competitive Sexual Risk Avoidance](#)
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### [Teenage Girls and Dating Violence: Why We Should Be Paying Attention](#)



It's no secret that intimate partner violence is a leading killer of women in the United States: More than half of homicides of women are at the hands of a romantic partner, according to the Centers for Disease Control and Prevention. Now it appears that this type of violence is also affecting adolescent girls.



### [Teen Birth Rates Continue to Decline](#)

The provisional birth rate for teenagers in 2018 was 17.4 births per 1,000 women aged 15-19, down 7% from 2017, and another record low for this age group. The rate has declined by 58%, or nearly 8% per year, since 2007, the most recent period of continued decline, and 72% since 1991, the most recent peak. The number of births to females aged 15-19 was 179,607 in 2018, down 8% from 2017 and down 60% from 2007.

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### [Bullying Among Adolescents Hurts Both the Victims and the Perpetrators](#)



About a tenth of adolescents across the globe have been the victims of psychological or physical violence from their classmates. In a new study researchers show that victims and their perpetrators both suffer as a result of these attacks: They are more inclined to consume alcohol and tobacco, are more likely to complain of psychosomatic problems and their chances of having problems with their social environment increase, too.

## NEWS YOU CAN USE



### [The Changing Profile of Unmarried Parents](#)

One-in-four parents living with a child in the United States today are unmarried. Driven by declines in marriage overall, as well as increases in births outside of marriage, this marks a dramatic change from a half-century ago, when fewer than one-in-ten parents living with their children were unmarried (7%). NJJow 35% of all unmarried parents are living with a partner.



### [Challenges That States Face In Addressing Child Trauma](#)

The Government Accountability Office (GAO) released [a report](#) on May 22 on the challenges that states face in their efforts to support children affected by trauma. The findings were based in part on interviewing state and local officials in six states (Colorado, Massachusetts, North Carolina, Ohio, Washington, and Wisconsin) along with questionnaires to 16 states.



### [Improving Couples' Relationship Leads to Improved Co-parenting](#)

The ultimate benefit of relationship education may be improving the well being of children. A recent study shows how a home-visiting program for rural African American couples not only improves their relationship, but that an improved relationship leads to better co-parenting.

## TOOLS YOU CAN USE

The Gottman Institute [The Science of Love](#) Video

Over four decades ago, John Gottman set out to understand love through the lens of science. He measured the behavior, perception, and physiology of couples over time in his research lab (dubbed the "Love Lab") at the University of Washington. Using the data collected, he was able to create equations for love and discern the mathematical dynamics of a relationship. Surprisingly, even to him, he was able to predict with over 90% accuracy whether couples would stay together or break up. In his TEDx Talk, [The Science of Love](#), Gottman explains how his scientific research has created a new understanding of love relationships.



### [Listen to 'What's Not On The Test' from Hidden Brain Podcast](#)

Smarts matter. But other factors may play an even bigger role in whether someone succeeds. This week, we speak with Nobel Prize-winning economist James Heckman about the social and emotional skills that predict how you'll fare in life. We'll also look

at programs that build these skills in the neediest of children – and new research that suggests the benefits of investing in kids and families can last for generations.



## [Sexting: Advice for Teens](#)

Sharing pictures with romantic partners is a natural part of any relationship. It's important, however, that you are doing so safely, responsibly, and appropriately. Exchanging explicit (nude) images is not only uncool, it's illegal. It can get you in trouble with your parents, your school, and even the police. Think twice before taking an explicit picture of yourself, or sending one of yourself—or someone else—to another person. You never know where it could end up or what kind of trouble you could find yourself in. Follow these basic principles to keep your privates private.

# SECOND WEDNESDAY WEBINAR

June 12



## What Do You Mean? Unblurring the Lines Between Consent, Assault, and So Much More

Many young people are undereducated in consent, thus limiting their understanding of what it is and what it is not. Research finds persistent confusion about what constitutes both lack of consent and sexual assault. As youth-serving professionals, we can help bridge that gap to help young people better understand these two relevant and extremely important topics. In other words, let's work to help "unblur" what for some can be a blurry understanding of consent and sexual assault.

In this interactive webinar, participants will respond to scenarios as well as discuss and explore tips and strategies for communicating "yes", checking-in, and exploring sexual boundaries between partners.

**Objectives:** Specifically, webinar attendees will be able to:

1. Define what consent is and what it is not.
2. Identify 3-4 components of what is effectively communicated consent and boundaries
3. Explain the importance of educating youth on the right to refuse sexual contact and what refusal can look like.

**Presenters:** **Kysha Parker**, MPH, CHES. Community-Based Initiative Program Manager at Georgia Campaign for Adolescent Power and Potential.

**Who should attend:** Youth-serving professionals in the field of Adolescent Health and Youth Development, pregnancy prevention and sexual risk avoidance grantees, relationship skills educators, community-based youth workers, dating violence prevention teachers, family life educators, health educators, high school counselors.

**When:** Wednesday, June 12, 2019, 4:00 pm Eastern/1:00 pm Pacific Time

**Duration:** 60 minutes

**Cost:** Free!

[REGISTER NOW](#)

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## FUNDING STREAMS



### [Title V Competitive Sexual Risk Avoidance Education \(CSRAE\)](#)

*(Only organizations in Alaska, California, Connecticut, Hawaii, Maine, New Hampshire, Rhode Island, Vermont, Washington, Guam, Marshall Islands, Northern Mariana Islands, and Palau are eligible to apply.)*

The purpose of the CSRAE is to fund projects to implement sexual risk avoidance education that teaches participants how to voluntarily refrain from non-marital sexual activity. The goals of CSRAE are to empower participants to make healthy decisions, and provide tools and resources to prevent pregnancy, sexually transmitted infections (STIs), and youth engagement in other risky behaviors.

Check out our Title V grant writing toolkit [here!](#)

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### [Sexual Risk Avoidance Education Program](#)

The purpose of the SRAE Program is to fund projects to implement sexual risk avoidance education that teaches participants how to voluntarily refrain from non-marital sexual activity. The services are targeted to participants that reside in areas with high rates of teen births and/or are at greatest risk of contracting sexually transmitted infections (STIs). The goals of SRAE are to empower participants to make healthy decisions, and provide tools and resources to prevent pregnancy, STIs, and youth engagement in other risky behaviors.

Check out our SRAE grant writing toolkit [here!](#)

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*Support for Organizations Serving Company Communities*

### **BIG LOTS!** [Big Lots Foundation](#)

The Big Lots Foundation supports nonprofit organizations that improve the lives of families and children in the communities the company serves throughout the United States, with the exception of Alaska, Hawaii, and South Dakota. The Foundation's areas of interest include hunger, housing, healthcare, and education. Priority is given to organizations that **help needy families transition from poverty to self-sufficiency**. Requests are reviewed two times per year; the upcoming application deadline is July 1, 2019. Visit the company's website to review the funding guidelines and submit an online request.

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*Support for Environmental and Financial Literacy Programs*

**Cornell Douglas Foundation**

The Cornell Douglas Foundation is dedicated to advocating for environmental health and justice, encouraging stewardship of the environment, and furthering respect for sustainability of resources. The Foundation provides grants ranging from \$10,000 to \$50,000 to nonprofit organizations throughout the United States that address one or more of the following areas of interest: environmental health and justice, land conservation, sustainability of resources, mountaintop removal mining, watershed protection, and **K-12 financial literacy**. Introductory letters are reviewed throughout the year. Visit the Foundation’s website for information on developing and submitting an introductory letter.

*(Editor’s Note: [Money Habitudes](#) may be a fit here!)*



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