

# Healthy Relationship News – March 2019

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## THE LATEST



### [Mitigating the Effects of Childhood Trauma](#)

Adverse childhood experiences (ACEs) can lead to mental health disorders in adolescence, and **healthy family functioning** and civic engagement can mitigate such damaging impact, according to a new Rutgers University–Camden study.

(Editor's Note: [Mind Matters](#) is currently being studied as an intervention to mitigate ACEs.)

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### [Most U.S. Teens See Anxiety and Depression as a Major Problem Among Their Peers](#)

Anxiety and depression are [on the rise](#) among America's youth and, whether they personally suffer from these conditions or not, seven-in-ten teens today see them as major problems among their peers.

In many ways the long-term goals of boys and girls don't differ significantly. About nine-in-ten or more in each group say having a job or career they enjoy would be extremely or very important to them as an adult (97% of girls and 93% of boys say this). **And similar shares of girls and boys see getting married (45% and 50%, respectively) and having children (41% and 39%) as priorities for them, personally, when they grow up.** Still, boys are considerably more likely than girls to say having a lot of money would be extremely or very important to them (61% vs. 41%).

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### [Suicides among Lesbian and Gay Male Individuals](#)



Findings from the National Violent Death Reporting System contributes to the suicide prevention field by expanding on the characteristics and precipitating circumstances of suicide among lesbians and gay men compared to non-lesbians and non-gay male victims. The analysis revealed several differences by age, mechanism of injury, and known precipitating circumstances, including a greater presence of physical health, job, and **relationship problems among**

**gay male decedents, and intimate partner and other relationship problems among lesbian decedents.**

*(Editor's Note: As mentioned in prior newsletters, relationship issues are reported as a precipitating factor in 56% of teen suicides.)*

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## NEWS YOU CAN USE



[Divorce, Co-Parenting and Kids](#)

About one in three children living in the United States are growing up in a single-parent home. And among divorced couples with young children, moms are still more likely to have custody of kids after a split. New research supports the theory that when [moms and dads maintain a better co-parenting relationship, kids may be less likely to act out.](#)

*(Editor's Note: Love Notes teaches the skills and knowledge to develop respectful, productive co-parenting relationships for the benefit of children.)*

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**TIME** [I've Talked With Teenage Boys About Sexual Assault for 20 Years. This Is What They Still Don't Know](#)

I started visiting schools two decades ago. It was after the publication of my novel, [Speak](#), which tells the story of a teenage girl struggling through the emotional aftermath of being raped. It is commonly read in high school and college literature classes, and has proven to be a useful springboard to conversations about rape mythology, sexual violence and consent.

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## TOOLS YOU CAN USE



[Teen Dating and Healthy Relationships in the Digital Age Webinar](#)

This free recorded webinar from the National Resource Center for Healthy Marriage and Families discusses how technology influences teen relationships, including relationship quality, communication, documenting and displaying of relationships, and external perceptions of relationships online.

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 **Connecting** [Connections Among Types of Violence](#)  
the dots

*New Tool Enables Exploration of Risk and Protective Factor*

You're invited to use [Connecting the Dots Selector](#), a new tool from CDC that makes it easier to see links between different types of violence. A clear understanding of these connections can help you plan [strategies to prevent multiple forms of violence](#) at once. This tool enables you to connect the overlapping causes and what can protect people.



## [The Unique Contributions of Fathers to their Children's Development](#)

The presence of a caring, involved father is associated with positive developmental outcomes for children. This webinar explores the important contribution of fathers to the cognitive, social, and emotional development of their children. Dr. Tova Walsh of the University of Wisconsin–Madison School of Social Work shares insights from the rapidly growing body of research on fathers' influence on child development.

## SECOND WEDNESDAY WEBINAR

March 13



### Rural Vs. Urban Youth: Are They Really That Different?

When educating youth, one must be aware of their uniqueness as it relates to a variety of demographics, including the community where they are living. If youth cannot take the information you are providing and use it in their daily lives and in their community, then all of the education is for nothing.

The evidence-based [Love Notes Sexual Risk Avoidance Adaptation](#) (SRA) curriculum is being used successfully in two SRAE programs that serve high-risk youth in very different communities – one in rural West Virginia and the other in New York City. In this webinar, we will discuss how, while these youth may seem like they are worlds apart, we have found that their response to this curriculum and relationship experiences are not all that different.

**Presenters:** **Torri Childs, MA**, Field Research Associate who has worked with AMTC and Associates since 2008.

**Crystal Agnew**, Deputy Director of Trinity Church, Peacemakers Family Center

**Melissa Ballard**, Program Director for the Mission West Virginia SRAE Program

**Who should attend:** Healthy marriage and healthy relationship organization grantees, staff, evaluators, policy makers; teen pregnancy and dating violence prevention practitioners, Extension professionals, health educators, family stabilization staff, anyone with interest in youth and relationship education.

**When:** Wednesday, **March 13, 2019, 4:00 pm Eastern/1:00 pm Pacific Time**

**Duration:** 60 minutes

**Cost:** Free!

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## FUNDING STREAMS

### GRANT FORECASTS

*(Editor's Note: Dibble programs are currently used by a large number of grantees using the following three funding streams. If you would like a complimentary 30 day online review a copy of one of our programs as you make your plans, please [let us know!](#))*

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#### [Replicating Programs Effective in the Promotion of Healthy Adolescence and the Reduction of Teenage Pregnancy and Associated Risk Behaviors – Phase I](#)

The Office of Adolescent Health has just announced the following Cooperative agreement. *Replication of Programs Proven Effective through Rigorous Evaluation to Reduce Teenage Pregnancy, Behavioral Risk Factors Underlying Teenage*

*Pregnancy, or Other Associated Risk Factors (Tier 1) Phase I.*

**Submission deadline is April 15.** [Learn more.](#)

**Technical assistance webinar, March 4, 2:30 pm ET.** [Join.](#)

*(Editor's Note: Love Notes EBP is the only [evidence-based curriculum](#) that HHS has evaluated that both **reduces adolescents' risk for experiencing a pregnancy by 46%** and also has positive outcomes for **helping sexually active teens to decrease their frequency of sexual activity**. More teens who were taught Love Notes stopped having sex and chose to remain abstinent compared to the control group. [Check out our applicant toolkit!](#))*

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#### [Title V Competitive Sexual Risk Avoidance Education \(CSRAE\)](#)

*(Only organizations in Alaska, California, Connecticut, Delaware, Hawaii, Kansas, Maine, New Hampshire, North Dakota, Rhode Island, Vermont, Washington, Wyoming, American Samoa, District of Columbia, Guam, Marshall Islands, Northern Mariana Islands, Palau, and Virgin Island are eligible to apply.)*

The purpose of the CSRAE is to fund projects to implement sexual risk avoidance education that teaches participants how to voluntarily refrain from non-marital sexual activity. The goals of CSRAE are to empower participants to make healthy decisions, and provide tools and resources to prevent pregnancy, sexually transmitted infections (STIs), and youth engagement in other risky behaviors. **(Estimated posting date: February 22, 2019)**

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*Mental Health Grants in Metropolitan NY and Philadelphia.*



#### [Sexual Risk Avoidance Education Program](#)

The purpose of the SRAE Program is to fund projects to implement sexual risk avoidance education that teaches participants how to voluntarily refrain from non-marital sexual activity. The services are targeted to participants that reside in areas with high rates of teen births and/or are at greatest risk of contracting sexually transmitted infections (STIs). The goals of SRAE are to empower participants to make healthy decisions, and

provide tools and resources to prevent pregnancy, STIs, and youth engagement in other risky behaviors. **(Estimated posting date: March 4, 2019)**

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*Programs for At-Risk Youth Programs in Oregon and Washington Supported*



Silver Family Foundation

**[Silver Family Foundation](#)**

The Silver Family Foundation supports nonprofit organizations in Oregon and Washington that work with at-risk youth. The Foundation's Transitional Youth Development Grant Program provides funds to organizations that offer in-depth, long-term investments and opportunities for **motivated, low-income youth**. Priority is given to programs that have a proven track record of improving outcomes around key youth development and academic benchmarks including 3rd grade reading, **high school graduation**, and college attainment and completion. Letters of inquiry may be submitted throughout the year; invited **proposals are due March 31 and September 30, annually**. Visit the Foundation's website to review the grant guidelines.

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*Grants Provide Training Opportunities for Organizations on the East Coast*



America's Most Convenient Bank®

**[TD Charitable Foundation: Non-Profit Training Resource Fund](#)**

The Non-Profit Training Resource Fund, an initiative of the TD Charitable Foundation, provides grants to charitable organizations for employees to attend approved classes and courses that will enhance job performance. Grants of up to \$1,000 will be awarded to organizations within the TD Bank market area on the East Coast that focus on affordable housing, economic development, financial literacy, or **after-school and extracurricular programming**. Applications will be accepted on a rolling basis in 2019 and will be reviewed monthly. Visit the TD Bank's website to review the application guidelines.

*(Ed. Note: Call us at 800-695-7975 for our latest training dates.)*

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*Grants Strengthen Opportunities in Arkansas, Louisiana, and Mississippi*



**[Foundation for the Mid-South](#)**

The Foundation for the Mid-South was established to bring together the public and private sectors and focus their resources on increasing social and economic opportunity in Arkansas, Louisiana, and Mississippi. The Foundation supports efforts that expand knowledge and improve lives through the following priority areas: The goal of the Communities category is to build the skills and knowledge of communities to transform themselves. **The goal of the Education category is to improve high school graduation rates, college preparedness, and life outcomes of students.** The goal of the Health category is to improve individual and community health outcomes in chronic disease, mental health, and access to care. The goal of the Wealth Building category is to support programs and information to enable residents to manage their finances effectively and grow their wealth. Initial grant inquiries may be submitted at any time through the Share Your Ideas form. Visit the Foundation's website to learn more about the funding priorities.

*(Ed. Note: Graduation rates, college preparedness, and life outcomes can all be positively impacted through relationship education.)*

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