



# The Dibble Institute

## Relationship Skills for Teens

### PREPARE ENRICH INSPIRE for Teens

National Standards for Family and Consumer Sciences (NASAFACS)

Grades: 9, 10, 11, 12

#### Lesson 01: Relationships and You

**Grades: 9, 10, 11, 12 – Adopted 2008**

<b>AREA OF STUDY</b>	<b>NASAFACS.13.0.</b>	Interpersonal Relationships: Demonstrate respectful and caring relationships in the family, workplace and community.
<b>CONTENT STANDARD</b>	<b>13.6.</b>	Demonstrate standards that guide behavior in interpersonal relationships.
<b>COMPETENCIES</b>	<b>13.6.1.</b>	Apply critical thinking and ethical criteria to evaluate interpersonal relationships.

#### Lesson 02: Knowing Yourself

**No Correlations Found**

#### Lesson 03: Friendship, Love, and Intimacy

**Grades: 9, 10, 11, 12 – Adopted 2008**

<b>AREA OF STUDY</b>	<b>NASAFACS.13.0.</b>	Interpersonal Relationships: Demonstrate respectful and caring relationships in the family, workplace and community.
<b>CONTENT STANDARD</b>	<b>13.6.</b>	Demonstrate standards that guide behavior in interpersonal relationships.
<b>COMPETENCIES</b>	<b>13.6.1.</b>	Apply critical thinking and ethical criteria to evaluate interpersonal relationships.

#### Lesson 04: Navigating the World of Dating

**Grades: 9, 10, 11, 12 – Adopted 2008**

<b>AREA OF STUDY</b>	<b>NASAFACS.13.0.</b>	Interpersonal Relationships: Demonstrate respectful and caring relationships in the family, workplace and community.
<b>CONTENT STANDARD</b>	<b>13.6.</b>	Demonstrate standards that guide behavior in interpersonal relationships.
<b>COMPETENCIES</b>	<b>13.6.1.</b>	Apply critical thinking and ethical criteria to evaluate interpersonal relationships.

#### Lesson 05: All in the Family

**No Correlations Found**

Lesson 06: Before You Say "I Do!"

**Grades: 9, 10, 11, 12 – Adopted 2008**

<b>AREA OF STUDY</b>	<b>NASAFACS.13.0.</b>	Interpersonal Relationships: Demonstrate respectful and caring relationships in the family, workplace and community.
<b>CONTENT STANDARD</b>	<b>13.6.</b>	Demonstrate standards that guide behavior in interpersonal relationships.
<b>COMPETENCIES</b>	<b>13.6.1.</b>	Apply critical thinking and ethical criteria to evaluate interpersonal relationships.

Lesson 07: Communication in Relationships

***No Correlations Found***

Lesson 08: Improving Communication in Relationships

***No Correlations Found***

Lesson 09: Conflict in Relationships

***No Correlations Found***

Lesson 10: From Dreams to Reality

***No Correlations Found***

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For more information on PREPARE ENRICH INSPIRE for Teens please contact:

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