

# Healthy Relationship News – September 2019

## DIBBLE NEWS

- Love Notes Used in DV Prevention
- Dibble Programs Listed in Colorado Safe Schools Guide

## THE LATEST

- Teen Attitudes About Marriage and Family
- Family Instability Influences Adolescents' Aggression
- Why Online Dating Can Feel Like Such an Existential Nightmare

## NEWS YOU CAN USE

- How to Talk to Your Kids About the Dangers of Sexting
- How America Abandoned Home Economics and 'Adulging'

## TOOLS YOU CAN USE

- 6 Ways to Boost Public Support for Prevention-Based Policy
- Self-Regulation and Toxic Stress Video Series

## SECOND WEDNESDAY WEBINAR – September 11, 2019

**“Meet Them Where They Are”**  
***Building Protective Factors for the Future***

## FUNDING STREAMS

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## DIBBLE NEWS



### [Colorado Pilots Love Notes as New Teen Dating Violence Prevention](#)

As students get ready to head back to class, teachers in Harrison School District 2 in Colorado Springs are preparing to pilot a new program. In partnership with TESSA, a group that provides resources for victims of domestic violence, D-2 will be teaching middle and high schoolers about teen dating violence using Love Notes as one of their interventions. “We hope it changes the culture.”

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### [Dibble Programs Listed in Colorado School Safety Resource Guide](#)



Love Notes, Relationship Smarts PLUS, and Mind Matters have been newly added to the Colorado School Safety Guide. Resources are focused on preventing child sexual abuse and sexual assault. Dibble programs were included because they include content on consent and inclusion of historically oppressed populations, which in the opinion of Colorado public health professionals, is abuse prevention.

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## THE LATEST

**State of our Unions**  
**2019**

[Teen Attitudes About Marriage and Family](#)

Future trends in family are reflected in the opinion of teenagers, where both sexes have consistently desired “a good marriage and family life” for several decades now, although boys are less desirous than girls of these things. Boys are also a little less optimistic than girls about the prospect of lifelong marriage. Both sexes are increasingly more accepting of alternative lifestyles, including nonmarital childbearing, cohabitation, or remaining single.

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### [Family Instability Influences Adolescents' Aggression](#)

A new brief examines the link between family instability during childhood and social competence and aggression in adolescence. Adolescents who had less family stability during childhood were more aggressive than their peers with stable families, regardless of family income level.

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### [Why Online Dating Can Feel Like Such an Existential Nightmare](#)

This exploration into the greater psyche behind online dating goes deep on the Gen Z zeitgeist. According to the latest data, chances are higher than ever that your teen will meet their spouse online. How that data will translate in terms of marriage success rates and personal happiness stats is something we can't know yet. But something we can see already is how online dating, online friendship, online *everything* contributes to an exhaustion of choice that permeates people's lives.

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## NEWS YOU CAN USE



### [How To Talk To Your Kids About The Danger Of Sexting](#)

Sexting among teens may not be the epidemic parents have been warned about, but despite education efforts and cautionary tales, it's still, unfortunately, [pretty common](#). While experts differ on statistics, a research report in the [June 2019 edition of JAMA Pediatrics](#) found that at least one in four teens receive sexually explicit texts and emails. At least one in seven teens send “sexts.”

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### [How America Abandoned Home Economics and 'Adulthood'](#)

A decades long shift toward preparing students to succeed in private industry has left multiple generations of high school graduates unprepared for life as an adult.

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## TOOLS YOU CAN USE



### [6 Ways to Boost Public Support for Prevention-Based Policy](#)

In this article, published in the *Stanford Social Innovation Review*, the authors detail the challenges of framing prevention-based policies and lay out six emerging strategies that advocates, activists, and researchers can use to boost support for acting now to avoid problems down the line. Framing prevention is one of the trickiest problems that FrameWorks has faced in its [20-year existence](#). After all, generating support for the use of lots of limited resources to see... nothing is seriously challenging for communicators.

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### [Self-Regulation and Toxic Stress Video Series](#)

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## SECOND WEDNESDAY WEBINAR

September 11



### **“Meet Them Where They Are” Building Protective Factors for the Future**

Hear how three agencies that use different funding streams utilize relationship education to meet youth where they are in order to help them to prepare for healthy lives and futures. These organizations use Dibble's programs to build protective factors so the youth can communicate effectively in jobs, set safe boundaries in relationships, and make healthy decisions about their love lives.

These agencies serve young people in schools, transitional living homes, and community-based settings.

**Objectives** – Attendees will:

1. Understand the needs of vulnerable youth
2. Demonstrate how relationship education meets vulnerable youth where they are
3. Learn about best practices used in diverse settings

**Presenters:** **Mina Koplin**, Salt Lake County, SLC, UT (SLC) – TLP Funded

**Emily Spruill**, Advocates for Children/Flowering Branch, Cartersville, GA – ILP through VOCA funding

**Reta Johnson**, Family Center, Little Rock, AR – PREP Funded

**Who should attend:** TLP grantees, ILP grantees, PREP and other Teen pregnancy prevention grantees, those who work with high-needs, vulnerable youth, those who seek to help youth build healthy lives and futures.

**When:** Wednesday, **September 11, 2019, 4:00pm Eastern/1:00pm Pacific**

**Duration:** 60 minutes

**Cost:** Free!

**REGISTER NOW**



invites innovative research proposals to advance understanding of childhood adversity, its impacts, and solutions to address it.

Strong proposals will:

- Strengthen understanding of how to define and measure childhood adversity and toxic stress, and its impacts, from a biological, developmental, and public health perspective.
- Validate and build the evidence base for strategies to address childhood adversity, grounded in the pediatric medical home and with the potential to be scaled and reimbursed.
- Identify and address other critical research gaps in improving care quality, health, and developmental outcomes for young children at risk of or exposed to adversity.
- Deepen understanding of how Adverse Childhood Experiences (ACEs), trauma, and toxic stress impact health and developmental trajectory, and our ability to deliver high-quality healthcare for all.

Read the full [call for grants notification](#) to learn more about eligibility, grant guidelines, and how to apply..

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### [Secondary Analyses of Strengthening Families Datasets OPRE/ACF](#)

The Office of Planning, Research, and Evaluation (OPRE) within the Administration for Children and Families (ACF) in the Department of Health and Human Services (HHS) plans to award up to ten cooperative agreements to fund research to conduct secondary data analysis of archived data, specifically the Building Strong Families (BSF), Supporting Healthy Marriage (SHM), and Parents and Children Together (PACT) datasets. These datasets are from large-scale federal evaluation impact studies, which addressed questions related to healthy marriage and/or responsible fatherhood.

Successful applicants will demonstrate a familiarity with the proposed data for their analysis and an adequate understanding of the variables, sampling, methodology, etc. used to construct the dataset necessary for completion of the work proposed in the application. Proposed research should address topics relevant to strengthening families to improve the lives of children and parents, as well as promote economic stability. Topics of interest include, but may not be limited to the following: mediators of healthy marriage, relationship education, and/or fatherhood programs; measurement issues related to healthy marriage, relationship education, and/or fatherhood programs with low-income families; or father involvement in low-income families.

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*RCT Funds to Evaluate Social Programs*



This initiative is a major source of funding for randomized controlled trials (RCTs) of social programs, and we are always seeking new proposals for high-quality RCTs. We encourage readers to check out our [RCT Opportunity Request for Proposals \(RFP\)](#), and to consider participating. The process is streamlined and there is no submission deadline. They seek proposals for RCTs across the full spectrum of U.S. social policy, including areas such as early childhood, K-12 and postsecondary education, **employment** and training, **foster care**, and crime and substance abuse prevention.

A key goal of their RCT funding is to build the body of social programs backed by strong, replicated evidence of sizable effects on important life outcomes. Their criteria therefore prioritizes funding for RCTs of programs whose prior evidence suggests potential for such sizable, important effects, although we will also fund RCTs based on other compelling reasons (e.g., the program to be evaluated is widely implemented with significant taxpayer investment, and its effectiveness is currently unknown).

The RCT Opportunity RFP, along with related funding announcements and resources, can be found on the [Evidence-Based Policy page](#) of Arnold Ventures' website. We hope this information is useful, and would encourage you to share this email with others who may be interested.

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### *Education Conferences to Address SEL Supported*

#### education **first** [Education First: Regional Social and Emotional Learning Convening Grants](#)

Education First, in partnership with the NoVo Foundation, is currently accepting applications for the 2019 Regional Social and Emotional Learning (SEL) Convening Grants program. The goal of this program is to help district and school communities create a convening that builds educators' and other adults' capacity to meet students' social, emotional, and academic needs with an equity lens. Education First will award two to four grants of \$50,000 to \$100,000 each to districts, charters, and their partners to design and host a convening in their region by the end of the 2020 calendar year. Selected applicants will receive technical assistance from Education First during the design phase of their grant. Awardees will have the opportunity to participate with a group of national SEL practitioners, experts, and advocates at the SEL in Action Convening in 2020. Letters of intent are due September 6, 2019. Visit the Education First website to review the [Request for Letters of Intent](#).

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#### [The Kresge Foundation: Human Services Program](#)

The Kresge Foundation is dedicated to promoting human progress by helping to improve the lives of low-income people living in America's cities. The Foundation's programs seek to expand opportunity for low-income people so they can gain the tools and supports needed to lead self-determined lives and join the economic mainstream. To provide greater pathways to social and economic mobility for children and families with low incomes, the Foundation's Human Services Program is currently inviting proposals that [advance place-based opportunity ecosystems](#); [develop supportive, aligned public policy](#); or [build a more robust human services field](#) in cities across the U.S. The proposal deadline is September 30, 2019. Visit the Foundation's website to learn more about each of these funding opportunities.

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