

Too Good for Violence – Social Perspectives Lessons Overview

The Social Perspectives Lessons are presented in two units. Unit 1- Skill Development includes Lessons 1-5 and establishes and develops social and emotional competency skills. Unit 2- Skill Application includes Lessons 6-10 and applies the skills learned in Unit 1. This unit also introduces information about conflict resolution, anger management, and respect for self and others. Also introduced is how to manage bullying situations, media interactions, and, in the older grades, this program begins to touch on dealing with dating relationship issues.



Each year of the program targets the same overall learning objectives. At the same time, every grade level adds depth to the conversations with more detailed and challenging topics, as well as utilization of different methods of teaching the material and more age-appropriate activities.

Unit 1 – Skill Development: Lessons 1 – 5

1 – Setting Reachable Goals

In this lesson, students learn how to set and reach personal goals. Students also learn to recognize and manage potential obstacles that can get in the way of reaching a goal.

2 – Making Responsible Decisions

Students learn to plan and be intentional about their actions, evaluate their choices, and to problem solve using the steps for responsible decision making. They also examine how goals, peers, media, and family influence decisions.

3 – Identifying and Managing Emotions

In this lesson, students learn to recognize and manage their emotions using healthy strategies. They analyze how emotions and self-awareness influence decision making. Students learn to discern the emotions of others and demonstrate care and respect of self and others.

4 – Effective Communication

In this lesson, students learn and apply effective communication skills to handle conflict peacefully, share feelings and ideas with others, and enhance cooperation in order to maintain positive relationships. Students also analyze how perceptions and emotions can influence communication.

5 – Bonding and Relationships

Students learn and apply peer refusal strategies and peer selection skills to promote healthy bonding and connectedness. Students identify the benefits of belonging to positive peer groups as well as the effects of associating with negative peer groups.

Unit 2 – Skill Application: Lessons 6 – 10

6 – Respect for Self and Others

Students learn how confidence and self-respect positively affect their attitudes, behaviors, and relationships. They assess their own strengths and weaknesses and demonstrate the ability to think positively in difficult situations.

7 – Conflict Resolution

In this lesson, students learn to identify healthy and unhealthy approaches to resolving conflict. Students evaluate the emotions associated with conflict to identify the probable effects of competition in the resolution of a conflict. Students also demonstrate constructive conflict resolution skills.

8 – Anger Management

Students distinguish degrees of anger and identify the physical indicators of anger. Students also distinguish the actions that can escalate or de-escalate a conflict.

9 – Identifying and Managing Bullying Situations

Students learn to recognize bullying behaviors and demonstrate healthy ways for targets and witnesses to respond to bullying behavior. They identify several motivations for bullying and demonstrate healthy alternatives to bullying behavior.

10 – Addressing Types of Violence and Review

Students will recall the skills learned in the course through a comprehensive course review.

6th grade - Media Violence and Respect

Students identify the negative influences of media presentations of violence. Students apply critical thinking and media literacy skills to interpret depictions of violence in the media and through social media.

7th grade- Peer Violence

In this lesson, students examine the precursors to peer violence including unresolved conflict, social pressure, rumors, and unmanaged emotion. Students examine the consequences of violence for the aggressor, target, and witness.

8th grade- Teen Dating Violence

Students examine the healthy and unhealthy characteristics of dating relationships. Students identify possible warning signs of abusive relationships.



WIN provides Refuge, Empowerment and Restoration to families affected by domestic violence in Hunt, Rains and Rockwall Counties.

T: 972-772-3000 W: WINTEXAS.ORG

“Together We Are Making a Difference”