1. Are you or someone you know in an abusive relationship? _____ Yes _____ No

2. Below are three of the four criteria for a goal you would like to pursue. Write in the missing criterion.
   1) Personal  2) ______________________  3) Positive  4) Specific

3. If someone you know was in an abusive relationship, would you know where to go for help?
   _____ Yes _____ No
   If Yes, where?

4. Demonstrating respect for yourself and others shows
   1) your awareness of your impact on the world around you.  2) your empathy for others.  3) that you value others even if they
   have different values or opinions.  4) all of the above.

5. True or False. Negotiation is used in a conflict to cooperate and work to reach a resolution that everyone agrees upon.

6. If I start to become angry, I know healthy ways to maintain my self-control.
   _____ Yes _____ No

7. True or False. Bullying behavior includes harassing someone online but does not include repeated teasing.