

## Relationship Smarts PLUS

### Life Management

GRADES 7, 8

CHILD DEVELOPMENT AND GUIDANCE CONTENT AREA STANDARDS	
<b>ECDFS - A10.5: Summarize the decisions and responsibilities involved in parenting in various cultures.</b>	
STANDARD	LESSON
A10.5.1 - Identify the parenting skills needed by those who care for children.	12
<b>ECDFS - A10.7: Explain the importance of studying child growth and development from infancy through adolescence.</b>	
A10.7.3 - Discuss the factors that are important to the optimum development of young children.	12
<b>ECDFS - A10.8: Explain positive guidance and discipline techniques that promote feelings of self-worth as they apply to the developmental stages of children.</b>	
A10.8.1 - Explain the differences among guidance, discipline, and punishment.	12
A10.8.3 - Identify and use appropriate and positive child guidance and discipline techniques.	12
<b>ECDFS - A10.9 - Demonstrate an understanding of the value and methods of providing infants, children, and adolescents with play and developmentally appropriate learning activities.</b>	
A10.9.2 - Discuss the caregiver's role in play and learning activities.	12
<b>ECDFS - A10.15: Describe the adjustments needed to adapt to major life changes throughout the human life cycle.</b>	
A10.15.1 - Describe family changes that may be experienced by children.	12
A10.15.2 - Discuss how changes may affect children and suggest strategies to help them adapt.	12

<b>CONSUMER AND EDUCATION CONTENT AREA STANDARDS</b>	
<b>ECDFS - A10.10: Describe the process of making consumer decisions, including the comparison of goods and services.</b>	
<b>STANDARD</b>	<b>LESSON</b>
A10.10.1 - Identify personal values, goals, needs, and wants and explain how these relate to consumer decisions.	1, 2, 7
A10.10.2 - List the key steps in decision-making models and practice this process in consumer situations.	7
A10.10.3 - Identify factors that may influence personal values, goals, and consumer choices.	1, 2, 3, 7
<b>FAMILY AND HUMAN DEVELOPMENT CONTENT AREA STANDARDS</b>	
<b>ECDFS - A10.13: Recognize the function of the family as a basic unit of society and the contributions of the family unit to the development of individuals.</b>	
<b>STANDARD</b>	<b>LESSON</b>
A10.13.1 - Explain the meaning and importance of families.	7, 8
A10.13.2 - Describe the differences in family structures.	8
<b>ECDFS - A10.14: Analyze the factors that affect the development of individuals and how to build positive relationships.</b>	
A10.14.1 - Describe the ways in which self-concept, self-esteem, and character develop.	1
A10.14.2 - Explain the role of self-concept in the development of one's personality and relationships with others.	1, 2, 3, 4
A10.14.3 - Explain the role of personal values in making decisions and achieving goals related to self-development.	1, 2, 5, 7
A10.14.4 - Identify factors that influence positive attitudes and behaviors in personal relationships.	1, 3, 4, 5, 7, 8, 9, 13
A10.14.5 - Explain the benefits of positive friendships.	1, 4
A10.14.6 - Explain the importance of effective communication with others.	8, 9, 13

<b>ECDFS - A10.16: Apply strategies and resources for managing conflicts and crises.</b>	
A10.16.1 - Describe the sources and effects of conflicts and crises in personal and family situations.	7, 8
A10.16.2 - Identify strategies for coping with personal and family conflicts and crises.	8
<b>INDIVIDUAL AND FAMILY HEALTH CONTENT AREA STANDARDS</b>	
<b>ECDFS - A10.17: Summarize the importance of wellness and safety to individual and family health and well-being.</b>	
<b>STANDARD</b>	<b>LESSON</b>
A10.17.1 - Describe the components of a safe and healthy environment for children.	12
A10.17.4 - Discuss ways to manage emotional changes that promote physical and mental health.	6, 7, 8, 9, 13
A10.17.9 - Identify high-risk health behaviors and their effects on individuals and society.	6, 7
<b>TRANSFERABLE AND EMPLOYABILITY SKILLS CONTENT AREA STANDARDS</b>	
<b>ECDFS - A2.0, FID - A2.0, HTR - A2.0: Acquire, and use accurately industry sector terminology and protocols at the career and college readiness level for communicating effectively in oral, written and multimedia formats.</b>	
<b>STANDARD</b>	<b>LESSON</b>
A2.0.1 - Describe the ways in which the development of personal and interpersonal skills affects personal, family, and school life.	3, 7, 8, 9, 13
A2.0.2 - Explain the importance of positive attitudes such as self-confidence, honesty, respect, perseverance, initiative, and self-discipline.	2, 8, 9