

Relationship Smarts PLUS

Life Management

GRADES 9, 10, 11, 12

CHILD DEVELOPMENT AND GUIDANCE CONTENT AREA STANDARDS	
ECDFS - A10.5: Summarize the decisions and responsibilities involved in parenting in various cultures.	
STANDARD	LESSON
A10.5.1 - Analyze factors to consider when determining readiness for parenting and identify parenting responsibilities.	12
A10.5.2 - Describe parenting skills that contribute to the optimum development of children through meeting their physical, emotional, social, and intellectual needs.	12
A10.5.3 - Analyze the major decisions, changes, and adjustments required of parents.	12
A10.5.4 - Describe and evaluate the responsibilities, styles, and strategies of parenting.	12
ECDFS - A10.6: Describe and identify the stages of pregnancy, from conception through birth and the implications of environment and heredity on the health and well-being of a child.	
A10.6.2 - Analyze the effects of prospective parents' nutrition, health, medical care, heredity, environment and lifestyle on prenatal development.	12
ECDFS - A10.7: Explain the importance of studying child growth and development from infancy through adolescence.	
A10.7.3 - Analyze the effects of heredity and environment on the physical, social, emotional, and intellectual development of children.	12
A10.7.4 - List factors that contribute to the optimal development of children.	12
ECDFS - A10.8: Explain positive guidance and discipline techniques that promote feelings of self-worth as they apply to the developmental stages of children.	
A10.8.1 - Describe and compare various approaches to child guidance and their self effect on self-worth	12
A10.8.4 - Analyze the relationship of guidance and communication techniques to the development of self-worth and discipline.	12

ECDFS - A10.15: Describe the adjustments needed to adapt to major life changes throughout the human life cycle.	
A10.15.3 - Explain how role models influence infants', children's, and adolescents' ability to cope.	12
A10.15.4 - Explain how changes in technology impact children and adolescents and describe methods for managing its appropriate use.	13
CONSUMER AND EDUCATION CONTENT AREA STANDARDS	
ECDFS - A10.10: Describe the process of making consumer decisions, including the comparison of goods and services.	
STANDARD	LESSON
A10.10.1 - Define values, goals, needs, and wants.	2, 4, 5, 7, 10, 11
A10.10.4 - Describe factors that influence personal values, goals, and consumer choices (e.g. self-concept, family members, and peers; mass media; society; and cultural and economic backgrounds).	2, 7, 13
FAMILY AND HUMAN DEVELOPMENT CONTENT AREA STANDARDS	
ECDFS - A10.13: Recognize the function of the family as a basic unit of society and the contributions of the family unit to the development of individuals.	
STANDARD	LESSON
A10.13.1 - Explain the function of the family in providing a nurturing environment for its members and its influence on self-esteem, values, and relationships.	7, 8, 12
A10.13.3 - Analyze the differences in family structures and their effect on society.	12
ECDFS - A10.14: Analyze the factors that affect the development of individuals and how to build positive relationships.	
A10.14.1 - Describe the factors that contribute to the development of character, personality, and self-worth.	1, 2, 7, 13
A10.14.2 - Identify personal values and goals and their effect on decisions.	2, 4, 5, 7, 10, 11
A10.14.3 - Analyze the characteristics and behaviors that contribute to the development of positive relationships.	3, 4, 5, 7, 8
A10.14.4 - Describe how common values and goals promote positive lasting relationships.	3, 4, 5

A10.14.5 - Demonstrate how effective verbal and nonverbal communication skills build positive relationships, enhance self-esteem, and increase respect for others	8 & 9
A10.14.6 - Describe communication strategies and resources that help individuals manage conflicts and crises in order to build successful relationships.	8, 9, 10, 11
A10.14.7 - Identify the purposes and qualities of friendships	4
A10.14.9 - Describe the stages in the development of personal relationships.	3, 4, 10
A10.14.10 - Describe responsible and irresponsible behavior and their effect on relationships.	5, 7, 8, 9, 10, 11
A10.14.11 - Analyze the influence of the media in shaping attitudes and behaviors.	5, 13
A10.14.14 - Analyze the meaning and responsibilities of commitment to one person in marriage.	7
A10.14.16 - Analyze the impact of parenthood on relationships.	12
ECDFS - A10.16: Apply strategies and resources for managing conflicts and crises.	
A10.16.1 - Assess personal attributes and available resources for coping with conflicts and crises.	6
A10.16.2 - Apply strategies for coping with personal, social, and work-related conflicts and crises.	6, 8, 9, 10
A10.16.3 - Explain the effects of positive and negative stress factors on psychological and physiological well-being.	6
INDIVIDUAL AND FAMILY HEALTH CONTENT AREA STANDARDS	
ECDFS - A10.17: Summarize the importance of wellness and safety to individual and family health and well-being.	
STANDARD	LESSON
A10.17.16 - Use the decision-making process to make responsible health choices.	6, 7, 10, 11
A10.17.17 - Identify high-risk health behaviors and their effects on individuals and society.	10 & 11
A10.17.18 - Explain types and symptoms of verbal, physical, and emotional abuse and their effects on physical and mental health.	6, 7, 8
A10.17.19 - Compare appropriate and inappropriate ways to express emotions.	6, 7, 8, 9
A10.17.20 - Describe various types and consequences of substance abuse.	10 & 11

A10.17.22 - Define and recognize types of manipulative behavior as well as pressures exerted by peers and media and describe strategies for prevention and management.	1 & 11
A10.17.27 - Compare and evaluate sources of information regarding health and well-being.	6
A10.17.28 - Identify and evaluate services and organizations that provide for emergency and health care needs.	6
TRANSFERABLE AND EMPLOYABILITY SKILLS CONTENT AREA STANDARDS	
ECDFS - A2.0, FID - A2.0, HTR - A2.0: Acquire, and use accurately industry sector terminology and protocols at the career and college readiness level for communicating effectively in oral, written and multimedia formats.	
STANDARD	LESSON
A2.0.1 - Explain how personal and interpersonal skills and group dynamics affect personal, family, and work life.	5
A2.0.2 - Exhibit positive attitudes such as self-confidence, honesty, perseverance, initiative, and self-discipline.	1 & 2
ECDFS - A10.19, FID - A10.14, HTR - A10.13: Explain the strategies that enable persons to manage and balance personal, family, and work responsibilities to enhance productivity and attain a quality of life.	
A10.19.4, A10.14.4, A10.13.4 - Explain ways in which technology affects personal, family, and work life and evaluate its use in managing and balancing responsibilities.	13
A10.19.5, A10.14.5, A10.13.5 - Apply and use the decision-making process to resolve situations with a potential for conflict and stress.	6, 10, 11