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The Dibble Institute

Resources for Teaching Relationship Skills

March 2021

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DIBBLE NEWS



ACES Champion Carolyn Curtis Brings Healing to Community Networks

[*Mind Matters: Overcoming Adversity and Building Resilience*](#) builds on Carolyn Curtis's lifetime experience. It is as if she had been predestined to teach people to overcome the adverse experiences in their lives.

[Read more...](#)



Our 2019-2020 Annual Report

Our [2019-2020 Annual Report](#) tells the story of how we supported you in reaching young people during this challenging year. We celebrate each of you who are helping young people learn life skills and form healthy relationships.

[Read more...](#)

INSTRUCTOR MANUAL | THE DIBBLE INSTITUTE

**Mind
Matters**
Overcoming Adversity

Mind Matters Online Facilitator Training | April 19-23, 2021

The Dibble Institute is hosting an Online Facilitators Training on April 19-23, 2021 for the program [*Mind Matters: Overcoming Adversity and Building Resilience*](#). The cost is **\$949 for 5 days of half-day training**.

CEUs will be available with additional charge.

Each trainee must **purchase a copy of *Mind Matters*** to participate in the training. Seats are limited to 25 participants and registration closes April 5.

[Register Now...](#)

THE LATEST



Violence Impacts Teens' Lives

The latest CDC Vital Signs report examines the types of violence experienced by teens age 14 to 18 years old and highlights how experiences of violence are associated with health conditions and risky behaviors. Far too commonly, teens 14 to 18 years old experience violence, often more than one type, such as physical fighting, sexual violence, dating violence, and bullying.

[Read more...](#)

Association of Youth Age at Exposure to Household Dysfunction

Social scientists are currently advocating the importance of the association of positive and negative experiences in early childhood with biological, behavioral, and social outcomes in part because of heightened brain sensitivity from conception to age 3 years. In response, policy makers, child educators, and others have focused on the first years of childhood for securing cognitive functioning and physical and mental health in the adult population.^{4,5} However, insights from neuroscience provide a second perspective that adolescence is also a sensitive period in brain development, implying that experiences during this period are similarly crucial for later outcomes.

[Read more...](#)



The Mental Health of Single and Divorced Men

The phrase *single* men is an umbrella term describing men who are never married, widowed, separated, or divorced. Interestingly, a large corpus of research indicates that single men have higher rates of mental health issues compared to married men and single women.

[Read more...](#)

NEWS YOU CAN USE



Improve Engagement by Reducing Barriers and Strengthening Relationships

Why do programs for youth and young adults often struggle to recruit, retain, and engage participants long enough and deeply enough to achieve the programs' intended outcomes? Too often, the youth who could benefit most from programs seem

the least likely to participate and become engaged. Four basic themes emerge as field-sourced suggestions for improving program recruitment, retention, and engagement.

[Read more...](#)



5 Ways Schools are Addressing Pandemic-Induced Mental Health Issues

With dire statistics about how COVID-19 is already impacting the mental well-being of students and school staff, as well as the lingering duration of the public health crisis, administrators and school psychologists are assessing their approaches and planning for more supports where needed. They're also finding confidence in their growing capacity to respond to the trauma their communities are experiencing.

[Read more...](#)



The Atlantic

The Type of Love That Makes People Happiest

Falling in love can be exhilarating, but it isn't the secret to happiness per se. You might more accurately say that falling in love is the start-up cost for happiness—an exhilarating but stressful stage we have to endure to get to the relationships that actually fulfill us.

[Read more...](#)

TOOLS YOU CAN USE



Relationship Trust Quiz

Research suggests that trust is an essential ingredient to a healthy relationship, but it can be hard to sustain. A trust quiz developed by psychologists at the University of Waterloo in Canada measures how trusting you are. Take the quiz and find resources for fostering more trust in your relationship.

[Read more...](#)



Emote Connect – An App that Supports Students and Staff

Emote is launching a free app aimed at facilitating closer connections between schools and students – making it easier for staff and teachers to understand and support students' emotional needs.

[Read more...](#)



Measuring Gender Attitudes and Norms

Previous research has linked rigid gender norms with increased intimate partner violence and poor sexual and reproductive health outcomes. Teen pregnancy prevention programs that address rigid gender norms may help youth foster more gender-equitable attitudes and healthier relationships and, ultimately, avoid unintended teen pregnancies.

[Read more...](#)

WEBINAR



March 10, 2021

Scenario Tools to Thrive in a Post-Pandemic Future

The multiple pandemics of public health, racism, and climate change have created tremendous disruption across all institutions. Chances are your organization innovated its approach in ways you might want to keep and it is likely the post-pandemic future will not look like the past.

Scenario tools can amplify diverse voices and help organizations and communities envision multiple futures in times of uncertainty. Scenario tools surface risks and opportunities to guide the adaptation of programs and operations. This session will teach practitioners the basics of scenario planning and provide a tool to guide responsive planning during times of rapid change.

Objectives:

Webinar participants will learn:

1. How to compose a scenario planning team to ensure equity and benefit from diverse perspectives.
2. How to use a scenario planning tool to surface key uncertainties and possible futures.
3. How to embed scenario planning as a skill to enhance organizational nimbleness.

Presenter: Sarah Di Troia, Senior Advisor, Project Evident

Who should attend: Project managers, non-profit leaders, grant managers, Authorized Organizational Representatives, those wanting to go into non-profit management.

When: Wednesday, March 10, 2021, 4:00 pm Eastern/1:00 pm Pacific

Duration: 60 minutes

Cost: Free!

[Register Now >](#)

FUNDING STREAMS



Grants to Prevent and Respond to Domestic Violence, Dating Violence, Sexual Assault, and Stalking Against Children and Youth Program

Deadline: March 23, 2021

This funding supports comprehensive, community-based efforts to develop or expand prevention, intervention, treatment, and response strategies to address the needs of children and youth impacted by domestic violence, dating violence, sexual assault, and stalking. Funds under this program must be used for one of the following purposes. Applicants may select only one purpose area.

- Creating Safer Communities for Youth: Prevention, Intervention, Treatment, and Response Services for Youth Impacted by Domestic Violence, Dating Violence, Sexual Assault, and Stalking (within ages 11-24).
- Providing School-Based Services: Prevention, Intervention, and Response to Dating Violence, Sexual Assault, and Stalking (within ages 5-19).

[Learn more...](#)

Charting a Course for Economic Mobility and Responsible Parenting – Cohort II

Deadline: March 24, 2021

The Office of Child Support Enforcement (OCSE) forecasts inviting eligible applicants to submit applications developing interventions to educate teens and young adults about the financial, legal, and emotional responsibilities of parenthood. The primary goal of the grant projects is to leverage the child support program's expertise on the legal and financial responsibilities of parenting to educate and motivate teens and young adults to postpone parenthood until after they have completed their education, started a career, and entered a committed relationship.

[Learn more...](#)



Brady Education Foundation – Funding Program Evaluations

Deadline: April 1, 2021

The Foundation is currently accepting proposals focused on evaluating programs that have the potential of helping to close the opportunity and resulting achievement gaps associated with race and family income.

- Child abuse and neglect
- Youth violence
- Intimate partner violence (teen dating violence) Sexual violence
- Cross-cutting violence prevention

[Learn more...](#)
