

Love Notes 3.0

National Standards for Family and Consumer Sciences Education

GRADES 9, 10, 11, 12

AREA OF STUDY 6.0 - FAMILY	
STANDARD 6.1: Analyze the effects of family as a system on individuals and society.	
COMPETENCY	LESSON
6.1.1 - Analyze family as the basic unit of society.	13
6.1.2 - Analyze the role of family in transmitting societal expectations.	2 & 13
6.1.4 - Analyze the role of family in teaching culture and traditions across the lifespan.	13
6.1.5 - Analyze the role of family in developing independence, interdependence, commitment of family members.	1 & 2
STANDARD 6.2 - Evaluate the effects of diverse perspectives, needs and characteristics of individuals and families.	
6.2.5 - Analyze the effects of globalization and increasing diversity on individuals, families and society.	13
AREA OF STUDY 7.0 - FAMILY AND COMMUNITY SERVICES	
STANDARD 7.4 - Evaluate conditions affecting individuals and families with a variety of disadvantaging conditions.	
COMPETENCY	LESSON
7.4.1 - Assess health, wellness, and safety issues of individuals and families with a variety of disadvantaging conditions.	13
STANDARD 7.5 - Evaluate services for individuals and families with a variety of disadvantaging conditions.	
7.5.2 - Analyze ways in which individuals with disadvantaging conditions affect the family and family members.	13
7.5.4 - Summarize the importance of friends, family, and community relationships for an individual with a variety of disadvantaging conditions.	13

7.5.6 - Demonstrate strategies that help participants make informed choices, access resources and support, follow through on responsibilities, and take appropriate risks.	13
AREA OF STUDY 12.0 - HUMAN DEVELOPMENT	
STANDARD 12.1 - Analyze principles of human growth and development across the lifespan.	
COMPETENCY	LESSON
12.6.1 - Analyze physical, emotional, social, spiritual, and intellectual development.	1 & 2
12.1.3 - Analyze the effects of self-esteem and self-image on relationships.	1
STANDARD 12.3 - Analyze strategies that promote growth and development across the lifespan.	
12.3.1 - Analyze the role of nurturance on human growth and development.	13
12.3.3 - Analyze the role of communication on human growth and development.	9, 10, 13
AREA OF STUDY 13.0 - INTERPERSONAL RELATIONSHIPS	
STANDARD 13.1 - Analyze functions and expectations of various types of relationships.	
COMPETENCY	LESSON
13.1.1 - Analyze processes for building and maintaining interpersonal relationships.	2, 4, 8
13.1.3 - Compare physical, emotional, spiritual, and intellectual functioning in stable and unstable relationships.	5, 6, 11
13.1.4 - Analyze factors that contribute to health and unhealthy relationships.	2, 4, 5, 6, 7, 8, 11
13.1.5 - Analyze processes for handling unhealthy relationships.	6, 7, 8
STANDARD 13.2 - Analyze personal needs and characteristics and their effects on interpersonal relationships.	
13.2.1 - Analyze the effects of personal characteristics on relationships.	2 & 4
13.2.2 - Analyze the effect of personal need on relationships.	2, 3, 4
13.2.3 - Analyze the effects of self-esteem and self-image on relationships.	1, 2, 3, 5, 6, 7

STANDARD 13.3 - Demonstrate communication skills that contribute to positive relationships.	
13.3.1 - Analyze communication styles and their effects on relationships.	9 & 10
13.3.2 - Demonstrate verbal and nonverbal behaviors and attitudes that contribute to effective communication.	9 & 10
13.3.3 - Demonstrate effective listening and feedback techniques.	9 & 10
13.3.4 - Analyze strategies to overcome communication barriers in family, community and work settings.	9, 10, 11
13.3.6 - Assess community resources that support conflict prevention and management.	7
13.3.7 - Analyze the roles and functions of communication in family, work and community settings.	9 & 10
STANDARD 13.4 - Evaluate effective conflict prevention and management techniques.	
13.4.3 - Apply the roles of decision making and problem solving in reducing and managing conflict.	12
13.4.4 - Demonstrate nonviolent strategies that address conflict.	12
13.4.5 - Demonstrate effective responses to harassment.	12
STANDARD 13.5 - Demonstrate teamwork and leadership skills in the family, workplace, and community.	
13.5.1 - Create an environment that encourages and respects the ideas, perspectives and contributions of all group members.	9 & 10
13.5.2 - Demonstrate strategies to motivate, encourage, and build trust in group members.	9 & 10
13.5.7 - Demonstrate processes for cooperating, compromising and collaborating.	9 & 10
STANDARD 13.6 - Demonstrate standards that guide behaviors in interpersonal relationships.	
13.6.1 - Apply critical thinking and ethical criteria to evaluate interpersonal relationships.	1, 4, 5, 6, 7, 8, 11, 12, 13
13.6.2 - Apply guidelines for assessing the nature of issues and situations.	4, 5, 6, 7, 8, 11, 12, 13

13.6.3 - Apply critical thinking and ethical standards when making judgements and taking action.	4, 5, 6, 7, 8, 11, 12, 13
AREA OF STUDY 15.0 - PARENTING	
STANDARD 15.1 - Analyze roles and responsibilities of parenting.	
COMPETENCY	LESSON
15.1.2 - Analyze expectations and responsibilities of parenting.	3 & 13
15.1.3 - Analyze consequences of parenting practices to the individual, family and society.	2 & 13
A2.0.2 - Exhibit positive attitudes such as self-confidence, honesty, perseverance, initiative, and self-discipline.	1 & 2
STANDARD 15.2 - Evaluate parenting practices that maximize human growth and developments.	
15.2.1 - Choose nurturing practices that support human growth and development.	13
15.2.2 - Apply communication strategies that promote positive self-esteem in family members.	9 & 10
15.2.4 - Assess the effects of abuse and neglect on children and families and determine methods for prevention.	8 & 13