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September 2021

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DIBBLE NEWS



The Hidden Biases Of Good People: Implicit Bias Awareness Training

Wednesday, November 10, 2021 from 9:00am-12:00pm Pacific

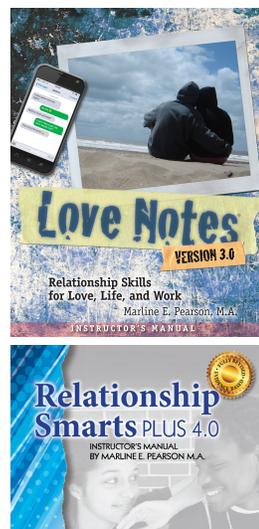
Cost: \$35.00 per person

The Dibble Institute is thrilled to announce that Rev. Dr. Bryant T. Marks, Sr., has been confirmed as our Second Wednesday Webinar speaker for November. He will be sharing his insights and expertise on The Hidden Biases of Good People, covering topics such as:

- What is implicit bias?
- How does implicit bias present in the real world?
- What causes implicit bias?
- How is implicit bias measured?
- How does implicit bias affect the person who holds the bias?
- How does implicit bias affect the attitudes and behaviors of the target group?
- How can implicit bias be reduced/managed at the individual level?

Join us for this valuable training.

[Reserve Seats now...](#)



Virtual Training of Trainers

Save the Dates! The Dibble Institute will be hosting a rigorous virtual Training of Trainers for our [Love Notes](#) and [Relationship Smarts](#) curricula November 15th- 19th, 2021. Become a Certified Dibble Trainer to prepare your staff to teach the curriculum with confidence and fidelity.

Interested parties must have:

- Successfully completed a Dibble Training of Educators in the most recent version of the curriculum
- Have taught and/or observed the curriculum for at least 6 months

Interested in getting more information? Please [complete this form](#) to receive more communication.

THE LATEST



History And Implementation Of The Federally Funded HMRE Grants

Healthy Marriage and Relationship Education (HMRE) programs are designed to teach youth and adult individuals—as well as unmarried, married, or coparenting couples—how to communicate effectively, manage conflict, identify signs of an unhealthy relationship, and apply other skills for developing and maintaining healthy relationships. This brief draws from a mix of evaluation and descriptive studies that highlight implementation findings that inform the HMRE initiative to promote the well-being of children and families.

[Read more...](#)

When Family Stress Is High, Teen Depression Can Follow

It can be difficult to grow. But it's even more difficult for young African-Americans living below the poverty line. A new study from the University of Georgia suggests that stress from financial hardship can also harm the mental health of young people. However, learning more about the issues of perpetuating poverty and poor mental health can help policy makers break the cycle.

[Read more...](#)



Strengthening Families Affected by Parental Incarceration

Over 5 million American children under the age of 18 years, a disproportionate number of whom are Black or Latino, have had a residential parent jailed or incarcerated. While a number of existing studies identify parental incarceration as a key risk factor for poor child and family outcomes, there is more limited information describing programs that aim to promote positive outcomes for children with parents involved in the criminal justice system. This literature review analyzes published studies about family strengthening programs that seek to maintain and build healthy relationships between parents who are incarcerated and their children.

[Read more...](#)

NEWS YOU CAN USE

Root Of Teen Empathy Begins With Secure Relationships At Home

Teenagers who have close, secure relationships with their families are more likely to extend empathy to their peers, according to a [new study](#). More specifically, when teens feel safe, supported by and connected to parents or other adult caregivers, they are better equipped to pass the empathy they receive on to others.

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[Read more...](#)



Relationship With Dad May Ease Some Teen Troubles

Researchers examine how “parental intimacy” in families with mothers and fathers affected the children’s self-esteem, weight concerns, and depressive symptoms at different points across adolescence. They found that closeness with fathers had broad, positive effects across adolescence for both daughters and sons. But while close relationships with mothers also had benefits, they were more limited by their children’s age, and weren’t protective against all the adjustment issues measured in the study for both girls and boys.

[Read more...](#)

How Much Kids' Mental Health Has Suffered In The Pandemic

[One of the largest studies](#) on children's mental health during the pandemic to date shows just how significant the toll has been, indicating that 1 in 4 youth around the globe are grappling with clinically elevated symptoms of depression, and that 1 in 5 have increased signs of anxiety. Those numbers suggest that depression and anxiety have essentially doubled among children worldwide during the pandemic, according to the researchers.

[Read more...](#)

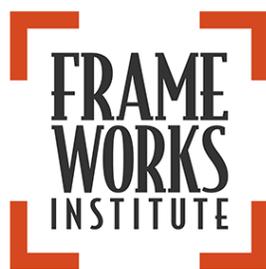
TOOLS YOU CAN USE



How to Map Your Programs to Your Strategy

Many nonprofits operate multiple programs or services, sometimes across multiple sites, and find themselves facing decisions about which programs they should grow, which they should try to improve, and which they may need to scale back or even exit altogether. Using a program strategy map, an organization can visualize how each of its programs contributes to its dual bottom line.

[Read more...](#)



Reframing Transition Age Foster Youth: A Communications Toolkit

Those of us who work with and support transition age foster youth need new ways of communicating about challenges they face, their resilience in the face of adversity, and the opportunities we can provide when we support them effectively. By thinking about the stories we tell and the ways we tell them, we can offer up powerful alternatives to

narratives that reinforce thinking about young people permanently damaged by their circumstances. A new online communications toolkit from the FrameWorks Institute offers a variety of ways to talk about transition age foster youth that simultaneously builds understanding about their needs while raising support for addressing them.

[View toolkit...](#)



Healthy Teen Network

The Young Parents Logic Model

Parents will be the first to tell you how hard it is. All parents, no matter their age, need help and benefit from many different kinds of supports, resources, and education. It's also hard to be a teen. It's not hard to remember at least some of the struggles, the learning, the growth teens go through, from middle school to high school, and beyond. Smash those two together, and yes adolescents and young adults who are pregnant and parenting have a broad set of unique needs. However, when young people who are pregnant or parenting are supported and empowered with essential services and education, they, and their children, can thrive.

[Read more...](#)

WEBINAR



September 8, 2021

Piloting Mind Matters With Hispanic Youth During COVID-19

In this webinar, Dr. Heidi Rueda will discuss the implementation and pilot evaluation of [*Mind Matters: Overcoming Adversity and Building Resilience*](#) among middle- and high-

school youth attending an after-school program in one of the most impoverished areas of San Antonio, Texas. She will be joined by two former and one current graduate students. Youth participated in the curriculum just prior to the COVID-19 pandemic, which created a unique opportunity to assess their perceptions in person immediately following its implementation, and by phone three months later when they were not able attend school or the after-school program.

Objectives:

Participants will be able to:

1. Describe the population, program contexts, and evaluation study that was conducted.
2. Explore youth’s perspectives of the program, including what they learned during the program and skills they continued to utilize during the COVID-19 pandemic.
3. Explore practitioners’ perspectives of the program, including potential adaptations for Hispanic middle- and high-school youth.

Presenter: **Dr. Heidi Rueda**, MSW, PhD, University of Texas, San Antonio, joined by **Abigail Vera**, LMSW, **Arminda Marcial**, LMSW, and **Catherine Perri**, BA, LCDC

Who should attend: Educators, practitioners, counselors, program managers, researchers, policy makers, and anyone interested in SEL, ACES, MTSS, youth relationship education, or trauma.

When: *Wednesday, September 8, 2021, 4:00 pm Eastern/1:00 pm Pacific*

Duration: 60 minutes

Cost: Free!

[Register Now >](#)

FUNDING STREAMS



Elementary and Secondary School Emergency Relief Funds

\$122 Billion in ESSER Funding is available for schools obligated through 2023. This

opportunity for communities and schools to partner together is a rare one-time funding opportunity to provide needed relief from adult and student trauma surrounding the COVID-19 Pandemic. [Watch a special Dibble webinar](#) explaining these unique funds and ask your local school district how you can support their ESSER plans to address Mental Health and Social and Emotional Learning.

[Learn more...](#)



PNC Foundation

Deadline: Multiple Dates

The PNC Foundation supports educational programs for children and youth, particularly early childhood education initiatives that meet the criteria established through PNC Grow Up Great. Specifically, PNC Grow Up Great grants must:

- Support early education initiatives that benefit children from birth to age five; and
- Serve a majority of children (>50%) from low- to moderate-income families; and
- Include one or a combination of the following:
 - direct services/programs for children in their classroom or community;
 - professional development/workforce development for early childhood educators;
 - family and/or community engagement in children's early learning

The grant focus must include math, science, reading, vocabulary building, the arts, financial education, or social/emotional development. Visit the website to find a PNC Foundation in your region.

[Learn more...](#)



BlueCross BlueShield of Texas

Healthy Kids, Healthy Families®

Deadline: August 16, 2021

Healthy Kids, Healthy Families (HKHF) began in 2011 as a three-year initiative by Blue Cross and Blue Shield of Texas (BCBSTX), designed to improve the health and wellness of at least 1 million children through community investments. We extended the program, making HKHF part of our ongoing commitment to the health and well-being of the children and families across Texas. Although access to medical care is an important piece of the puzzle, we know it's not the only factor that determines someone's health. Overall, a community's health outcomes are molded by other dynamics as well, including:

- Housing
- Nutrition (healthy food and exercise)
- Education and jobs
- **Mental health**
- Safe environment

[Learn more...](#)



Support for Organizations in Bank Communities in ID, MT, OR, SD, WA, and WY

Deadline: Year-Round

The First Interstate BankSystem Foundation supports nonprofit organizations in communities served by First Interstate in Idaho, Montana, Oregon, South Dakota, Washington, and Wyoming. (A list of company locations is available on the bank's [website](#).) The majority of the Foundation's grants are focused on alleviating poverty by assisting low- and moderate-income individuals and communities. Specific areas of interest include **financial education and youth programs**. The first step in the application process is to submit a letter of inquiry to the local branch of the bank. Selected organizations will be invited to fill out an online grant application.

[Learn more...](#)

FORECASTED

Grants to Promote Successful Reentry for Incarcerated People

Deadline: Multiple Dates

The mission of the Bob Barker Company Foundation is to develop and support programs that help incarcerated individuals successfully reenter society and stay out for life. The Foundation supports organizations throughout the U.S. that work with the incarcerated community in order to prepare them physically, spiritually, and emotionally for successful reentry into society. Applying organizations must work with a minimum of 100 incarcerated or formerly incarcerated individuals each year. Grants ranging from \$5,000 to \$50,000 are provided to nonprofit organizations, government agencies, and educational institutions.

[Learn more...](#)



Targeting Priority Populations and Areas with Replication of Effective Programs for Teen Pregnancy Prevention

Estimated Post Date: January 14, 2022

The Office of Population Affairs (OPA) anticipates the availability of FY2022 funds to support cooperative agreements for eligible entities to replicate programs that have been proven effective through rigorous evaluation to reduce teenage pregnancy, behavioral risk factors underlying teenage pregnancy, or other associated risk factors. Anticipated funds will be used to target specific populations and/or priority areas with effective programs and supports to complement and enhance replication of effective programs in order to have the greatest impact on reducing teen pregnancy and sexually transmitted infections (STIs).

[Learn more...](#)



Teen Pregnancy Prevention Research Grants

Estimated Post Date: January 14, 2022

OPA anticipates the availability of funding for Teen Pregnancy Prevention (TPP) research projects and research-to-practice translation centers. The grants will make significant