

October 2021

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WEBINAR - October 13, 2021

**The Impact of Mind Matters:
Preliminary Evidence of Effectiveness in a Community-Based
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FUNDING STREAMS

DIBBLE NEWS



The Hidden Biases Of Good People: Implicit Bias Awareness Training

Wednesday, November 10, 2021 from 9:00am-12:00pm Pacific

Cost: \$35.00 per person

The Dibble Institute is thrilled to announce that Rev. Dr. Bryant T. Marks, Sr., has been confirmed as our Second Wednesday Webinar speaker for November. He will be sharing his insights and expertise on The Hidden Biases of Good People, covering topics such as:

- What is implicit bias?
- How does implicit bias present in the real world?
- What causes implicit bias?

Join us for this valuable training.

[Reserve Seats now...](#)



One-Year Impact Of Relationship Smarts PLUS For High School Students

Explore this report from the Strengthening Relationship Education and Marriage Services (STREAMS) evaluation, which shares impact findings from delivering the *Relationships Smarts PLUS(RQ+)* Version 3.0 curriculum in two high schools in suburban Atlanta, Georgia. The report documents the study methods and presents program impacts based on follow-up data collected one year after students enrolled in the study.

[Read more...](#)

THE LATEST



Trends In Relationship Formation And Stability In The United States

Throughout the course of their lives, people form romantic relationships, which may involve dating, cohabiting, or marrying. Recognizing the centrality of these relationships to people's lives—and the benefits of healthy relationships to individual, couple, and child well-being—some social service agencies have invested in programs designed to support healthy relationships and marriage.¹ Research shows that the formation and stability of romantic relationships have changed considerably over time. The purpose of this brief is to provide an update on these topics for the research community, as well as a concise review for practitioners.

[Read more...](#)



Educated Women Increasingly Likely To Have 1st Baby Before Marriage

College-educated women are much more likely than ever before to have a first child outside of marriage, a new Johns Hopkins University study finds. Women with degrees are also more likely to be married at the time of their second birth, suggesting a historic shift among the educated away from starting families with marriage to starting them with a baby.

[Read more...](#)



The Atlantic

Stop Waiting For Your Soul Mate

Despite its popularity in stories and movies, love at first sight has little to do with reality. Researchers have found that what people describe as “love at first sight” has no connection to the real hallmarks of true love, including passion, intimacy, and commitment. Rather, “love at first sight” is either a phrase people use about the past to romanticize their meeting or to describe exceptionally strong physical attraction. The opposite of “destiny beliefs” is a conviction of free will—the view that partners decide whether they should be together, and thus, that they are responsible for the relationship’s success. Lest that sound a bit unromantic, researchers have found clear evidence that when the belief in free will increases, so do one’s feelings of passionate love in a relationship.

[Read more...](#)

NEWS YOU CAN USE



ACEs And Behavior Problems Among Poor Black Children

[Adverse childhood experiences](#) (ACEs) in early childhood and developmental outcomes during the middle childhood and adolescent years have been understudied among low-income Black families. Nonresident Black fathers' involvement in single-mother families may buffer the adverse consequences over time for economically and socially disadvantaged Black children of exposure to ACEs in early childhood.

Interventions that encourage sustained involvement by nonresident Black fathers with young children and their single mothers are recommended.

(Ed. Note: [Love Notes](#) has been found to be an [effective way to connect](#) fathers with their children and their co-parents.)

[Read more...](#)

The New York Times

Why Sex-Positive Feminism Is Falling Out of Fashion

In her new book, “The Right to Sex: Feminism in the Twenty-First Century,” the philosopher Amia Srinivasan, describes teaching Oxford students about second-wave anti-porn activism. She assumes her students, for whom porn is ubiquitous, will “find the anti-porn position prudish and passé.” They do not. Porn, the students say, provides the script for their sex lives, one that leaves them insecure and alienated.

[Read more...](#)

How Young People’s Social Anxiety Has Worsened in the Pandemic

Thousands of young people are struggling to socialize again. As the country continues its gradual re-emergence from lockdowns, some young people are grappling anew with the symptoms of anxiety disorders, encountering newfound insecurities, a fear of public spaces and a reluctance to hang out with friends. The result, experts said, has been a harmful weakening of their socializing muscles, underscoring the pandemic’s potential long-lasting effects on the mental health of a generation.

[Read more...](#)

TOOLS YOU CAN USE



Co-Regulation in Practice: Strategies for Practitioners Who Serve Youth Aged 14-24

This series contains step-by-step instructions to implement six evidence-informed and theory-based co-regulation strategies. Practitioners can intentionally layer these strategies onto pre-existing youth programs to support self-regulation without changing their current curriculum. Each strategy can be tailored to a workshop or one-on-one youth service setting and/or can be used among co-workers to foster co-regulation in the workplace.

[Read more...](#)



5 Ways Parents Can Support Their Tweens When A Friendship Ends

Another child doesn't want to be friends with your child anymore. It might feel like the end of the world to your child when it happens, but the end of childhood friendships in middle school is more common than many tweens or parents realize. The grief over losing a connection can feel singularly painful, causing kids to wallow in rejection and parents to worry, but there are steps parents can take to ease this very natural, if painful, part of growing up.

[Read more...](#)

WEBINAR



October 13, 2021

The Impact of Mind Matters: Preliminary Evidence of Effectiveness in a Community- Based Sample

Becky Antle, Ph.D., Professor of Social Work and esteemed University Scholar at the University of Louisville, won The Dibble Institute's national competition to evaluate Mind Matters: Overcoming Adversity and Building Resilience in 2019. As a result, Dr. Antle and her colleagues have conducted a randomized controlled trial to examine the impact of Mind Matters on a host of outcomes related to trauma symptoms, emotional regulation, coping and resiliency, and interpersonal skills for at-risk youth in a community-based sample.

Youth in the study reported high levels of childhood trauma and related trauma symptoms upon entry into the program. Following provision of this evidence-informed program by trained providers within community-based organizations, youth reported a reduction in trauma symptoms and improvement in resiliency despite a number of complicating risk factors and across multiple demographic groups.

Join the researchers on this project as they discuss their most recent findings from the pilot of Mind Matters with high-needs youth in the Louisville community. They will focus on youth-related outcomes, lessons learned, and tips for implementing the Mind Matters curriculum in a variety of settings with at-risk youth.

Objectives:

Specifically, webinar attendees will learn:

1. How Mind Matters is being implemented in community partnership for at-risk youth with fidelity
2. How Mind Matters is being evaluated using rigorous process and outcomes evaluation methods
3. How Mind Matters is making a difference in the lives of youth served
4. How to use effective implementation and facilitation skills to provide Mind Matters to youth across a variety of settings to achieve positive outcomes

Presenter: **Becky Antle, Ph.D., MSSW, MFTA**, Professor and University Scholar, Director of Center for Family and Community Well-Being, University of Louisville, Louisville, KY.

Who should attend: Program managers, educators, practitioners, community workers, evaluators, policy makers, advocates, counselors, trauma workers, curriculum reviewers, MTSS coordinators, those looking to use ESSER funds on Mental Health supports, teachers covering SEL, and anyone interested in working with youth.

When: *Wednesday, October 13, 2021, 4:00 pm Eastern/1:00 pm Pacific*

Duration: 60 minutes

Cost: Free!

[Register Now >](#)

FUNDING STREAMS



Elementary and Secondary School Emergency Relief Funds

\$122 Billion in ESSER Funding is available for schools obligated through 2023. This opportunity for communities and schools to partner together is a rare one-time funding opportunity to provide needed relief from adult and student trauma surrounding the COVID-19 Pandemic. [Watch a special Dibble webinar](#) explaining these unique funds and ask your local school district how you can support their ESSER plans to address Mental Health and Social and Emotional Learning.

[Learn more...](#)



PNC Foundation

Deadline: Multiple Dates

The PNC Foundation supports educational programs for children and youth, particularly early childhood education initiatives that meet the criteria established through PNC Grow Up Great. Specifically, PNC Grow Up Great grants must:

- Support early education initiatives that benefit children from birth to age five; and
- Serve a majority of children (>50%) from low- to moderate-income families; and
- Include one or a combination of the following:
 - direct services/programs for children in their classroom or community;
 - professional development/workforce development for early childhood educators;
 - family and/or community engagement in children's early learning

The grant focus must include math, science, reading, vocabulary building, the arts, financial education, or social/emotional development. Visit the website to find a PNC Foundation in your region.

[Learn more...](#)

Not for Profit Hospital (NFP) Funds

All NFP hospitals have an obligation to the IRS to provide some form of community benefit work. There are designated funds to provide community programming that aligns with the needs shown by the hospital's Community Health Needs Assessment (CHNA). This information is collected every three years and publicly posted. By researching your local NFP's CHNA results, you may find opportunities to partner with their community benefit program to deliver teenage programs. Examples include classes for expecting or parenting teens, mental health support, nutrition courses, and more.

[Questions to ask your local NFP Tip Sheet](#)

Or, [read this case study](#) to see how one NFP in Arkansas funded their program for *Love Notes*.

Blue Cross Blue Shield Community Partnerships

Blue Cross has partnerships with communities in each U.S. State. There are ongoing funding opportunities and grants to deliver improvement for community health. Learn more about the opportunities near you.

[Search by your Region](#)

FORECASTED



Targeting Priority Populations and Areas with Replication of Effective Programs for Teen Pregnancy Prevention

Estimated Post Date: January 14, 2022

The Office of Population Affairs (OPA) anticipates the availability of FY2022 funds to support cooperative agreements for eligible entities to replicate programs that have been proven effective through rigorous evaluation to reduce teenage pregnancy, behavioral risk factors underlying teenage pregnancy, or other associated risk factors. Anticipated funds will be used to target specific populations and/or priority areas with effective programs and supports to complement and enhance replication of effective programs in order to have the greatest impact on reducing teen pregnancy and sexually transmitted infections (STIs).

[Learn more...](#)



Teen Pregnancy Prevention Research Grants

Estimated Post Date: January 14, 2022

OPA anticipates the availability of funding for Teen Pregnancy Prevention (TPP) research projects and research-to-practice translation centers. The grants will make

significant contributions to the teenage pregnancy prevention field by resulting in improved curricula development and delivery strategies, reduction of disparities among participants, and better data collection and analysis related to program effectiveness. The research grants will primarily consist of secondary data analyses or small research projects to explore new questions in teenage pregnancy prevention that improve the efficiency, effectiveness, and quality of pregnancy prevention programs for adolescents or young adults, and/or reduce disparities, by age, gender, race/ethnicity, or setting. The research-to-practice translation centers will synthesize and translate