

January 2022

DIBBLE NEWS

- [Me & My Emotions – a Free, Interactive Website for Teens](#)
- [ISO: Dibble Master Trainers](#)

THE LATEST

- [Single Parenting and Today's Family](#)
- [Re-Examining the Link between Premarital Sex and Divorce](#)
- [Coparenting and Healthy Relationship and Marriage Education for Dads](#)

NEWS YOU CAN USE

- [How to Protect Children from the Negative Impacts of ACEs](#)
- [Nurturing Inclusive Relationships in Schools and Out-of-School Time Programs](#)
- [Building Co-Regulation Capacity to Support Positive Development for Youth with Foster Care Experience](#)

TOOLS YOU CAN USE

- [7 Tips for Youth-Supporting Professionals for Talking with Youth about Sexual and Reproductive Health](#)
- [How 150 Governments are Planning to Use ARPA Funds](#)
- [Discover Your Purpose: Eight Practices for Middle School and High School](#)

WEBINAR - January 12, 2021

**Sliding vs. Deciding:
Commitment, Ambiguity, and Relationship Formation**

FUNDING STREAMS

DIBBLE NEWS



Me & My Emotions – a Free, Interactive Website for Teens

Have you checked out Me & My Emotions yet? Teens can practice skills and build resilience by playing through the free online lessons, watching videos, and earning experience points all from their mobile devices. The site supports teens' mental wellness and social-emotional skills by helping them slow down, check in with themselves, and develop practices for healthy living.

Please share widely with the teens you serve and your networks!

[Visit Me & My Emotions...](#)



ISO: Dibble Master Trainers

The Dibble Institute is hiring experienced trainers to facilitate trainings in Dibble programs. Applicants must have prior experience teaching a Dibble program(s) and have attended a Dibble Training of Educators (TOE).

[Visit the job description and application information...](#)

THE LATEST



**AMERICAN
PSYCHOLOGICAL
ASSOCIATION**

Single Parenting and Today's Family

Today single parent families have become even more common than the so-called "nuclear family" consisting of a mother, father and children. Today we see all sorts of single parent families: headed by mothers, fathers, and even by a grandparent raising their grandchildren. Single parent families deal with many other pressures and potential problem areas that other families may not face.

[Read more...](#)



Re-Examining the Link Between Premarital Sex and Divorce

This study re-examined the relationship between premarital sex and divorce risk, with a focus on selection mechanisms, number of premarital partners, and gender differences. The relationship between premarital sex and divorce is highly significant and robust. Compared to people with no premarital partners other than eventual spouses, those with six or more partners exhibit the highest divorce risk, followed by those with one to two partners.

[Read more...](#)



Coparenting and Healthy Relationship and Marriage Education for Dads

Fathers, children, and their families benefit from healthy coparenting and romantic relationships. Healthy relationships can improve fathers' mental health and the quality of their involvement with their children, and can support positive health and developmental outcomes for children. The purpose of this report is to inform both ACF and the broader fatherhood practice and research fields about the ways in which fatherhood programs support, or could better support, fathers' healthy coparenting and romantic relationships

(Editor's Note: Programs focusing on young dads, often use [Love Notes](#), which addresses parenting, fatherhood, and co-parenting/romantic relationships.)

[Read more...](#)

NEWS YOU CAN USE



How To Protect Children from the Negative Impacts Of ACEs

A team of researchers has created a framework for comprehensively addressing the cascade of problems that emerge from adverse experiences of children from birth to age 18. Based on years of research, the framework – called the Intergenerational and Cumulative Adverse and Resilient Experiences (ICARE) model – identifies 10 types of ACEs, as well as 10 protective and compensatory experiences (PACES) that build resilience.

(Editor's Note: [Mind Matters](#) addresses both ACES and PACES in its content!)

[Read more...](#)

Nurturing Inclusive Relationships in Schools and Out-of-School Time Programs

Humans share a fundamental need to belong and feel included. Yet, too often, young people do not feel seen and welcome in their schools and programs. This is what we call a relationship gap—the distance between what young people need and what they experience.

[Read more...](#)



Building Co-Regulation Capacity to Support Positive Development for Youth with Foster Care Experience

Foundational skills for co-regulation (e.g., stress management and emotion regulation) are critical and may sometimes be overlooked by the child welfare system, which often focuses on future orientation and identity development. Additionally, to effectively develop youths' foundational skills, caring adults need to consider their voice and experiences.

[Read more...](#)

TOOLS YOU CAN USE



7 Tips for Youth-Supporting Professionals for Talking with Youth about Sexual and Reproductive Health

Youth-supporting professionals can play a critical role in educating youth about sexual health. When professionals approach conversations with youth about sexual and reproductive health openly and honestly, they can build and maintain a rapport with young people. This tip sheet provides youth-supporting professionals with seven tangible recommendations to promote effective and open conversations about sexual and reproductive health with young people, especially youth who are in the child welfare or juvenile justice systems or who are experiencing homelessness or disconnection from work and school.

[Read more...](#)



How 150 Governments are Planning to Use ARPA Funds

For those interested in how local governments across the U.S. intend to use billions in pandemic aid provided under the American Rescue Plan Act, a new online tool is worth checking out. Results for America and policy research firm Mathematica created what they're calling the [American Rescue Plan Data and Evidence Dashboard](#). It presents information gleaned from reports 150 cities, counties and tribes have filed with the federal government outlining their spending plans for ARPA allotments.

[Read more...](#)



Discover Your Purpose: Eight Practices for Middle School and High School

These eight separate lessons will support students to reflect on their purpose. “Whether you are starting a new school year, fleshing out a unit on identity development, or encouraging your students to set long-term educational goals, this set of practices invites

students to explore who they are and what they value.”

[Read more...](#)

WEBINAR



January 12, 2021

Sliding vs. Deciding: Commitment, Ambiguity, and Relationship Formation

From hooking up, to living together, to bearing children prior to clarity about having a future together, relationship and family development has changed. New paradigms have important implications for how we understand the romantic and sexual relationships of young adults. Ambiguity is a preferred condition of relationships for many, which makes it easier to finesse intentions and hide asymmetrical commitment. However, this new relationship paradigm can lead to a person losing life options before making a clear choice about what they want the most.

In this webinar, Scott Stanley, Ph.D. will explain the ways motivated ambiguity intersects with types of commitment (e.g., constraint and dedication) to impact mate selection and lasting love. Some themes include the role of commitment in securing attachment, asymmetrical commitment, and research on how common types of relationship transitions can impact long-term outcomes.

Objectives: Webinar participants will be able to:

1. Understand how teen and early adulthood relationships impact future relationships, marriage, and family stability.
2. Explain to young adults how to protect future life options through relationship decisions.
3. Explain to young adults how ambiguity in dating and mating increases risks for asymmetrical commitment, and how to recognize its warning signs.

Presenter: Scott Stanley, Ph.D., PREP, Inc. and the University of Denver

Who should attend: Program managers, facilitators, health and Family and Consumer Sciences teachers, college educators, foster parents, counselors, social workers, community action workers, Extension professionals, public health professionals, and anyone working with young people.

When: **NEW TIME!** *Wednesday, January 12, 2022, 4:30 pm Eastern/1:30 pm Pacific*

Duration: 60 minutes

Cost: Free!

[Register Now >](#)

FUNDING STREAMS



Research Grants for Preventing Violence and Violence Related Injury

Deadline: January 14, 2022

The Centers for Disease Control and Prevention's National Center for Injury Prevention and Control (NCIPC) is soliciting investigator-initiated research that will help expand and advance our understanding about what works to prevent violence that impacts children and youth, collectively referred to as Adverse Childhood Experiences (ACEs), and what works to effectively implement ACEs prevention strategies. This initiative is intended to support evaluation and implementation research studies on primary prevention programs, practices or policies with universal or selected (i.e., have one or more risk factors that place them at heightened risk for violence) populations. Funds are available to conduct such studies focused on preventing child abuse and neglect and at least one other form of violence affecting children and youth, including teen dating violence, sexual violence, youth violence, and exposure to adult intimate partner violence.

[Learn more...](#)

Grants Strengthen Ohio Nonprofits

Deadline: January 31, 2022

The mission of The Kettering Fund is to support scientific, medical, social, and educational studies and research conducted by nonprofit organizations and carried out within the state of Ohio. The Fund's areas of interest include education; environment; public/society benefit; arts, culture, and humanities; human services; and health.

[Learn more...](#)



Fund for Teachers

Deadline: Year Round

Grants of \$5,000 to \$10,000 are awarded for professional development. Fund for Teachers is unique in that it awards grants for professional development based on the principle that the teacher knows what they need to grow as an educator. These grants are self-designed and allow teachers to create their own professional development opportunities based on what is most beneficial to their teaching. The Fund for Teachers application encourages educators to think about their objectives and motivations and the impact their particular plan of action will have on students.

[Learn more...](#)



The Bush Foundation Community Innovation Grant

Deadline: Year Round

The Bush Foundation provides Community Innovation grants of \$10,000 to \$200,000.