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The Dibble Institute

Resources for Teaching Relationship Skills

August 2022

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- [Back to School Resource: Me & My Emotions](#)

THE LATEST

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WEBINAR - August 10, 2022

**Stretching Grant Dollars and Expanding Reach:
“Teachers as Facilitators”
of Healthy Relationship Programming**

FUNDING STREAMS

DIBBLE NEWS

Navajo County Offers Many Resources for Mental and Physical Assistance

Beyond basic injury prevention measures, this Arizona county is also offering resources surrounding teen health topics including the evidence-based curriculum “[Love Notes](#),” which is geared to teens from middle school through high school. Community Health Liaison McKayla Keems says, “We talk about teen dating violence, healthy relationships and behavior and life skills adult preparation subjects.”

[Read more...](#)



Back to School Resource: Me & My Emotions

Have you checked out Me & My Emotions yet? Teens can practice skills and build resilience by playing through the free online lessons, watching videos, and earning experience points... all from their mobile devices. The site supports teens' mental wellness by helping them slow down, check in with themselves, and develop practices for healthy living.

[Visit website...](#)

THE LATEST



The “College Gap” in Marriage and Children’s Family Structure

This working paper presents several facts and trends on the decline in marriage

among parents without a four-year degree, including: gaps in children living with married parents, increases in non-marital childbearing, college gaps in marriage rates, and resulting class gaps.

[Read more...](#)



Does Living Together Before You're Married Make Divorce Less Likely?

A [new study](#) examined the stability and outcome of interracial cohabitations before and after transitions into marriage. Using data from the 2002 and 2006-2019 National Survey of Family Growth, the study finds that interracial cohabitations that have not transitioned into marriage serve a role similar to those of same-race cohabitations. This recent study offers valuable insights into how structural barriers alter the social significance of cohabitation for interracial couples, particularly White-Black couples.

[Read more...](#)



'Life Without Father': Less College, Less Work, and More Prison for Young Men

The predicament of the American male is of particular importance to some of the biggest problems facing the nation: crime and violence, school failure, deaths of despair, and children in poverty. The percentage of boys living apart from their

biological father has almost doubled since 1960—from about [17%](#) to 32% today; now, an estimated 12 million boys are growing up in families without their biological father.

[Read more...](#)

NEWS YOU CAN USE

The Washington Post

Adults Undervalue Teen Friendships. Here's How to Support Them.

Parents may be wary of peers who could steer their children toward risky behaviors, and [research](#) does suggest that hanging out with underage drinkers, rule-breakers or petty criminals can lead to trouble. But positive peer influences can be equally powerful. Studies have shown that children who develop supportive, trusting friendships with others their age are more likely to become healthy, happy and professionally successful adults.

[Read more...](#)

The New York Times

When We Consent, We Shouldn't Feel Terrible After, Right?

To be sure, consent is a precursor for ethical sex. But, too often, consent education doesn't teach us how to understand, and learn from, the sex that comes after we say "yes." With instruction focused primarily on verbal yes's and no's, young people are stuck with a woefully limited, legal understanding of what sex is and ought to be, instead of gaining the broader ability to articulate our sexual desires in emotionally messy situations. We need a culture that does a better job of encouraging us to go beyond merely legal sex, and to prioritize emotionally satisfying sex, too.

[Read more...](#)



National Responsible
Fatherhood Clearinghouse

Dadication: A Documentary Exploring the Challenges of Fatherhood

Involved fathers make essential contributions to their children’s wellbeing, even when they are parenting during tough times and circumstances. The *DADication* documentary emphasizes how essential fathers are to the lives of their children, illustrates the impact of growing up without a father, provides examples of fathers overcoming numerous barriers to be present for their kids, and demonstrates how fathers and their children are flourishing as a result. Be ready to shed a tear as you hear their stories.

[Read more...](#)

TOOLS YOU CAN USE



Parenting in a Diverse World

No two families are alike, so how can parenting ideas apply universally? Turns out parental warmth balanced with rules works in [cultures around the world](#). Researchers also found parenting practices matter more than family structure. While there are benefits to having two parents in the home, strong relationships matter more than anything else. Two areas where parents need to think about messages they’re sending is LGBTQIA acceptance and respect for other races and ethnicities.

[Read more...](#)



Strategies for Engaging Parents and Caregivers Tip Sheet

This tip sheet identifies strategies to engage parents in teen pregnancy prevention programming, focusing on ways to address attitudinal, interpersonal, and structural barriers to participation. This tip sheet has been developed based on specific approaches used by current TPP grantees who are actively implementing strategies to engage parents.

[Read more...](#)

MAKING
CARING
COMMON
PROJECT



5 Tips for Cultivating Empathy

Empathy begins with the capacity to take another perspective, to walk in another's shoes. But it is not just that capacity. Salespeople, politicians, actors and marketers are often very skilled at taking other perspectives but they may not care about others. Con men and torturers take other perspectives so they can exploit people's weaknesses. Empathy includes valuing other perspectives and people. It's about perspective-taking and compassion.

[Read more...](#)

WEBINAR

August 10, 2022

Stretching Grant Dollars and Expanding Reach: “Teachers as Facilitators” of Healthy Relationship Programming

Non-profits often struggle to stretch their limited funds and still provide effective programming for the young people they serve. In the wake of the pandemic, school-aged youth deserve access to social-emotional learning that is trauma-informed and yields results. Yet, many evidence-based programs are often out of reach for school budgets. Non-profit organizations may have grant funding but the ability to find qualified facilitators and deliver in-school programming may be beyond their reach.

During this webinar, discover how your non-profit can build relationships with state education offices, schools, and teachers to partner with them in your grant activity. This synergistic approach can result in providing quality evidence-based programming in classrooms that cost-effectively reaches scores of students.

Join Sarah Simister, the Director of Positive Youth Development Programs at Social Innovation Laboratory, as she discusses how to build a sustainable program offering healthy relationship programming in schools and how your grant dollars will thank you.

Objectives: Participants will be able to:

1. Understand the advantages to a “teachers as facilitators” model.
2. Know how to begin developing a sustainable program in your area.
3. Know whether the “teachers as facilitators” model is right for your organization.

Presenter: Sarah Simister, MA, MS, Social Innovation Laboratory

Who should attend: Federal and state grantees, non-profit administrators, program managers, Extension Specialists, Hospital Community Benefit staff, local government agencies, philanthropists, and community-based partnerships

When: *Wednesday, August 10, 2022, 4:00pm Eastern/1:00pm Pacific*

Duration: 60 minutes

Cost: Free!

FUNDING STREAMS



Funds Available to Help Prevent Youth Violence

Deadline: August 29, 2022

The Youth Violence Prevention Program supports prevention strategies targeted to youth in middle and high school (ages 11-17). Objectives include increasing protective factors to prevent violence and delinquent behavior by youth, and contributing to sustained future reductions in youth violence, particularly gun and gang violence. Examples of violence to be targeted include community violence, school violence, bullying and harassment by peers, and physical assault with or without weapons.

(Ed. Note: [Dibble's programs](#) have been shown to decrease teen aggression and violence while improving social competence and emotional regulation.)

[Learn more...](#)



Brooks and Joan Fortune Family Foundation for Education

Deadline: Multiple Dates

The Brooks and Joan Fortune Family Foundation was established to support education and the education and the arts. While the Foundation has historically supported nonprofit organizations in Florida and Indiana, requests from around the country are considered. The Foundation primarily supports education, art, and outreach programs and projects. Grants of between \$1,000 and \$10,000 receive greater consideration. Applications are accepted throughout the year.

[Learn more...](#)

FORECASTED



Advancing Equity in Adolescent Health through Evidence-Based Teen Pregnancy Prevention

Estimated Post Date: December 1, 2022

The Teen Pregnancy Prevention (TPP) Program is a national, evidence-based program that funds diverse organizations working to reach adolescents to improve sexual and reproductive health outcomes and promote positive youth development. The Office of Population Affairs (OPA) anticipates FY2023 funds being available to support cooperative agreements for organizations to advance health equity for adolescents, their family, and communities through the replication and scaling of medically accurate and age appropriate evidence-based teen pregnancy prevention programs that have been proven effective through rigorous evaluation to reduce teenage pregnancy, behavioral risk factors underlying teenage pregnancy, or other associated risk factors. Anticipated funds will be used to serve communities and populations with the greatest needs and facing significant disparities to advance equity in adolescent health through the replication of evidence-based teen pregnancy prevention programs and services.

[Learn more...](#)
