

September 2022

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WEBINAR - September 14, 2022

**Programming for
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THE LATEST



Resources for Supporting Healthy Relationships in Fatherhood Programs

Fathers' relationships—especially their relationships with coparents and romantic partners—can affect their own well-being and the quality of their involvement with their children. Using lessons from the Coparenting and Healthy Relationship and Marriage Education for Dads (CHaRMED) study, Child Trends' new brief identifies common barriers that fatherhood programs face when addressing healthy relationships with fathers and provides strategies to help programs better support fathers in three main areas:

- Engaging fathers in romantic relationship content
- Improving fathers' coparenting relationships through coparent engagement
- Supporting fathers who are navigating legal and social system involvement

[Read more...](#)



THE ANNIE E. CASEY
FOUNDATION

Child Well-Being in Single-Parent Families

We know that all young people — including kids in single-parent families — flourish when they have caring, committed relationships with parents or other loving caregivers. We also know the importance of safe, stable homes, communities and families that have adequate socioeconomic resources, social supports and services. Focusing on quality-of-life experiences and ensuring equitable access to opportunities can help young people reach their full potential.

[Read more..](#)



UNIVERSITY OF
HOUSTON

First Study of Its Kind Links Moms' Relationship Problems to Adolescent Attachment

“When mothers struggle in their own interpersonal relationships, the passing on of secure attachment and healthy relationship functioning to adolescent offspring seem to be impeded,” reports Carla Sharp, professor of psychology and director of the University of Houston Developmental Psychopathology Lab, in the journal *Borderline Personality Disorder and Emotion Dysregulation*. “Maternal interpersonal problems were associated with higher levels of insecure attachment in adolescent offspring such that adolescents would either dismiss the need for attachment with their moms or show angry preoccupation with the relationship with their moms.”

[Read more...](#)

NEWS YOU CAN USE



Pew Research Center

Teens, Social Media, and Technology

The landscape of social media is ever-changing, especially among teens who often are on the leading edge of this space. A new Pew Research Center survey of American teenagers ages 13 to 17 finds TikTok has rocketed in popularity since its North American debut several years ago and now is a top social media platform for teens. Some 67% of teens say they ever use TikTok, with 16% of all teens saying they use it almost constantly. Meanwhile, the share of teens who say they use Facebook, a dominant social media platform among teens in the Center's [2014-15 survey](#), has plummeted from 71% then to 32% today.

[Read more...](#)



Protecting Children From The Pandemic's Impacts Requires Support for Parents

It is amazing to see how many children manage to survive, recover, and even thrive after tumultuous events unfold around them. Typically, in the background, there are people connected to these children – usually parents and teachers – who are holding it together amid chaos and trauma to buffer children in their care from the dangers that surround them. Buffering children does not mean shielding them from all stress. But it does mean keeping stress manageable. Children need to learn how to handle stress, setbacks, and failure, as well as what to do when they become overwhelmed.

[Read more...](#)

The Washington Post

Relationship Weight Gain in Real – And Can Be a Sign of Happiness

Many people report that coupling up eventually means sizing up their clothes: “It’s a very familiar and intuitive idea that a good relationship should make us better in every way and help preserve our health and well-being,” said Sarah A. Novak, an associate professor of psychology at Hofstra University in Hempstead, N.Y., who has researched relationship weight gain. “It’s counterintuitive that there could be an exception to that, depending on how you think about weight.” Yet studies indicate that putting on pounds while in a relationship is a common phenomenon. Here’s a look at what the research has found, plus tips on how to address it.

[Read more...](#)

TOOLS YOU CAN USE



Healing from Toxic Stress with Dr. Nadine Burke Harris

In this installment of the ACEs Aware Storytelling Series, Dr. Nadine Burke Harris, California's first Surgeon General, defines the toxic stress response and its potentially harmful impact on health, especially in children. She also discusses evidence-based practices that individuals can adopt to regulate the biological stress response and improve health outcomes.

[Watch...](#)



Happiness Break: 36 Questions to Feel Connected

We know that even brief moments of connection reduce levels of cortisol and support a better inflammation response in your immune system. One of the best ways to create these social ties is the simplest, through our questions. Thirty-six questions in particular, that have been shown in lab studies to make complete strangers and people of different ethnic backgrounds form fast friendships.

[Read more...](#)

WEBINAR



September 14, 2022

Programming for

Pregnant and Parenting Teens in Delaware

Young mothers in Delaware have the option of attending school with other expecting and parenting young ladies in one of three locations throughout the state. This alternative educational option is the 54-year-old organization called the Delaware Adolescent Program, Inc. (DAPI). DAPI combines programming for pregnant and parenting teens through academics, health, and outreach. DAPI's model helps its "DAPI Daughters" soar to new heights both academically and personally.

Join DAPI's executive Director, Doris Griffin, as she discusses the DAPI model and how relationship education is an integral part of that work.

Objectives: Participants will be able to:

1. Information about the Delaware Adolescent Program, Inc. (DAPI)
2. What makes the DAPI model different from other alternative education
3. How DAPI integrates relationship education in their work
4. About DAPI's goals for future programming

Presenter: **Doris L. P. Griffin, ED.D.**, Executive Director of the Delaware Adolescent Program, Inc.

Who should attend: Program managers working with expecting and parenting youth, alternative high school educators, community based organizations working with young parents, federal, state, and local policy makers, federal grantees, state and local TANF administrators, and anyone interested in working with adolescents who are young parents.

When: *Wednesday, September 14, 2022, 4:00pm Eastern/1:00pm Pacific*

Duration: 60 minutes

Cost: Free!

[Register Now >](#)

FUNDING STREAMS



Funds for Agricultural Stress Assistance in Western States
WRASAP Small Grants Program

Apply for up to \$10,000 to farm and ranch related stress and/or prevent agricultural suicides in your state or territory. Proposals for funds should address causes and solutions for agricultural stress in the Western region.

(Ed. Note: Others have used this grant to bring [Mind Matters](#) to youth in rural communities!)

[Learn more...](#)



Texas Department of
Family and Protective Services

Texas Prevention and Early Intervention Programs

Prevention and Early Intervention (PEI) is the DFPS program that focuses on stopping bad outcomes before they happen. Programs help families and communities to prevent:

- Child abuse and neglect
- Juvenile delinquency
- Runaway youth
- Truancy

PEI contracts with local nonprofits, governments, and schools to deliver free, voluntary services to families. If you are a contractor or want to work with PEI, review the website information for grantees.

[Learn more...](#)

FORECASTED



Advancing Equity in Adolescent Health through Evidence-Based Teen Pregnancy Prevention

Estimated Post Date: December 1, 2022

The Teen Pregnancy Prevention (TPP) Program is a national, evidence-based program that funds diverse organizations working to reach adolescents to improve sexual and reproductive health outcomes and promote positive youth development. The Office of Population Affairs (OPA) anticipates FY2023 funds being available to support cooperative agreements for organizations to advance health equity for adolescents, their family, and communities through the replication and scaling of medically accurate and age appropriate evidence-based teen pregnancy prevention programs that have been proven effective through rigorous evaluation to reduce teenage pregnancy, behavioral risk factors underlying teenage pregnancy, or other associated risk factors. Anticipated funds will be used to serve communities and populations with the greatest needs and facing significant disparities to advance equity in adolescent health through the replication of evidence-based teen pregnancy prevention programs and services.

[Learn more...](#)



Teen Pregnancy Prevention Tier 2 Rigorous Evaluation Cooperative Agreements

Estimated Post Date: December 15, 2022

The purpose of the TPP Tier 2 Rigorous Evaluation Cooperative Agreements is to fund rigorous impact and implementation evaluation of promising approaches for preventing teen pregnancy and related risk behaviors. Through the awards, OPA aims to address the changing needs of youth and communities by increasing the number of programs available that are proven to reduce teen pregnancy, sexually transmitted infections (STIs), and behavioral risk factors underlying teen pregnancy, and to disseminate those interventions that demonstrate effectiveness. OPA is especially interested in funding rigorous evaluations of promising interventions in populations and settings with